



**Ray Kan**

## Big Sir's Notes

A fine musical tribute to America concluded our July meeting. How fortunate we are to have our group of Song Sirs who add an extra dimension to our Branch. Our Nation now enjoys 229 years of independence.

Thank you, **Joe Suta**, for your 9 1/2" long and 3 1/2 pound potato. That's what can happen when one sends a man grocery shopping.

Just a reminder. The Branch is accepting donations to improve our website. Checks are to be made out to Branch 146, Website fund.

Now for August. With the colorful display of shirts worn by our members at our last meeting and the hot weather, we urge all members to wear Hawaiian style shirts to our August meeting.

As per State guidelines we are publishing the list of candidates selected by the Nominating Committee for the election at our August meeting.

Nominees for SIR Branch 146, 2006 Executive Committee are as follows:

- |                         |                       |
|-------------------------|-----------------------|
| <b>Big Sir:</b>         | <b>Garth Cummings</b> |
| <b>Little Sir:</b>      | <b>Jim Stedman</b>    |
| <b>Secretary:</b>       | <b>Jeff Bailly</b>    |
| <b>Asst. Secretary:</b> | <b>Stu Somerville</b> |
| <b>Treasurer:</b>       | <b>Jim Todhunter</b>  |
| <b>Asst. Treasurer:</b> | <b>Chuck Bobinecz</b> |
| <b>Directors:</b>       | <b>Peter Gates</b>    |
|                         | <b>Dennis Hallett</b> |
|                         | <b>Lew Thompson</b>   |
|                         | <b>Frank Rockwell</b> |
|                         | <b>Mike Varner</b>    |
|                         | <b>Al Zamolo</b>      |

Hope to see every member at our next meeting.

## Little Sir's Corner

The speaker for the August luncheon will be **Steve Butler**, President and co-founder of Pension Dynamics Corporation, a regional pension consulting and administration firm whose corporate office is located in Pleasant Hill.

Many of you may read **Steve's** columns in the business section of the Contra Costa Times each Monday. **Steve** is an expert on 401k plans and pension issues in general and will be sharing his knowledge with us at the August luncheon.



**Garth Cummings**

## Getting to Know SIR John Charles (Jack) Patton



**Jack** was born July 3, 1936 in the Amish country of Lancaster County, Pa. Raised in Havre de Grace, Maryland, he graduated with a degree in Electrical Engineering from the University of Maryland and then took graduate work in Advanced Math and Physics at American University. During this time he joined Vitro Laboratories and spent the next three years developing and conducting system

wide tests of the Polaris missile systems aboard the George Washington and Patrick Henry nuclear submarines at Groton, Connecticut and Cape Canaveral.

**Jack** then joined IBM as a Systems Engineer in Washington, D.C. where he lost his draft deferment, received an induction letter from the Army, and promptly joined the Marines instead. He was 26 years old when he arrived at Parris Island, unmarried, had just met his future wife **Linda**, was armed with an engineering degree and three years experience with submarines and missiles...and immediately received an MOS classification of grunt rifleman/key punch operator. After boot and ITR training he rejoined his battalion in Washington, wooed and married **Linda**, broke both feet and ankles with a diving accident on his wife's birthday and was honorably discharged from the Corps after two and a half years.

**Jack** spent the next thirty years with IBM in various technical and management assignments, moved from Maryland to Georgia, Connecticut, California, Texas, and back to California again. There were many short but enjoyable assignments to Madrid, London, Paris, Belgium, Copenhagen, New Zealand, Australia, Hong Kong, and Japan (He should have stayed in the Marines!).

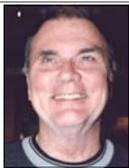
**Jack** is a graduate of IBM's Systems Research Institute and, through IBM, received training in high energy particle physics at Stanford and Cal-Berkeley. Living in Walnut Creek for 18 years he retired from IBM in 1991 with 30 years of service.

**Jack** and **Linda** raised two sons and have two grandchildren. He was president of his homeowners association for three years and serves on the board today. He has been a marshal at Boundary Oaks for about ten years.

He enjoys golf, reading, crosswords, computers, travel, good jokes, dogs & cats, NCAA basketball, steamed crabs and pilsner beer. **Jack** is a lifetime member of the Elks, Phi Delta Theta and has been married to **Linda** for 43 years.

## Bowling

Gus Edwards



In a meeting of the two pure 146 teams, Team 5, led by **John Miller**, defeated Team 6, led by **Dave Rasmussen**, with a four-pin differential. The defeat left Team 6 seven points behind first place, but only one-half point out of third place. The third place team, 3 of a Kind, is led by former Dude, **Ray Weisz**. Team 12 is one-half point behind Team 6. Team 12 is led by Mr. Palindrome, AKA **Otto Wilson**. There are only four more weeks of the summer league. These top teams are still within striking distance of the top place.

The Napa Wine Classic is the next tournament. It will be held August 1<sup>st</sup> and 2<sup>nd</sup>. The deadline to enter is July 29<sup>th</sup>.



## Cooking and Social Group DonNunn

*Cooking Group meets 1st Monday at various members' homes.*

We enjoyed our Cooking Group meeting on July 11<sup>th</sup> at the home of **HLM Sir Charles Kiser**. Since it was a celebration of July 4<sup>th</sup> (a week late), **Sir Charlie** served hamburgers, hot dogs, potato salad and home-made baked beans. Very appropriate and very delicious. Of course a bit of the grape was sipped and a good time was had by all. Contact **Sir Bob Spellman** regarding August.

Our dance will be on October 5<sup>th</sup>. We will start taking reservations this month and next. Please respond by using the form below.

### 14<sup>th</sup> Biannual Dinner Dance "The Good Old Days"

Yes! I want to attend the Dinner Dance on Wednesday, October 5<sup>th</sup>. The evening starts at 6 PM and ends at 10 PM. Over in time for the evening news. We will once again beat the inflation rap with a price of \$ 80 per couple. This once again includes cocktails, dinner with wine and dancing to the melodies of Dalt Williams and his quintet. Come out and wiggle your tootsies to tunes of "The Good Old Days".

Sir Name: \_\_\_\_\_ Dancing Partner \_\_\_\_\_  
Beef \_\_\_\_\_ Chicken \_\_\_\_\_ Cannelloni \_\_\_\_\_

**If you wish to order tables of eight, please send the total amount with your request.**

Names of table mates-(Please include checks)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Reservations will be limited

We will take reservations on a first come, first served basis.

## Area 2 Computer Group

**DICK CURRY** 376-5541 [racorinda@pacbell.net](mailto:racorinda@pacbell.net)

**FLOYD SKELTON** 838-2515 [f.skelton@att.net](mailto:f.skelton@att.net)

*Meet the 3rd Thursday of each month 9:30 to 11:30 a.m. at the Social Hall of the Walnut Creek United Methodist Church, 1543 Sunnyvale Ave. (off N. Main, one block north of the Treat/Geary/N. Main intersection).*

Thursday, August 18<sup>th</sup> - "Digital Photographs, Now What?" **Phil Goff**, Branch 116 Trampas Topics newsletter editor, will present information about using Photoshop Elements 3.0 for different album, storage and filing options for your ever-growing digital photo collection. In addition **Phil** will share some great tips on converting your existing film photos, or other records, to digital images. Whether you already have a digital camera, or are considering getting one, this subject should be of interest to you.

**Dick Curry**, Branch 171, will also conduct a "Help Resolve Your Computer Problems" Q&A session, as well as review some interesting web sites.

All SIR members are invited to attend these informative sessions.

For more information please visit our web site at: <http://www.sir-web.org/computer/>.

**Floyd Skelton**, Co-Chairman

Since bad golf shots come in groups of three, the fourth bad shot is actually the beginning of the next group of three.



## Duplicate Bridge Bob Donahue

*Monday following the monthly SIR luncheon at 10 am hosted by different members. Bring lunch.*

**SIR Jim Jackson** hosted three tables of duplicate bridge in July. **Jim Todhunter** was first place with 29 1/2 points. **Chuck Hammond** was second with 28 1/2 points and **Dick Johnson** was third with 27 1/2 points.

The next meeting is scheduled for Monday, August 15, 2005. Contact **Bob Donahue** at 376-4527 for information.

## Couples Duplicate Bridge Lo McCarley

*Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.*



**Bob** and **Janet Yolland** hosted eight couples for SIR Couples Duplicate Bridge on July 20<sup>th</sup>. **Carl** and **Anne Johnson** took first place with 42 points, **Lo** and **Sue McCarley** came in second with 39 points, **Jim Brown** and **Barbara Lundblade** finished in third place with 34 points, and **Bob** and **Janet Yolland** came in fourth with 33 points. The next meeting will be at **Jim** and **Allison Todhunter's** on Wednesday, August 17<sup>th</sup>.



**Dan O'Sullivan** introduces new member **Al Bond**

## Tuesday Golf **Walt Barabash**

### Latest Weekly Tournament Results

June 21 First Flight: **Gene Diana, Frank Rockwell** and **Bob Yolland**. Second Flight: **Dan O'Sullivan, Mitch Mitchell** and **Bill Boyd**. Closest to the Pin: **Dan O'Sullivan**. Low Gross: **Gene Diana: 85**

June 28 First Flight: **Lew Thompson, Rich Hanford** and **Joe Suta**. Second Flight: **Bill Boyd, Howard Harvey** and **Dan O'Sullivan**. Closest to the Pin: **Bill Boyd**. Low Gross: **Lew Thompson: 83**

July 5 First Flight: **Ray Weisz, Frank Rockwell** and **Joe Himsl**. Second Flight: **Doug Cook, Larry Zugnoni** and **Mitch Mitchell**. Closest to the Pin: **Tom Gorman**. Low Gross: **Frank Marcon: 84**

July 13 First Flight: **Bill Weinberg, Frank Rockwell** and **Gene Diana**. Second Flight: **Fred Bolton, Ernie Dickson** and **Bill Boyd**. Closest to the Pin: **Bill Boyd**. Low Gross: **Lew Thompson, Jim Stedman** and **Gene Diana: 85**



## Away Golf **Jim Baldrige**



We have eight Branch 146 teams competing in the Friday, July 22<sup>nd</sup> Area 2 Scramble at Franklin Canyon. This is a 7:30 am shotgun start with teams from all six branches in Area 2 competing. **Dick Richmond** will publish results for us at Tuesday golf and I will get results into the next SIR CALL.

Due to heavy vacation travel schedules and difficulty contacting tournament directors at Bay Area courses I have not scheduled an Away Golf Tournament for August. I will keep trying for a date in late August or mid-September on courses that are closer to the bay and a little cooler to play. If I can get a date scheduled I will get flyers out at Tuesday golf and at our next luncheon. Keep hitting 'em long and straight.

**Jim Baldrige** 925-689-9232 or e-mail to [jimjudy39@aol.com](mailto:jimjudy39@aol.com).



## Health Matters Physical and Mental

The following articles were copied with permission from the *Aviation Medical Bulletin* published by Harvey W. Watt & Co. 1-800-241-6103

*These articles are not intended to provide specific medical advice. That should be obtained from your physician.*

### "CHOLESTEROL FREE" MARGARINE

Don't be taken in by "cholesterol free" on the label of a brand of margarine. All margarine, because it is made of oils from plants (soy, corn, sunflower, etc.) are cholesterol free. The problem is that to make these plant oils solid at room temperature, they must be hydrogenated (or partially hydrogenated). That process changes the oil into a "trans-fat" which many scientists say are worse than the saturated fat in butter. Trans fats raise LDL (bad) cholesterol levels. On the other hand, some margarines—which contain statins—(Benecol and Take Control) can actually lower LDL cholesterol.

Source: *Hope Health Letter*

### TRANS FAT: MORE BAD NEWS

Trans fat is badder than bad. A recent study of 823 nurses found that trans fat not only raises the level of LDL (bad) cholesterol and lowers the level of HDL (good) cholesterol, it also increases the likelihood of inflammation in the body. Inflammation is one cause of heart disease.

Source: *American Journal of Clinical Nutrition*

### ACCURATE PEDOMETER

Pedometers tend to be wildly inaccurate, says new research from the University of Tennessee, Knoxville. When 13 popular models were tested, only five of them were found to give an accurate count of steps taken. The rest underestimated or overestimated by 25% to 40%.

Here are the top performers:

- Yarnax Digi-Walker SW-200
- Yarnax Digi-Walker SW-701
- Sportline 330
- Kenz Lifecorder
- New-Lifestyles NL-2000

You can look at ordering information on *Prevention* magazine's website: [www.prevention.com/links](http://www.prevention.com/links).

### BEST THREE PIECES OF EXERCISE EQUIPMENT

If you were going to purchase just three pieces of exercise equipment and you had a limited budget, what would you buy?

Brad Jordan, a trainer based in Dayton, Ohio, says, "A jump rope, resistance tubing or bands and an exercise ball"

The jump rope will provide aerobic training, the tubing will mimic almost any strength training, free weights or machine, and the ball is good for both core and balance training.

All can be purchased for under \$50 total.

## Garden Club

Chuck Bobinecz



1st Thursday at 9:30 am at Walnut Creek Presbyterian Church meeting room, 1801 Lacassie Ave. unless otherwise announced.

### ROAD TRIP

On July 29th (Friday) the cooking groups, wine tasting group and the garden club bus trip will be on the way to Gilroy to Goldsmith Seeds (their flowers will be at the peak) for a tour (around one hour and twenty minutes) and then on to the Gilroy Garlic Festival. We will leave at 9:00 am from the Park and Ride lot on Mitchell Drive in Walnut Creek and return around 4:00 pm, tasting a bit of the grape served by sommelier **Dale Haukland** with cheese and crackers served by chef **Don Nunn**.

Our August 4<sup>th</sup> meeting (Thursday at 9:30 am) will be held at Heather Farms center patio. **Bob Yolland** has arranged for Patrice Hamlin to talk about the new East Bay MUD gardens and the Weather Track Controller (for efficient water use).

Note: We can no longer use the Alamo Safeway conference room. **Lo McCarley** has arranged for a new meeting room at the Walnut Creek Presbyterian Church (1801 Lacassie Ave. - 1 block south of W.C. BART) for the right price - free.



Otto Wilson



Sunshine

Phone: 825-1943, e-mail: [ottowilson@astound.net](mailto:ottowilson@astound.net)

**Robert Wedin** is doing better recovering from his shoulder surgery.

**Harry Rieck** is feeling great and has two more chemo treatments to go for lymphoma.

**Marshall Moran** is home from the hospital for abdominal aorta aneurism surgery. He is under a lot of pain but is hopeful to be back in the swing of things for August.

**Ron Pascoe** is home from the hospital after a reoccurring knee infection. Says he is looking forward to seeing the SIRS at the July lunch.

**John Lewis** will have hernia surgery on Monday, July 18th. This will be an out patient operation.

**Bill Knapp** is awaiting the test results from his oncologist.

**Pablo Chavez** is grieving the loss of his brother. Please keep his family in your prayers.

**Dan Hungerford** is recuperating from knee replacement and is now at Stonebrook on Concord Ave.

**John Harrington** is home from having heart surgery.

**Harry Wilson**, on our inactive list, passed away on July

### Sir Call Notice

As if you don't have enough decisions to make in life, you may now have another one, but, only if you have computer access to the SIR 146 Website. If you don't have Internet access, read no further!

All Branch 146 Sirs receive a monthly copy of our bulletin, **Sir Call**, in the mail. Some members have requested that their names be removed from the mailing address list, choosing instead to access **Sir Call** at the Website. They like to see the bulletin in color and many members and Waiting List men may want download and print their own copy. Would this save the Branch money? Yes, the savings would be about 50 cents for each copy not printed/mailed or about \$6 per person opting out per year.

Your Board has decided to give you the choice. You may now opt to not receive your bulletin by mail. In doing so, the Board is hopeful that those opting out would still make a copy to share with any family members who now enjoy reading **Sir Call**.

If you haven't already done so, here is what to do to opt out: Contact **Pete Gates**, **Sir Call Editor**, at one of the following: Phone 925-937-2035 or e-mail [petegates@comcast.net](mailto:petegates@comcast.net).

Be assured that if you opt out and later change your mind, you can get back on the mailing list at any time.

## Investments

Ben Smith

4th Wednesday \*\*8:00 am at Diablo Creek Golf Course (Legends Grill), North Port Chicago Highway and Highway 4, Concord.

The July meeting will take place on Wednesday, July 27<sup>th</sup>, time and location as indicated above. A presentation will be made by Ms. Kathy Knight of American Express Financial Advisors. Her topic will be "Obtaining Income in Retirement". Ms. Knight has worked with many retired people over the years and will present some interesting and challenging ideas.

The "\$ums In Retirement" August meeting will be held on Wednesday the 24<sup>th</sup>. We will have an open Round Table type of meeting covering topics that will be of interest to the group. Bring the topics and questions you wish to discuss. We always come up with some ideas.

Some of the topics that are open for discussion are:

Ways to invest in a sideways/volatile market and make some money.

Which sectors of the market look promising for the remainder of 2005/2006.

Smart moves we have made in the market---and how we made them.

The worst mistakes we have made and what we have learned from those mistakes.

Some Mutual Funds that are worth looking into.

Bring your questions and input and be prepared to share your ideas and experience.

No reservations are required, just come and join in with the group, have a good breakfast and gain some investment knowledge. Breakfast starts at 7 AM and the meetings begin at 8 AM.

If you have questions or need additional information contact **Sir Ben Smith** at 925-820-5403, or by e-mail to [bjsssmith@aol.com](mailto:bjsssmith@aol.com).

## Luncheon Attendance **Bill Root**



*SIR's Luncheon 2nd Thursday of every month at Blake's Restaurant, Boundary Oak*

Call me by Friday noon prior to the Luncheon at 943-6194 if, for any reason, you are unable to attend. If I am not home, press 3 and leave your name, badge number and telephone number. Be sure you call.

### Waiting List:

If you are going to attend, you must call by Friday prior to the Thursday Luncheon.

### SIRs bringing a guest:

Call by Friday prior to the Thursday Luncheon and leave your name and the name of your guest.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months shall be notified by letter of their pending membership termination. Certification of another Branch meeting will be considered as credit to attendance record.

**Russell Anderson, Daniel Schlatter, Donald Tubb, Robert Hutfliess, Richard Colombo, Miles O'Conner, John Hayes, Harold Powell, Roger Maire, Jim Reed, William Schme, Ronald De Golia, Charles Kistenmacher, Peter Kautz, Robert Royster.**

Remaining Waiting List Men (prioritized): **Gary Thomas, Timothy Valanos, Vincent Rettew, Bill Baltezare, Thomas Boltz, William Danzig, Ron Binder, Patrick Tinguely, Rick Esquerra, James Burk, George Knies, Stephen Dawkins, Byron Lee, Allen Meier, William Stephenson, Glenn Casebolt, James Meehan, Jim Hanck, Philip Sapunor, Glen Renk, Robert Lipscomb, Robert Figone, Teddy Coggiola, Charles Koeber.**



## Party Bridge **Fred Bolton**

*1st Monday at 10 am at various members' homes. Bring a lunch.*

We had four tables of bridge, hosted by **Lo McCarley**, on July 11<sup>th</sup>. Winners were **Jim Brown** with 6470 points, second was **Lynn Freeman** with 6100, third went to **Carl Johnson** and fourth to **Chuck Hammond**. Our next game will be on August 1<sup>st</sup> at **Lynn Freeman's**.



## Song Sirs **Bill Rees**

*Practice is normally held at the W.C. Presbyterian Church at 3:00 pm on Wednesdays.*

By the time you read this, the Song Sirs will have (hopefully) entertained you at the July luncheon. We also have a performance coming up at the W.C. Manor on the 2<sup>nd</sup> Wednesday in August.

Practices are scheduled at the regular time and place until that date. As I write this on July 12, I note that summer has finally arrived and not a moment too soon. Time to kick back and enjoy.



**The Song Sirs celebrate Independence Day.**

## Luncheon Menu

**Jerry Bellows**

This month's luncheon menu

*Salad* - House salad

- Freshly baked rolls and butter.

*Entrees including vegetables*

- Chardonnay chicken breast with saffron risotto cake.

- Brook trout fillet with herb roasted potatoes and tartar.

*Dessert*

- Daily dessert special.

- Regular or decaffeinated coffee and tea.

## Membership

**Jim Jackson**



### Branch 146 Statistics:

Members: 210, HLMs: 4, Waiting List: 54,

Inactive: 5:

### July Attendance

Members 171, HLMs 4, Waiting List 15, Guests 2,

Excused 35, Unexcused 4

Total July Attendance: 192

### Status Changes:

Inducted: **Albert Bond**

New Top 30 Man: **Robert Royster**

Added to Waiting List: None

Resigned or Withdrew: None

### Current Top 30 Man Waiting List (prioritized): **Jesse**

**Crews, William Stevenson, Martin Perkins, Henry James, Norman Kingshill, Joseph Barry, Reginald Fromm, Daniel Meckfessel, William Malone, Harold Whisler, Tom Morgan, William Holsberry, Jack Hockel, Ronald Plachy, Orlo Jones,**

## Travel Opportunities Bob Spellman



### August 11, 2005 SIRS Day with the A's.

Join your fellow **Sir** at the Oakland Coliseum to see the A's play the Angels. Plaza tickets are available for \$13. The deadline for ordering is July 20<sup>th</sup>. Contact **Bob Spellman** at 934-8428.

### August 30-31, 2005 Tea & Tiaras.

A very special Tea Party and Vintage Fashion Show at the Reno Hilton. Package includes motorcoach transportation, one night accommodations, 2 meals, admission to Tea Party and Fashion Show, \$40 Casino Bonus Value. Cost is \$87 p/p. Contact **Carl Raaka** of Branch #8 at 254-0482.

### Sept 6, 2005 The Italian Girl of Algiers.

Enjoy a performance of The Italian Girl of Algiers by Gioachino Rossini. Rossini brings his irresistible touch to a madcap romp about a spunky woman and a self important man. No host dinner at Pier 39, motorcoach travel to San Francisco Opera House. Cost is \$33 p/p. Contact **Bob Hagler** of Branch #8 at 934-7620

### Sept 29-Oct 10, 2005 Black Sea Cruise.

Discover the beauty of Eastern Europe on a new deluxe river cruise ship starting in Budapest and ending in Bucharest. Cruise includes r/t air, 24 meals, shore excursions and transfers. Two pre-cruise nights in Budapest and one post cruise night in Bucharest. Cost is from \$3295 p/p d/o. Subject to space available. Contact **Bob Spellman** at 934-8428

### Oct 12-Nov 2, 2005 Australia & New Zealand.

A 22 day excursion through Australia and New Zealand. Includes roundtrip airfare, accommodations in 3 to 4 star hotels for 19 nights. Deluxe motorcoach transportation. All tax and gratuities at hosted meals and hotels. Cost is \$4980 p/p d/o Contact **Bob Hagler** of Branch #8 at 934-7620

### Nov 6-7, 2005 Fiddler on the Roof.

Presented by the Western Nevada Musical Theatre Company. Performance at the Carson City Community Center, Sunday matinee and overnight. Includes transportation, one night accommodations at Sands Regency, and admission to Fiddler on the Roof. Cost is \$85 p/p d/o. Contact **Carl Raaka** of Branch #8 at 254-0482

### Dec. 30, 2005 Mexico & The California Coast.

Sail from San Francisco. 11 day cruise aboard the Dawn Princess. Includes stops at Catalina Island, Cabo San Lucas, Mazatlan, Puerto Vallarta and San Diego. Cost is from \$1605 to \$2035 per person. Contact **Fred Stammen** of Branch #171 at 283-1956.

### May 16-26, 2006 Alaska Cruise.

Leave from San Francisco to Ketchikan, Juneau, Skagway, Tracy Arms and Victoria on the Regal Princess. Cost is from \$1193 to \$2043 per person. Contact **Carl Raaka** of Branch #8 at 254-0482.

## Cribbage

Al Tufo



2nd Wednesday at 12:30 hosted by different members.

Cribbage was hosted by **Howie King** in July. We were able to get in two derby tournaments. The first tournament was won by the **Italian Stallion** and coming in second was **Howie King**. The second tournament was won by **Larry Reilly** with **Howie King** running a close second. The August Cribbage Club meeting will be hosted by **Dan Meckfessel**.  
CIAO Al Tufo



## Bocce Ball Bob Frankland

2nd and 4th Mondays at 9 am, March through November, except May 26 (Memorial Day) at Concord Bocce Courts in Newhall Park, Concord near the corner of Turtle Creek and Ayers Rds.

Bocce Ball is getting a good turnout and we're having a lot of fun, but there is always room for more. Come on out and join us!

## Wine Tasting Dale Haukland



We had a fun wine tasting at **Hank and Hazel James's** home in June. Thank you for hosting a great party. In August we will have another lively gathering. Please join us for some fine wine and good fellowship. All you have to do is bring a bottle of wine that costs under \$20. No Two Buck Chuck!

Call to reserve your spot.

Date: August 25, 2005

Time: 3 - 5 pm

Location: **Leon and Betty Wyrick**  
60 Deerhaven Place  
Pleasant Hill, Ca. 94523  
Phone 313-9227  
Cabernet and or Chardonnay

A golf ball you can see from 50 yards away is not yours. If there is a ball in the fringe and a ball in the bunker, your ball is in the bunker. If both balls are in the bunker, yours is in the footprint.

## Table Pool Bill Weinberg

1st and 3rd Monday at 11:30 am.  
(at Masse's 2721 N. Main, Walnut Creek)



We had only one meeting in July due to the Independence Day holiday. We had three tables with another new face. The play gets better all the time. See you at the next meeting on August 1<sup>st</sup>.



Walkers **Ann Mitchell, Rod Sharretts, Martin Lyle, Joe Schild, "Mitch" Mitchell, Bob Madge, Tom Morgan, Dorothy Matthews, "Jack" Matthews, "Ollie" Sharretts, Roberta Wilson, Otto Wilson, Donna Madge, Harry Alderson and Jim Jackson** hit the Carquinez Shoreline Trail.



**Walkers John Lewis**  
*No walks are scheduled for August*



Thanks to **Bill Cammerer, Bob Madge, and Jack Matthews** for folding and labeling, to **Ken Kratz** for photography, **Bill Cammerer** for mailing, and **Rich Ahlf** for proofreading.  
 And a special thank you to **John Lewis** for his past three years co-ordinating the mailing of the SIR CALL. Kudos to you, **John!!**

### At the July Luncheon



Song Sirs **Bill Reese and Bob Yolland** and Greeters **Hal Rodgers and Roy Luoma** do a group greeting.



While **Stu Somerville and Ray Weisz** enjoy a glass of chardonnay



And **Joe Jansen and Bill Root** share a laugh.



But **John Lewis and Bill Cammerer** are all business.

# SIR CALL

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<http://www.sir146.com>

## *Newsletter*

Non Profit Org  
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Permit No 364  
Concord CA

Time Value Mail  
Please deliver as  
soon as possible.



Sir Party Bridge Players **Fred Bolton, Lo Mc Carley, Lynn Freeman, Dick DeVoe, Chuck Hammond, Carl Johnson, Bill Rees, Bob Donahue, Dick Johnson, Jim Stedman, Doug Carlson, Fred Kovar, Jim Brown, George Zunich and Bill Snyder** (photo by **Jim Jackson**)