



Big Sir's Notes

Dennis Hallett

At the September luncheon we had the opportunity to honor one of our most hardworking and dedicated members **Dick DeVoe**. His list of contributions was too long for our Honorees Chairman- **Bob Yolland** to completely read out. Dick has set the bar for services to our Branch and we thank him for all the memorable and entertaining moments he has brought to us.

We are in need of "**A Few Good Men**" !! We have two very important roles vacant and need volunteers to step forward and help keep our Branch functional.

The role of **Webmaster** is vacant and I encourage those of you with computer skills to volunteer and lead our Computer Committee. Without this leadership we are unable to enhance our website without the assistance of other Branch Webmasters. Please contact **Terry Marchione** to volunteer or request further information.

Our website has some excellent new features. I encourage you all to explore the website and take advantage of the information now available. We are anxious to hear what you think of the website enhancements.

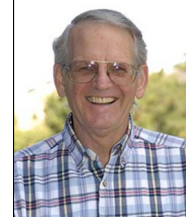
We also are in need of an **Attendance/ Luncheon Chairman** effective January 1st 2011. This role is key to maintaining our excellent luncheon standard and liaison with the caterer. Those interested in volunteering should contact me.

Lastly, please continue to bring your luncheon guests. This is the doorway to new membership. We are lagging behind our 2010 target so let us catch up by bringing a record number of guests to the remaining two regular luncheons for this year.

I hope you are enjoying the pleasant weather and participating in as many Branch activities as possible. If so, I know you will be having fun.

Little Sir's Corner

Pete Gates



This month's speaker is **Charlie Bamforth**, the "Doctor of Beer". **Dr. Bamforth** has been involved in beer for over 30 years. His talk is titled "Beer-PROOF that God Loves Us".

He graduated from the University of Hull in Hull, England. As a youth he played football (soccer in the US) rugby and cricket. He also reported and wrote stories about the Wolverhampton Wolves football team.

Dr. Bamforth is currently the Department Chair, Food Sciences and Technology at UC Davis.

You are not going to want to miss this humorous and educational program.

MEMBER RECRUITMENT AND RETENTION JACK CALLOWAY

Our newest members are **Steve Siljestrom** sponsored by **Mike Varner** and **James Aberer** sponsored by **George Knies**. Say hello to them at the next meeting.

You may wonder why we constantly talk about the need to bring potential members to the monthly luncheons. After all, you see that we induct several new members each month so our Branch membership must not be a problem. What you don't see are the number of members we lose each month through death, illness or a variety of personal reasons. Do you know someone who would enjoy the good people and many activities of our Branch? If so, bring them to a luncheon and become a sponsor.

Don't forget that in November we will have a free lunch drawing for members who were sponsors from July thru November.



Duplicate Bridge Terry Marchione

Our match is held each month on the Monday after the SIR luncheon at various homes. Bring your lunch



Sir Fred Bolton hosted our September game with three tables of duplicate bridge. Several missing regulars and subs did not allow us to have our normal four table game.

Sir Jim Brown eked out the win in one of the closest games we've had in a while. Jim's 27.5 points were barely enough to hold off **Sir Fred Bolton** and **Sir Bob Yolland** both of whom had 27 points. Not far behind in a tie for 4th place were **Sir John Demos** and **Sir Lynn Freeman** with 25.5 points.

Once again, I need to give a big thank you to **Sir Jim Jackson** for filling in as Director. I'm not sure Jim knew what he was getting into, when he agreed to fill the position of back up Director, since he has had to "fill-in" 4 of the last 5 months.

The next game will be held on Monday October 18th at **Sir Jim Stedman's** home. Contact **Terry Marchione** (terrymarchione@yahoo.com) for information.



Party Bridge Fred Bolton

*1st Monday at 10 am at various members' homes. Contact **Fred Bolton** for details. Bring a lunch*



We played one table of bridge, limited by the holiday, on Sept. 6, at the home of **Jim Jackson**. First place went to **Bill Rees** with 3290 points, and second to **Jim Jackson** with 3260. Our next game will be at the home of **Jim Stedman** on Oct. 4

Couples Duplicate Bridge Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.



Eight couples had a great time playing duplicate bridge on September 15th at **Bob and Janet Yolland's** home. **Lynn and Dasha Freeman** took first place with 33 points. **Jim and Allison Todhunter** took second (30 points), **Bob and Janet Yolland** (28 points) placed third, and **Bill and Margaret Rees** finished in fourth place with 25 points. **Lo and Sue McCarley** claimed they set a new record for scoring zeroes on more hands. Unfortunately, no one disputed their new record.



Lunch and Wine Group



Paul Dubow

The LAW (Lunch and Wine) Group dined in August at the home of **Bob Spellman**. The group welcomed new member **Pete Gates** who joined **Syd Whalen, Dick Woodman, Bill Hartman, Paul Dubow,** and **Vince Rettew** as **Bob's** guests.

Our lunch had a Greek motif as **Bob** served moussaka, manestra, and Greek salad. It was topped off by caramel turtle ice cream cake. The meal of course was delicious. And, as is our custom, each guest contributed a bottle of wine, which in turn contributed to the excellent conversation.

For those of you who want to prepare the moussaka for yourselves, here is the recipe. First, prepare the sauce. In a small saucepan, melt a tablespoon of margarine. Stir in four teaspoons of all purpose flour, a teaspoon of salt, and a dash of pepper. Then stir in a cup of skim milk. Cook and stir till thickened and bubbly. Remove from heat and set aside.

Next, in a large skillet, cook one small sliced eggplant (about 12 ounces) in an inch of boiling water, covered, for about six minutes or until tender and then drain.

In the same skillet, cook three quarters of a pound of lean ground beef (or lamb), a cup of chopped onion, and one minced clove garlic. Cook until the meat is no longer pink and then drain off the fat. Stir in eight ounces of tomato sauce. Bring to boil. Reduce heat. Simmer uncovered for about five minutes and then remove from heat.

Next, spray a 10x6x2 inch baking dish with nonstick spray coating. Arrange half of the eggplant slices. Spoon the meat mixture on top of the slices, then top the meat with the remaining eggplant slices. Pour the sauce over the ingredients. Sprinkle with three tablespoons of grated parmesan cheese. Bake, uncovered, in a 325 degree oven for thirty minutes or till heated through and the top is golden. Makes four servings and contains 255 calories.

SIR Happenings Newsletter

SIR Happenings is the statewide SIR Newsletter. Just go to www.sirinc.org and click on SIR Happenings to read the current issue. You may enjoy reading about the activities of other SIR branches.

Explore and Dine John Pearl



In August, Explore and Dine joined the Travel Group for a tour of the Guide Dogs for the Blind facilities in San Rafael. It was very enlightening to see the amazing work they do there. We had box lunches in a nearby park that were from Sweet Affair and that were arranged for by **Bob Spellman**. We then went to the Marine Mammal Center near Sausalito where staff members showed us the very complete facility, including a laboratory, where marine mammals are brought to and cared for before being released back into the wild. While there is a paid staff, lots of volunteers keep the place going. This is true at the Guide Dogs training center as well.

In September, on Thursday the 30th, we traveled to Mare Island for a morning tour of the former Naval Shipyard led by a docent of the Mare Island Historic Park. Lunch was at the Front Room on the Wharf, near the Ferry Terminal.

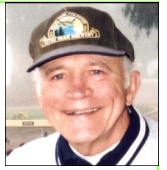
On Thursday, October 28, Explore and Dine wraps up our season and travels to the historic district of Niles, located in Fremont. There we will have a guided tour of the Niles Essanay Silent Film Museum, the first place on the U.S. Coast where movies were made. Charlie Chaplain was here! After lunch, there are antique shops to explore!

John Pearl
mcpearl@astound.net

934-6920



Garden Club Chuck Bobinecz



1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church, 1801 Lacassie Ave., in the Room 203, unless otherwise announced.

Our speaker for our October 7th is sir **Jack Calloway**. His topic is something gardeners have to deal with – controlling garden pests. This will not include neighbor's pets but will cover other pests we have to deal with in the yard and garden.

For November sir **Bill Hanson** has arranged for the Garden Club to meet at the Navlet's Garden Center, 9:30am, 2895 Contra Costa Blvd in Pleasant Hill. We will have a presentation on new garden products and plants for the garden.

Garden tip of the month: Have a gardening problem – lawns, trees, plants, etc.? Call the Master Gardening hot line - 646-6586, 9-12am (m-f). This is a free service offered by the University of California Cooperative Extension. The Master Gardener will answer your question or research it and get back to you with the answer.

FALL CANDY SALES

It is time to order your See's candy for the holiday season. The price is \$13.10 for a one pound box certificate. The retail price is \$16.10. You can pick any type of candy you wish. Soft centers, nuts and chewies etc. There is no limit to the amount you can order.

Make your check payable to "Sir Branch 146" and send it to **Mitch Mitchell**, 5350 Lightwood Drive, Concord, CA 94521. Please include a stamped self addressed #10 envelope (this is the long envelope).

The deadline for me to receive your order is Nov. 13, 2010. Your certificates will be mailed to you shortly thereafter.

Name _____

Address _____

City and Zip _____

Enclosed is my check for \$ _____ to cover the cost of _____ one pound certificates.

Chess Group



A chess group is now being formed. Players at all levels are welcome.

Please contact **Joe Fuchs** at JBF@astound.net if you are interested.

Wine Tasting ... Bill Holly

Our next wine tasting will be on Wednesday, October 27th from 2:30pm to 5:00pm at the home of Pete & Gabriela Bishop:
827 Deer Spring Circle
Concord, CA 94521-5427.

From the intersection of Ygnacio Valley Road and Oak Grove Road take Ygnacio Valley Road North-East 2.4 miles. Turn right at the second stop light at Crystal Ranch Road. Continue on Crystal Ranch Road for 1.8 miles. Turn right on Deer Spring Circle. Take the first left to stay on Deer Spring Circle. 827 Deer Spring Circle will be on your left.

We will taste two varietals:



Cabernet Sauvignon as the red varietal.



Chardonnay as the white varietal.

Spouses are invited to attend. Please bring a single bottle per couple of either the red or the white (under \$20) in a brown paper bag plus an appetizer to share.

Please RSVP by October 20th to **Bill Holly** either by telephone (925) 691-5337 or by email at bill.holly@comcast.net



Poker Club #4 Chuck Bobinecz

At our last meeting sir **Rich Hanford** started out losing but came on strong at the end and became one of our biggest winners. He now has to go on a diet. Our October session will be at the home of Sir **Bob Mehus**.

POKER GROUP #5 Bill Roberts



September saw a change of venue as our permanent host, **Bill Roberts** took the month off. **Charlie Koeber** hosted the game and continued the tradition of the host preparing dinner for the players. **Charlie** prepared an Italian pot roast with all the veggies. We all were impressed and we may need an old fashioned Bobby Flay throw down challenge between **Charlie** and **Bill** to determine bragging rights.

Joe Fuchs and **Bill Cammerer** filled in for **Bill R.** and **Ken Richter** (doesn't that guy ever stay home?). **Bill** proved to be a little more savvy than **Joe** since he did not walk away the big winner and earned a repeat invitation. **Joe**, on the other hand, showed no mercy starting with the first hand. **Skip Thomas** and **Terry Marchione** managed to come out on the positive side of the ledger as well.

Our October game is up in the air as three regulars will be missing. **Bill Roberts** (what again!), **Ken Richter** (doesn't that guy ever stay home!) and **Charlie Koeber** (he must figure one month of hosting earns him a vacation) will be away.

Our regular players are **Spellman, Thomas, Merritt, Richter, Koeber, Marchione** and **Roberts**.

I went to a bookstore and asked the saleswoman, "Where's the self-help section?"
She said if she told me, it would defeat the purpose.

George Carlin



Poker Club #1 Frank McNamee



Poker Club #1 met on September 8th at the **Bob White** residence and as our host he proved to be the big winner. He was followed by guest **Rich Hanford** and **Frank McNamee** who won a little each, not a lot. You can be sure **Al Zamolo** will get an invite to another match as he proved to have little or no luck all afternoon. We will meet again at the home of **John Lewis** on October 13th.

Poker Club #2 Al Zamolo



We could hardly believe that **Ken Kratz** was the loser again at our August session. **Doug Cook** eked out **Ron Binder** for the big winner. **Jim Brown** will host our September session.



Travel Opportunities

Bob Spellman



Oct 26-27, 2010 Glen Campbell in the Grand Sierra Showroom. *Day One* Depart at 8:00am from Heather Farms for the ride to Reno. 3 Hour Casino Stop at BOOMTOWN bonus \$5.00 cash. Check in to the Grand Sierra Resort. 8:00 pm Glen Campbell show. *Day Two* Hosted breakfast buffet then check out. 3 hour Casino Stop at the SIVER LEGACY Bonus \$5.00 cash. Reboard Motorcoach for the ride home. Cost: \$140.00 pp. Contact **Bob Hagler**@925-934-7620 Branch #8 for more information.

Nov 5-7, 2010 A Weekend of Golf in the Napa Valley. Two nights at the Embassy Suites Napa Valley including Breakfast and Managers reception in the evening. One round of golf at Eagle Vines Vineyard and Golf Club designed by **Johnny Miller**. Cost: \$600 per couple. Contact **Bob Paden** @376-8189 Branch 174 for more information.

Nov 12, 2010 Day at the Races A popular day trip to Golden Gate Fields to watch the horses run, and maybe place a bet or two. The trip includes admission, reserve parking, daily racing program, great buffet luncheon, tax and tips. Doors open at 11:00 am. Cost \$25.00 per person. Contact **Ken Richter**@ 689-6217.

Nov 30-Dec 11, 2010 Silverseas Cruise from Dubai to Mumbai. This 9 day cruise aboard the Luxury Silversea's Silverwind includes the ports of Dubai, Fujairah, Bandar Abbas, Khasab, Muscat, Porbandar, and Mumbai. Cost: \$4995 to \$6450 depending on Stateroom. Contact **Tom Sponsler**@925-708-6584 Branch #171 for more information.

Apr 16-30, 2011 Ancient Egypt & the Nile River. Enjoy a 7 day cruise on the Nile River and 6 days at the deluxe Cairo Marriott Hotel. In addition to touring around Cairo you will visit Aswan, Kom Ombo, Edfu, Esna and Luxor while on your cruise aboard the M/S River Anuket. The Tour includes 29 meals, 11 exclusive guided sightseeing tours, and RT airfare from San Francisco. Extensions are available to Jerusalem Israel, Alexandria Egypt, Petra & Amman, Jordon. Cost: 3095 to 3395 pp depending on stateroom. Contact **Bob Spellman** @ 934-8428. Space limited—please reserve by September 30!

Jun 9-19, 2011 Alaska's Inside Passage. Embark on a 10 night Inside Passage cruise on board the Sea Princess

sailing round trip out of San Francisco. Ports of call include: Juneau, Glacier Bay, Haines, Ketchikan and Victoria. Cost: \$2578 to \$2655 pp depending on Stateroom. Contact **Jim Lunn** @ 925-551-3329 Branch #8 for more information.

Jun 22-24, 2011 Boulder Creek Golf and Fun Outing This is a fun couple of days with golf, food, relaxation, and good company all close to home. We wanted you to know the date early so you could mark your calendars. Contact **Ken Richter** @ 689-6217

Oct 1-11, 2011 Canada & New England Cruise. Experience the colors of Fall as you sail for 10 days aboard Silversea's Silver Whisper from Montreal to New York. You will also visit Quebec City, Charlottetown, Sydney, Halifax, Bar Harbor, Boston and Newport. While aboard the Silver Whisper you will find a most accommodating atmosphere providing impeccable service and world class cuisine. Everything is included in the price, tips, fine wines, all spirits, complimentary In Suit dining, meals, airfare, bus to and from airport, port charge, government fees and taxes. You will be treated like royalty. Cost from \$4720 to \$6057 depending on Stateroom. Contact **Bob Spellman** @ 934-8428. This trip has been very popular with over 50 people signed up.



Sunshine

Walt Busenius
945-0715

Busenius@astound.net



The following Sirs are in our thoughts and prayers. We give our very best wishes for healing to:

Sir Rob Van Luchene is being treated for Leukemia.

Sir Mitch Mitchell is receiving chemo treatments.

Sir Ed Mendelssohn continues to recover from a stroke.

Sir Roderic Sharrets is being treated for Parkinson's

As of this SIR Call, these Sirs continue to recover or have health issues:

Herb Freeman Barney Meade
(Continue recovering from strokes)

If you know a Sir who is sick, please let me know by phone or to the e-mail address shown above.



Luncheon Attendance

Bob Lyman



SIR Luncheon is the 2nd Thursday of every month at CourseCo Restaurant at Boundary Oak Golf Club. The price of our luncheons is \$24 with a no-host bar.

Please email me, rjlyman@aol.com, or call me at 925-825-6386 by Friday NOON (October 8, 2010) prior to the luncheon if, for any reason, you are unable to attend. If no one answers, leave your name, badge number and phone number. Please be sure you call!!!

Remember that our luncheon will be called to order at 11:45am, so please allow enough time to arrive on schedule. A check for **\$24.00** made payable to SIR146 is requested for payment of your lunch on Luncheon Day. Thanks.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 5 meetings in the last 12 months will result in a letter notifying them of pending membership termination. Certification of another branch meeting will be considered as credit to the attendance record. Notification to the Branch 146 Attendance Chairman (**Bob Lyman**) is necessary to receive credit.

SIR bringing a Guest

Please call by Friday, noon prior to the luncheon and leave your name and badge number and the name of your guest. Please spell the last name of your guest.

Luncheon Menu for October 14, 2010

SALAD: Hearts of Romaine, Walnuts, Tomatoes, Apples and Bleu Cheese Vinaigrette

ENTRÉE: Cioppino, Rice Pilaf and Braised Swiss Chard **or** Garlic Chicken with Rice Pilaf and Braised Swiss Chard

DESSERT: Raspberry Lemon Tarts

Special Luncheon Requirements

If you require a vegetarian meal or any special meal, please call and make a request. Your request will remain in effect until you cancel it through the Lunch-

eon Chairman. If for medical reasons, you cannot eat lunch, please notify me and your request will remain in effect until you cancel it through your Luncheon Chairman.

New Members and/or Sponsors

There will be a dedicated luncheon table set for any new members and their sponsors who would like to sit together to share their conversations as new members of SIR146. It is voluntary and please do not feel obligated, as a new member, to sit at this table.

Membership

Steve Sprague



Branch 146 Statistics:

Active Members: 251 including six Honorary Life Members.

Applicant List: One.

Inactive Members: Seven.

Sept 9, Lunch attendance

Members 175

Guests & Visitors 7

Speakers 2

Total 184

Status Changes:

Inducted: **James (Jim) Aberer**, Badge 131

Steve Siljestrom, Badge 156

Moved to Inactive List: None

Resigned: **Keith Oleson**

Deceased: **Jesse Crews** passed away August 16th.

Transferred: None

Bocce Ball

Martin Lyle



2nd and 4th Mondays at 9 am., May through November, at Concord Bocce Courts in Newhall Park, Concord, near the corner of Turtle Creek and Ayers Roads

Please take notice that we have only a month or so of Bocce meets before the rains stop play. We have a good group gathering each session and always have room for more. Experience not necessary. Ladies welcome. Come and join us.



Area 2 Computers and Technology Group

PHIL GOFF, Chairman, 831-3692,
philgoff@yahoo.com

DICK CURRY, Asst. Chairman, 376-5541,
racorinda@pacbell.net

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive (just off South Main.)

The Area 2 Computer and Technology Group invite you to their next meeting on Thursday, October 21 at 9am.

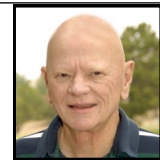
Sir Derek Southern will demonstrate and explain the free photo program Picasa. This program not only helps you manage all your image files, but it also has a face recognition capability which adds a lot of fun and makes it easier to retrieve old files. But there's a LOT more! You can do basic editing (like cropping, red-eye removal, and adjustments for incorrect exposure), you can convert a whole group of files to a smaller size for emailing, you can create a web album (with 2 GB free storage) so others can share your latest masterpieces, you can even add an address to an email so readers can visit your online album with one simple click. There's a lot more to show you, so come to the meeting and bring your questions! You can use as much, or little, of Picasa's power as you need to and it is FREE!

Time permitting, there will also be a Show & Tell session featuring any gadgets attendees bring, and possibly a Q&A period with The Gurus of A2CAT where the advice is always 'priceless'.

Whether you are a beginner or a seasoned user, we try to offer something for everyone. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies (donations are not requested every meeting, this may be your lucky month!). All SIR members and their guests (spouses included!) are welcome to attend.



ROMEO (Retired Old Men Eating Out) Malcolm Hendry



The ROMEO group meets on the third Thursday of the month at selected East Bay Restaurants.

We experience delightful dining while getting to better know our fellow SIR and guests, in a relaxed and friendly atmosphere. It is a time to take a break and blow off some steam.

"ASIA PALACE"

THIS SMALL GEM OF RESTAURANT, TUCKED INTO THE MORAGA SAFEWAY CENTER, IS A LOCAL SECRET WHICH SERVES DELICIOUS ASIAN FUSION DISHES MADE FROM FRESH ORGANIC INGREDIENTS. THE MENU OFFERS A WIDE VARIETY OF FAMILY DINNERS OR INDIVIDUAL SELECTIONS ALONG WITH WINE AND BEER. THE OWNERS ARE ON SITE AND DELIGHT IN HANDING OUT ORGANIC PRODUCE TO TAKE HOME AS PART OF YOUR DINING EXPERIENCE.



Table Pool Bill Weinberg

*1st and 3rd Monday at 11:30 am.
(at Masse's 2721 N. Main, Walnut Creek)*



We usually have three or four pool games going when we meet on the 1st & 3rd Mondays at 11:30am at Masse's - 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs in our area are welcome.

Non-Responsibility Declaration

Rule 345: All activities arranged for or by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.



Fishing

Paul Dubow

4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy



This has certainly been the worst year for wind and blown out fishing that any of us old guys can recall. Nevertheless, the members of our group have not been deterred. On a rare day when the ocean winds subsided, ten of us set out on a party boat from Half Moon Bay and we were back by noon with limits of rock cod and other tasty morsels. The skilled (or lucky) fisherpersons were **Stan Matsumoto** and **Paul Dubow** of Branch 146 plus **Mario Mauritorio**, fish-master **Joe Miscione**, **Al Brunner** and his grandson **Wyatt**, **Joe Karg**, **Carl Moyer** and his daughter **Leah**, and **Roger Bergerson**. A few days later, **Pete Gates** and **Paul Dubow** of Branch 146 along with **Karl Droese**, **Howard Berkman**, **Al Brunner**, and **Bob Olson** set out for Lake Tahoe for two days of fishing and caught a total of 20 great tasting mackinaw trout with the largest weighing in at 9 ¾ pounds (courtesy of **Al Brunner**). **Kent Cremolini** made his second trip to San Diego in two months and, fishing in Mexican waters, landed a limit of albacore tuna and yellowtail plus a few blue fin tuna. **Joe Karg** fished with his son at Bucks Lake and caught five trout but the bears ate two of them during the night. **Pete Gates** and **Steve Lofton** returned from Alaska with a cooler full of salmon. Speaking of salmon fishing, **Carl Moyer** stayed right at home and pulled in a 23 pounder just outside the Golden Gate, fishing on a party boat with **Joe Karg** and his son **Jason**. **Carl** also journeyed to Shadow Cliffs Lake in Pleasanton with **Terry Miller** in the hopes of catching some catfish. They didn't catch one, but the trip was made much better because they did land four trout, notwithstanding that trout fishing in Shadow Cliffs is supposed to be dead during the summer. **Carl** also made two trips with **Harry Sherinian** out of Pacifica and the pair limited out on rock cod on both days. **Al Brunner**, **George Schulze**, **Harold Knudson**, and **Mario Mauritorio** spent three days at New Melones in search of kokanee salmon and did manage to catch a few from small to respectable. And **Mike Corker** took a ride out to the Farallons from Emeryville on the New Huck Fin and not only caught some big rock cod, but also a halibut.

We will be very busy this fall, even if the wind does-

n't die down, with delta fishing for bass, crappie, bluegill, catfish, and sturgeon, trout fishing in the mountain lakes and rivers, and party boat trips for salmon, sturgeon, halibut, and stripers. Those who have rarely or never fished but would like to try are invited. Come to our next meeting and we will arrange for your presence on a trip, even if you lack equipment. Our next meeting will be Thursday, September 23, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. For further information, please contact **Paul Dubow** at 415-495-6504.

Cribbage

John Pearl, Interim Chair

We convened on August 11 at **Barney Meade's** home for another round of cribbage, with a pretty good size group. However the "usual suspects" took home most of the money. We met again on September 22, again at **Barney Meade's** home, and tried to better distribute the winnings.

Our numbers continue to rapidly increase, so please let me know if you'd like to join the original group before a second is required.

Area 2 \$ums In Retirement

Allen Espenmiller

The Area 2 \$ums Investment Group will meet on Wednesday October 27 at 8:00 AM at the Diablo Creek golf course on Port Chicago highway in Concord. Our speakers will be **Jonathan Chaet** and **Sandino Napolois** representing Advanced Equities, Inc. AEI is part of the Advanced Equities Financial Corporation (AEFC) and is one of the industry's most progressive financial services firms. Focusing on retail, institutional securities and venture capital investment banking business. **Jonathan** and **Sandino** will present "Access to Opportunity", who wants to be with the next Goggle? How the individual investor can take part in pre-IPO selections. AEI's web site is www.advancedequities.com for you to review prior to the meeting.

The restaurant at the course opens at 7:00 AM for those who would like to enjoy breakfast with your colleagues.

Allen Espenmiller (Br-174) 925- 376-3977-
George Schulze 925-429-1756 – **Leary Wong** 925
-457-0807 Co-Chairmen Area 2 \$ums Investment
Group. **Ken Nakashima** 925-376-0421 (Br-171)

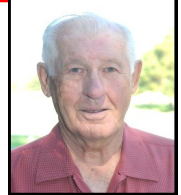
Away Golf

Jim Baldrige



Tuesday Golf

Ray Weisz



Couples Golf for August was hosted by **Dick and Judy Richmond** at Mare Island Golf Course in Vallejo on Wednesday August 25. It was a great day of golf followed by a BBQ at the course. **Bob and Janet Yolland** came in first, **Bob and Sandy Mehus** were second, **Dennis and Ann Hallet** were third and **John and Jean Harrington** edged out **Ray and Tippy Weisz** and **Steve and Marna Dawkins** in a tie breaker for fourth place.

Dale Hertweck and **Rich Hanford** will be representing Br 146 in the State SIR Individual Championship Tournament on October 28 at Poppy Hill Golf Course in Monterey. Remember that even if you did not compete in the earlier rounds you can sign up to play in the Open Play Tournament in Monterey that will be held on October 27(144 slots) and in the remaining tee times (70 slots) on tournament day Oct 28. See **Dick Richmond** for details. Entry forms are on sirstategolf.com.

Note: The Sir State Golf Committee has changed the way handicaps are calculated for State Scramble Format tournaments: To allow for a more level playing field among players a scramble team's handicap will be calculated using 1/2 the A players index plus 1/12 of the total indexes for the B, C and D players.

Solvang Results: While no Br 146 players finished in the money both **Jim Willey** our Area 2 Golf Chair and his wife **Margaret Willey** finished in 1st and 2nd place.

Entry forms for the State Golf events at Mesquite NV Nov 7-11 are available on sirstategof.com.

If you don't have internet access and want a form contact **Jim Baldrige, Ron Plachy** or **Dick Richmond**.

Bob and Janet Yolland are arranging Couples Golf for October. It will be held at Hiddenbrooke Golf Course in Vallejo on Wednesday October 22 starting at 11:30 am. The cost of golf is \$40 which includes green fee, cart and range balls. There will be a 5:00 pm reception in the clubhouse and a south of the border dinner buffet at 6:00 pm for \$15 per person. Contact **Bob Yolland** for details.

Questions: **Jim Baldrige** 925-689-9232

The Weekly Winners are:
August 17,2010

First Flight: 1st **Dave Steinberg** 68, 2nd **Ed Malboeuf** 68, 3rd **Russ Bliese** 72. Second Flight: 1st **Joe Suto** 70, 2nd **John Demos** 71, 3rd **Ray Weisz** 71. Third Flight: 1st **Doug Cook** 64, 2nd **Fred Kovar** 69, 3rd **Bill Boyd** 69. Closest to the pin Hole # 2 **Jim Sedman**, Hole #12 **Fred Kovar**.

August 24, 2010

First Flight: 1st **Lew Thompson** 65, 2nd **Dave Steinberg** 69, 3rd **Dale Hertweck** 70. Second Flight: 1st **Mike Stephenson** 70, 2nd **John Demos** 70, 3rd **Ray Weisz** 73. Third Flight: 1st **Don Del Bene** 63, 2nd **Sal Costanza** 69, 3rd **Doug Eisener** 72. Closest to the pin Hole # 2 **John Harrington**, Hole # 12 **Dennis Hallett**.

August 31, 2010

First Flight: 1st **Steve Conti** 70, 2nd **Gene Diana** 71, 3rd **Ron Binder** 71, Second Flight: 1st **Bob Yolland** 72, 2nd **Bill Cammerer** 72, 3rd **Bill Weinberg** 73, Third Flight: 1st **Don Del Bene** 65, 2nd **Jim Brown** 70, 3rd **Steve Sprague** 71. Closest to the pin Hole # 2 **Chuck Campbell**, Hole # 12 **Joe Lamanna**.

September 4, 2010

We played a Four Man Three Best Ball Format. Each Team had a A, B, C, D player. We had thirteen Teams with a C player missing in two teams. We had two blind draws to fill the vacancies. The handicaps for all teams were very close, therefore we had three ties for third place. After the tie breaker the results were:

First place: Team **Ron Binder, Walt Buenius, Ron Plachy,** and **Ernie Dickson** with 197.

Second place: **Dave Steinberg, Frank Rockwell, Ray Kan, Bob Spellman** with 201.

Third place: **Lew Thompson, Joe Barry, John Demos, Dick Richmond** with 207.

Fourth place: **Joe Fuchs, Jack Callaway. Don Tubb, Bill Boyd** with 207.

Fifth place: **Bob White, Ken Kratz, Corrie Oranje, Dan O'Sullivan** with 207.

Everyone had a great time with a different format. We are planning other formats in the future.

September 14, 2010

Deer Ridge Golf Course

First Flight: 1st **Steve Conti** 65, 2nd **Lew Thompson** 69, 3rd **Ron Binder** 73.

Second Flight: 1st **Rich Hanford** 67, **Bill Cammerer** 70, **Ron Plachy** 72.

Third Flight: **Dan O'Sullivan** 66, **Ray Kan** 69, **Bob Spellman** 71. Closest to the pin Hole # 7 **Bill Boyd**, Hole # 15 **Lew Thompson**.

Our next Tuesday Travel day will be October 12th at Diablo Creek Golf Course. This will be our last Travel Event for 2010.



Bowling Larry Mitchell



The SIR league at Diablo Lanes started on September 8 so is now 2 weeks under way and we are still in need of several bowlers to fill out teams. If you are at all interested in bowling with us please come down to the lanes on any Wednesday at about 9:30 AM and check us out. I will be there somewhere, look me up or you can just call me at home.

Congratulations and thank you to **Dick DeVoe** who is our latest Branch Honoree. Shown are Big Sir **Dennis Hallett** presenting the Honoree Plaque to **Dick** along with **Bob Yolland** Honoree's Chairman. The plaque reads, "For many years of outstanding and dedicated service that you have performed for Branch 146, Son's in Retirement, September 2010.

There will be three tournaments to round out the year 1. McHenry Bowl on 11/3 and 11/5 2. Clayton Bowl on 11/16 and 11/18 and 3. Country Club Lanes on 11/30 and 12/2. If you wish more details on any of these events please call me, **Larry Mitchell** at 925-798-5440.



DON'T FORGET OUR DINNER PARTY FOR SIRs 146 AND FRIENDS



Wednesday, October 6th 2010
6pm to 10pm at Zio Fredo's Restaurant
The price is \$95.00 per couple and includes hors d'oeuvres and Dinner
Live music for listening and dancing
Your choice of beef, fish or pasta
Send your check, made out to Sir Dinner 146 to:
Vince Rettew
290 Dover Drive
Walnut Creek, CA. 94508
Phone: 925-943-7962



Tables of eight are encouraged

Your name and partner

Couple 1	_____	Meal	_____
Couple 2	_____	Meal	_____
Couple 3	_____	Meal	_____
Couple 4	_____	Meal	_____



SIR 146 Computer Classes

Microsoft Windows 7 Operating System

Lo McCarley

Hey you guys with Windows 7!!!

Come and learn the great things Windows 7 can do:

- Get work done using programs such as Word and Excel.
- Create and edit **pictures**. Import or download images.
- Play **music** and other media. Listen to audio.
- Get on the **Internet**. Windows 7 makes it easy.

Learn and do.

- Set up and customize **Windows 7** the way you want it.
- Install & uninstall programs. Switch between programs.
- Find files, folders, content, e-mails easily and quickly with amazing and easy **Search** capabilities.
- Keep your dates and appointments straight and develop your to-do lists using **Windows Live Calendar**.
- Learn to surf the World Wide Web better with the new **Internet Explorer**.
- For the adventurer:
 - ◊ Forget Outlook Express. It's gone! Use **Windows Live Mail** to send, receive and manage e-mail.
 - ◊ Forget your Address Book. Now you have **Windows Live Contacts** to keep track of names, addresses, phone numbers and e-mail addresses.
- Organize and improve your photos with **Windows Live Photo Gallery**.
- Play music and create a playlist with **Windows Media Player**.
- Implement and tighten security and privacy with **Windows 7 Security**. Create and change **User Accounts**.
- Keep your system running smoothly by properly maintaining Windows 7.

Four Classes

Fridays: October 15, 22, 29, and November 5.

Unbelievable Deal

Come to any or all of the classes for \$20...total! Wives and friends are welcome.

Time

1:00 to 3:00 each class day.

Where

Walnut Creek Presbyterian Church, 181 Lacassie Avenue, Walnut Creek. Room 303.

To Enroll: E-mail Lo at lomccarley@astound.net

Or phone Lo at 935-3939

Computer classes for SIR Branch 146 members, their wives and friends



Walkers John Lewis



Every Friday at 9:30 am at various locales.

Call **John** or just show up.

Rain cancels any walk.

October Walks

- October 1 Cardinet Trail Clayton
 Meet: Clayton Library
 Walk: NW from pkg on first bridge to trail by golf course
 Not Paved Not Level Some Shade
 Coffee: Peet's Clayton & Ygnacio Valley
- October 8 Donald Drive Orinda
 Meet: From Orinda, Moraga Dr. South to Hall Drive, left to Donald Dr to end
 Walk: Length of Donald Dr
 Paved Not Level No Shade
 Coffee: Terzetto's Cuisine Moraga
- October 15 Canal Trail East W.C.
 Meet: Deli Delight 323 N. Wiget Lane
 Walk: To Canal Trail then East
 Paved Level No Shade
 Coffee: Deli Delight
- October 22 Lime Ridge Open Space Concord
 Meet: Pkg Lot North Side of Treat Blvd Between San Miguel & Cowell Road
 Walk: Around hill behind pkg lot
 Not Paved Not Level No Shade
 Coffee: Deli Delight
- October 29 Lafayette Reservoir Lafayette
 Meet: Reservoir pkg lot (Bring Quarters for 2 hours pkg meter)
 Walk: Around Reservoir
 Paved Not Level Some Shade
 Coffee: Rising Loafer. Just passed Trader Joe's in Lafayette

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SIR CALL *Newsletter*

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Sirs Bocce Ball Group come join us and bring your wife