SIR CALL

Published For Our Members And Friends

Volume 21 Issue 10



Big Sir's Notes Stu Somerville

Summer is almost over but do not despair. We live in California. Autumn provides us with many beautiful days and opportunities to rake leaves, trim bushes and plant winter flowers along with cooler golf days. It is also football season! Make sure you wear your colors, be they college, professional or high school, at our October luncheon.

Our branch is in very good shape with new activities and new members. We all have an obligation to ensure these new members feel welcome and to help them get involved in our activities.

Stu

MEMBER RECRUITMENT AND RETENTION JACK CALLOWAY

I am sure that you are familiar with the phrase, "A few good men". So far this year we are down six members. We need your help in bringing guests to the luncheons so that they can see what we are all about and hopefully join our branch.

Thanks to all of you who filled out the member survey at the September luncheon. We are now analyzing the information so that a report can be prepared for the Branch Executive Committee. If anyone else is interested in completing a survey, please contact me.

"Please leave your values at the front desk"... notice in a Paris hotel elevator



Little Sir's Corner

Dennis Hallett

Our October speaker will be **Carol Louisell**, Program Manager- Caring Hands Volunteer Caregivers Program- John Muir Health. The vision of Caring Hands Volunteer Caregivers Program is to promote independence and enhance the quality of life of the aging population.

Activities Coordinator Terry Marchione

Greetings from your new activities coordinator. I have big shoes to follow as Dick DeVoe has done a great job the last 2 ½ years in this position. Activities are the lifeblood of the SIR organization and we are fortunate to be in a branch with many activities, most of which are bursting at the seams. However, because of the large, diverse branch we have, there are many opportunities for additional groups. As most of you know, at the August lunch I passed out a list of possible activities. Even though the majority of Sirs did not indicate interest in any of these, there are several that look promising. There will be three new groups starting up shortly—couples golf, photography and couples BBQ and picnics. Additionally, with just a few more interested parties, we will be able to start up chess, a book club, couples bocce and tennis. If you were not at the luncheon, or forgot to look at the form please email me and I will review the activities with you. Also, over the next couple of months we will be updating the website to make it easier to keep up with the activities. If you want more info on these activities or any others I can be reached via email at terrymarchione@yahoo.com or by phone at 472-8850.



Duplicate Bridge George Zunich

Our match is held each month on the Monday after the SIR Luncheon at various homes.

Bring your lunch.

In September, Sir **Lynn Freeman** hosted 4 tables of duplicate bridge at his home.

In a very close match, the results were as follows: **Rich Ahlf** and **Lynn Freeman** tied for 1st Place with 40.5 points. **Bob Donahue**, **Bruce Johnsonbaugh**, and **Fred Kovar** tied for 3rd Place with 39.0 points.

The next match will be held on Monday October 12th at the home of **Bob Donahue**.

Contact **George Zunich** 376-4439 for information. We welcome interested members.



Party Bridge

Fred Bolton

1st Monday at 10 am at various members' homes. Contact Fred Bolton for details. Bring a lunch.

We played two tables of bridge at the home of **Jim Jackson** on Sept. 31.

First place went to **Bill Rees** with 6540 points and second to **George Zunich** with 6110. Our next game will be at **Carl Johnson's** on Oct. 5.

Couples Duplicate Bridge Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.



Carl and Anne Johnson hosted eight couples for a gala evening of duplicate bridge on September 16th. Everyone had a great time. We thank Jim Todhunter for filling in for Anne Johnson at the bridge table. As for the bridge results, Stu and Margot Somerville took first place with 39 points. Carl Johnson and Jim Todhunter took second (37 points), Lo and Sue McCarley (33 points) placed third, and Lynn and Dasha Freeman (32.5 points) came in fourth. Lo and Sue McCarley will host the next bridge party on October 21st.

Couples Duplicate Bridge Too

Dick DeVoe

Three tables were ably hosted by **Jim** and **Ruth Adams** this month. **Ken** and **Elaine Richter** were huge winners. There was a 6-1/2 point spread between 1st and 2nd place, and they earned maximum points in 10 of the 20 hands. The **Barrys** and **DeVoes** tied for 2nd place, but felt like everyone else did... ridden hard and put away wet! Is handicapping in the offing?

Kaiser introduces Portable Electronic Medical Records

For you Kaiser members, this new program is something you should consider if you travel outside of the area.

They will put your entire medical record onto a portable flash drive, about 2" long. It is password protected. If you have a medical emergency while out of the area, you will be able to provide the attending physician with your medical history including meds and test results. The cost is \$5.

It is really easy to get. Just go the medical secretary's office (At the Shadelands, it is in the Yosemite building opposite the lab area) fill out release forms, pay your \$5 and you are good to go.

Table PoolBill Weinberg

1

1st and 3rd Monday at 11:30 am. (at Masse's 2721 N. Main, Walnut Creek)

Haven't played in awhile. Come down and join us. We have a great group

SIR HAPPENINGS Newsletter

SIR Happenings is the statewide SIR Newsletter. Just go to www.sirinc.org and click on SIR Happenings to read the current issue. You may enjoy reading about the activities of other SIR branches.

Wine Tasting ... Bill Holly

Our next wine tasting will be on Wednesday, October 28th from 2:30 P.M. to 5:00 P.M. at the home of Lo and Sue McCarley: 2884 Grande Camino

Walnut Creek, CA 94598-3515.

Directions: From downtown Walnut Creek take Ygnacio Valley Road North-East to Oak Grove Road. Turn right on to Oak Grove Road, go to the first intersection, and turn right on to Encina Camino. Make a left turn on to Grande Camino and go to 2884 Grande Camino.

We will taste two varietals:



Sangiovese / Chianti Classico as the red varietal.



Riesling as the white varietal.

Please bring a single bottle per couple of either the red or the white (under \$20) in a brown paper bag plus an appetizer to share. Spouses are invited to attend.

Please RSVP by Oct. 21st to **Bill Holly** either by telephone (925) 691-5337 or by email at bill.holly@comcast.net

Branch Program Committee

Last year the branch created a Program Committee, headed by the Little Sir, which was charged with securing quality speakers and entertainment for our luncheons. As Little Sir-elect I will be heading this effort for 2010. I am looking for a couple of volunteers to serve as Committee Members, preferably men who have related experience and/or connections, to assist in this effort.

Also, the Committee would like to hear your suggestions about people who you think might make good speakers, including our members who have an interesting story to tell.

Please let me know if you would like to help us continue our tradition of excellent luncheon programs.

Pete Gates. Little Sir-elect

P.S. I will be our of town from 9/13 to 10/10. If there are questions about this article, please refer them to **Dennis Hallett**.

A redhead was well over the speed limit when she asked her blonde passenger, "See any cops behind us?" The blonde turned around for a long look. "Hey, yeah, I do." "Damn!" said the redhead. "Are his flashers on?" The blonde replied, "Yep, nope. Yep, nope. Yep, nope."

DON'T FORGET OUR DINNER PARTY ON WEDNESDAY, OCTOBER 7!

6 PM TO 10 PM AT ZIO FRAEDO'S RESTAURANT.

The cost is \$95 per couple and includes hors d'oeuvres, dinner, table wine. Live music for listening or dancing

> Indicate your choice of beef, fish or pasta Send your check, made out to SIR Branch 146, to: Vince Rettew 290 Dover Drive Walnut Creek, CA 94598

| | Your name: |
|--------------|------------|
| | Partner |
| Meal choices | |

Tables of 8 are the choice. If you plan on a group. List them below. We encourage guests, neighbors and friends.

Garden Club Chuck Bobinecz

1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church, 1801 Lacassie Ave., in the Room 203, unless otherwise announced.

Science & Spirits.. October 22nd the bus leaves at 8am for the San Francisco Academy of Science and returns around 4pm. Contact Sir **Joe Barry or** Sir **Bill Hansen** for details.

The speaker for our November meeting is a master gardener Sir **Steve Dawkins**. The topic is plant pathology. As gardeners, this topic discusses what we have to deal with at times... plant diseases and how to handle them.

Garden tip of the month: too much fertilizer is not good for you or your lawn. Excessive nitrogen fertilizer can be detrimental to your health and the lawn. When nitrogen is applied to crops year after year, this decreases the carbon in the soil which adversely affects air and water quality.

ALL VETERANS

For nearly ten years, the Veterans Historical Project of Rossmoor has been videotaping interviews with veterans for the Library of Congress with a copy available for the veteran himself. This service is available to all veterans of World War II, Korea, Viet Nam and later conflicts. Any veteran willing to share his experiences and memories may contact **Dave Johnson** at 925-945-8636 or by email at davnbarb@yahoo.com. **Dave** is a member of SIR 146.

Couples Golf Terry Marchione

Our group is up and running with our first outing scheduled for 9/23 at Deer Ridge. We currently have 13 couples interested with 12 of the 13 able to make our first event. The concept is to play once a month at various area courses with a gathering after golf for a bite to eat and/or adult beverages. Once or twice a year we may opt for an overnight trip with two rounds of golf. Also we envision varying the formats. While we will have a small prize fund, the idea is to have some fun.

We have room for a few more couples. If you are interested please contact me by phone (925) 472-8850 or email (terrymarchione@yahoo.com).

Poker Club #1 Frank McNamee



Poker Club #1 would like to thank **Rich Hanford**, **Jim Brown** and **Don Martin** for subbing for **Frank McNamee**, **Bob Frankland**, and **Howard Harvey**. Host **John Lewis** was the big winner. We will meet October 14 at **Frank McNamee's** place.



Poker Club #2 Al Zamolo

Ken Kratz edged out **Ron Binder** as our big winner on Monday, August 31.

Ron and **Ken** continue to win a high percentage of the time. I think we need to play some real wild games so these two can begin to lose.

Our next meeting will be at **Jim Stedman's** on the 28th



Poker Club #3 Siegfried Kaletis

Poker group 3 is up and running again. The players are **Bill Baltezore**, **Dick DeVoe**, **Joe Fuchs**, **Sig Kalteis**, **Jim Meehan**, **Ron Plachy** and **Vince Rettew**. We have a few subs in the wings but if you are interested, call **Sig Kalteis** at 229-1173. We play on the fourth Wednesday of the month, one to four pm.



Poker Club #4 Chuck Bobinecz

At our last session Sir **Garth Cummings** was the biggest winner we've had in the last couple of years but we won't tell **Shirley**. Our next host will be Sir **Rich Hanford** on September 28th.

Ever wonder what the poker term limp or limp in means? To enter a pot by simply calling the bet instead of raising, called so because a player with a marginal hand may be willing to pay the minimum to see more cards, but would likely fold if the bet is increased further.

Area 2 Computers and Technology Group



PHIL GOFF, Chairman, 831-3692, philgoff@yahoo.com DICK CURRY, Asst. Chairman, 376-5541, racorinda@pacbell.net

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive (just off South Main.)

Check out our website at http://sir-web.org/computer

Area 2 Computer and Technology Group announces the following topics for the meeting on Thursday, October 16:

Geoff Baysinger, a sales engineer for Cisco Linksys providing support for the Network Magic product will provide a 30-minute to 1 hour Webex seminar to our group to demonstrate Network Magic. Additionally he has created a discount code for our group that will give you \$5 off the online purchase price.

The website for **Network Magic 5.5** says it will: "Easily connect your computers and devices to create your home network; allowing you to easily get connected to the Internet, share printers and files, protect your network from intruders, and monitor and control access to your network."

Finally we expect to learn from the ever popular Q&A session lead by **Dick Curry**, supported by other gurus. Suggestions for future presentations are always welcome.

Bocce Ball Martin Lyle

2nd and 4th Mondays at 9am, April through November, at Concord Bocce Courts in Newhall Park, Concord, near the corner of Turtle Creek and Ayers Roads.

We would like to add some new members to our regular group. No qualifications required. Good fun in the fresh air. Come and join us.

Call me for information.

Martin Lyle

925 687-4893

mvlyle@yahoo.com

SIR 146 Computer Classes

Lo McCarley

It's Fun to Teach

Come join **Jeff Baily** and me teaching computer classes. It continues to amaze me that teaching these classes is so much fun.

You don't have to be an expert (**Jeff** and I proved that). You just need to be comfortable with the computer. Part of the fun is learning more about what you are going to teach.

If you'd like to talk about assisting us teaching classes call or e-mail me:

Lo McCarley 935-3939 LoMccarley@astound.net

Computer classes for SIR Branch 146 members, their wives and friends



Sunshine



Otto Wilson

E-mail: ottowilson@astound.net

Sir **Denzil Harrison** passed away August 20th. Services were held in Georgia.

Sir **Joe Suta's** wife **Mary** is recovering from a stroke. She is home recovering and doing well.

Sir **Jim Hanck's** mother-in-law passed away in August. Our regrets to **Sue** and **Jim**.

Sir **Barney Meade** is home recuperating from a hernia operation. Complications have set in and he could use our prayers.

Sir **George Knies** has fully recovered from his heart bypass operation and is now in top condition.

Sir **Bob Frankland** is in Orinda Rehabilitation & Convalescent Hospital, 11 Altarinda Rd., Orinda. Phone number 925-254-6500. He would like visitors.

Helen Fries, wife of Sir **Frank** passed away on September 7th. She had been recovering from a stroke. Our condolences to the family.

Sir **Russell Chaney** is now home from the hospital. He has completed his radiation treatments and is awaiting further instructions from his doctor

Luncheon Attendance Bob Lyman

SIR Luncheon is the 2nd Thursday of every month at The Clubhouse at Boundary Oak.

Please call me (825-6386) or email me, <u>rilyman@aol.com</u>, by Friday noon prior to the luncheon if, for any reason, you are unable to attend. If no one answers, leave your name, badge number and phone number. Please be sure you call!

Remember that our luncheon will be called to order at 11:45am, so please allow enough time to arrive on schedule. A check for \$25.00 made payable to SIR146 is requested for payment of your lunch on luncheon day. Thanks.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months will result in a letter notifying them of pending membership termination. Certification of another branch meeting will be considered as credit to the attendance record.

Sir bringing a Guest

Please call by Friday, noon prior to the luncheon and leave your name and badge number and the name of your guest. Please spell the last name of your guest.

Luncheon Menu for October 8, 2009

Spinach salad with shaved egg, pickled red onions, Feta cheese, olives, and red wine vinaigrette Pan seared snapper with cheddar polenta, Winter greens & black olive tapenade

or

Sirloin of beef with cheddar polenta, Winter greens & black olive tapenade Chocolate fudge cake with raspberry sauce for dessert

Special Luncheon Requirements

If you require a vegetarian meal or any special meal, please call and make a request. Your request will remain in effect until you cancel it through the luncheon chairman. If for medical reasons, you cannot eat lunch, please notify me and your request will remain in effect until you cancel it through your Luncheon Chairman.

New Members and/or Sponsors
There will be a dedicated luncheon table set for any new
members and their sponsors who would like to sit together to
share their conversations as new members of SIR146. It is
voluntary and please do not feel obligated, as a new member,
to sit at this table.

"I played a blank tape at full volume. The mime next door complained."...**Anon A. Moose**

Membership Dale Hertweck



Branch 146 Statistics:

Active Members 259 (including 4 HLMs), Applicant List 4, Inactive 9.

August Luncheon Attendance:

Members 172, Guests and Visitors 9, Speaker 1, for a total of 182.

Status Changes:

Inducted:

Kenneth Burger, Lynn Miller and Bruce Johnsonbaugh

Deceased:

Denzil Harrison

Resigned:

Wes Hauschildt, Badge #073 and **Fred Donnelly**, Badge #240.

Transferred:

Les Birdsall to Branch #81.

Added to Applicant List:

Richard Kincaide, Elias Munayer, Steven Jacobs and Clifford Melikian



Orlo Jones
introduces
Kennett Burger

Explore and Dine

The patient experienced sudden onset of severe shortness of breath with acute pulmonary edema at home while having sex which gradually deteriorated in the emergency room.

John Pearl

In August, Explore and Dine took advantage of San Francisco's Palace Hotel's 100 year anniversary by taking a tour of the hotel and having lunch in the famed Garden Court. The hotel had reopened after the 1906 earthquake and fire in 1909, making 2009 the year it has been open for 100 continuous years. The tour was given by a person who is part of the "City Guide" group that gives tours all over San Francisco. We learned a lot about the hotel and the people who had been involved with it over the years. We also had one of our largest turn-outs for our outings. This professional grade photo below was taken by or branch photographer **Rich Ahlf**, who joined us with his wife **Shirley**.

Our September outing is to the Pardee Home in Oakland, on Thursday, September 24.

Vitamins In Your Shampoo

Next time you wash your hair, take a look at the ingredients in your shampoo. You're likely to find all the things you ate for supper. You'll likely find all kinds of things: protein, vitamins C and E. All are said to "replenish," "prevent damage," "penetrate." The truth is the hair that sticks out of your skull is dead. You can't heal damaged hair with anything you put on it. The only thing you can do is temporarily coat your hair, making it feel smooth.

Source: Tufts University Health and Nutrition Letter, October 2000

Blast From The Past

"I'm afraid to send my kids to the movies any more. Ever since they let Clark Gable get by with saying 'damn' in 'Gone With The Wind,' it seems every movie has a 'hell' or a 'damn' in it."...1959



Travel Opportunities

Bob Spellman



Oct 23, 2009 A Day At The Races. Our fall trip to Golden Gate Fields is set for Oct. Join your fellow Sirs and quests for a fun day with the ponies. Who knows, you may come home a big winner. Cost is \$25 pp which includes: admission, reserve parking, daily racing program, lavish buffet luncheon, tax and tips. Contact Ken Richter 689-6217.

Dec 9, 2009 Beach Blanket Babylon. A musical comedy performance with new ideas and costumes that will keep you laughing and applauding for more! Cost includes dinner with wine at Firenze by Night restaurant located around the corner from Club Fugazi, round trip deluxe motor coach, entrance to performance and all tips and gratuities. Cost \$132 per person.

Contact **Bob Hagler** Branch #8 934-7620.

Feb 10, 2010 The Four Aces at the Robert and Margaret Mondavi Center for the Performing Arts, UC Davis. The Four Aces have been internationally acclaimed as a group who have not only produced some of the most beautiful vocal renderings ever, but for being superb showmen as well. Cost \$76 per person which includes Motor coach transportation and performance ticket. Contact Ken Richter 689-6217 Mar 10-17, 2010 Cruise the Caribbean. Experience a 7 night cruise aboard the luxurious MS Silver Cloud, of Silver sea Cruises. Along the way visit an exciting array of ports. Bridgetown, Barbados, Castries, St.Lucia, St George's, Grenada, Kingstown, St Vincent & the Grenadines, St. John's Antigua, Spanish Town, Virgin Gorda and San Juan Puerto, Rico. Cost is \$2970 for Vista Suite normally \$6595 and \$3570 for Veranda Suite normally \$8195. This price is all inclusive; meals, drinks, gratuities, complimentary in-suite dining, port taxes and fees, baggage handling, and round trip to and from airport. Contact **Bob Spellman** 934-8428. Note: We encourage you to sign up as soon as possible as available space is filling up fast.

Jun 10-20, 2010 Oberammergau & The Rhine River Valley. The Passion Play at Oberammergau in Munich plus an 8 day cruise of 4 countries from Basal to Amsterdam aboard the my Viking Sun. Included features are: round trip air, tickets to the Passion Play and overnight accommodations in Munich. The Rhine Cruise includes: all meals, cocktail reception, six guided tours, all transfers and driver tips. Cost \$4,925 to \$5855 Contact Bob Hagler 934-7620.

ROMEO

(Retired Old Men Eating Out)





The Romeo Group meets on the third Thursday of the month at 6:30pm at select restaurants in the East Bay.

We experience delightful dining while getting to better know our fellow Sirs and their guests, in a relaxed and friendly atmosphere.

On October 15th, we will be dining at "The Peasant And The Pear" in downtown Danville. The seasonal menu has a distinctive Mediterranean feel with delicious, although unusual combinations that create a mouth watering experience. Several signature dishes are favorites including the grilled double cut pork chop and the braised in Chianti Italian lamb shank served Osso Bucco style.

Location: 267 Hartz Avenue, Danville (Behind the

Clock tower)

Web Site: www.thepeasantandthepear.com (introduction, menu and, reviews, directions)

Phone: 925-820-6611

Please let me know by Tuesday, October 13th, if you will join us.

Your suggestions are welcome for future restaurants to visit.



Stu Somerville introduces **Bruce Johnsonbaugh**

Away Golf Jim Baldridge

The results are in for the Mare Island Tournament that **Bob Mehus** arranged. **Frank Rockwell** took 1st place, **Joe Barry** and **Bill Cammerer** tied for 2nd. **Frank Rockwell** also showed the group how to hit midirons and won closest to the pin.

Bob Mehus has also set up an Away Golf event on Thursday Sept 24 at Roddy Ranch in Antioch. Start times begin at 10:30 am. The cost is \$37 for SIRs competing in the prize fund and \$35 for guests or Sirs not competing for prizes. Flyers are out at Tuesday Golf or contact **Bob Mehus** at 510-549-2221.

Ray Kan has set up an Away Golf event at Blue Rock Springs-East Vallejo on October 15 starting at 10:00am. The cost is \$37 for Sirs competing in the prize fund and \$35 for guests or Sirs not competing for prizes. See **Ray Kan** for flyers or contact him at 925-376-2023.

Two of our Branch 146 golfers, **Dave Steinberg** and **Ron Plachy**, prevailed over a field of over 100 golfers in Division 4 at Boundary Oak and will go on to represent us in the State SIR Golf Championship at Poppy Hills in Monterey on November 3 & 4.

The SIR State Fall Classic-South was held in Solvang Sept 13-16. **Jim Baldridge** placed on the second day at the Alisal River Course. **Gene Diana** won closest to the pin. **Judy Baldridge** placed 2nd in the women's division. The State Fall Classic-Northwest will be at the Kah-Nee-Ta Resort and Casino in Warm Springs Oregon September 30 through October 4. The price for two golfers sharing a room is \$966. The package includes four nights accommodations, four buffet breakfasts, reception, three days of golf, awards banquet and prize fund. Get entry forms at sirstategolf.com. Questions: **Jim Baldridge** 925-689-9232 or **Dick Richmond** 925-947-1167.

Non-Responsibility Declaration

Rule 345: All activities arranged for or by Sons In Retirement, Inc. and its branches, are for the convenience and pleasure of the members and their guests who desire to participate.

Sons In Retirement, Inc. and its branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Tuesday Golf Ray Weisz



August 18: First Flight: First Place: Lew Thompson 66, Second Place: David Steinberg 67, Third Place: Vince Rettew 72. Second Flight: First Place: Bill Hansen 70, Second Place: Joe Suta 71, Third Place: Bill Weinberg 71. Third Flight: First Place: Ralph Fowler 62, Second Place: Fred Kovar 67, Third Place: Dan O'Sullivan 72. Closest to the pin Bob White # 2, Ralph Fowler # 12.

August 25: First Flight: First Place: Ed Malboeuf 74, Second Place Lew Thompson 74, Third Place: Jim Burk 74. Second Flight: First Place: Bob Mehus 70, Second Place: Ron Plachy 70, Ernie Dickson 72. Third Flight: First Place: Dan O'Sullivan 70, Second Place: Jim Saavedra 70, Third Place Ralph Fowler 72. Closest to the pin Jim Burk # 2, Ron Plachy # 12.

September 1: First Flight: First Place: **Ray Spears** 69, Second Place: **Jim Burk** 69, Third Place: **Bob White** 70. Second Flight: First Place: **Walt Busenius** 67, Second Place: **Bill Weinberg** 69, Third Place: **Ron Plachy** 69. Third Flight: First Place: **Dick Richmond** 68, Second Place: **Ernie Dickson** 69, Third Place: **Stephen Sprague** 70. Closest to the pin **Ron Binder** # 2, **Bob White** # 12.

September 8: First Flight: First Place: Russ Bliese 71, Second Place: Ray Spears 72, Third Place: Ed Malboeuf 73. Second Flight: First Place: Joe Barry 65, Second Place: Mike Stephenson 68, Third Place: Chuck Campbell 69. Third Flight: First Place: Dean Merritt 64, Second Place: Ralph Fowler 70, Third Place: Dick Richmond 71. Closest to the pin Russ Bliese # 2, Vince Rettew # 12.

Time is here again for our 2010 NCGA and Prize Fund renewal. Effective September 29 I will begin posting the new dues for 2010. The annual fall renewal period for 2010 NCGA membership will commence Wednesday, October 1, 2009 and conclude on Wednesday December 31, 2009. During this time period we can add or transfer golfers to our roster for the 2010 season without being charged for the remainder of 2009. If you have any questions, please contact me.

Theater Gary Schaub



4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy

Paul Dubow

Fishing

Courtroom Drama is SIR 146 Theatre event

If you like a good "Who Done It," then the classic court-room drama "Witness for the Prosecution" by Agatha Christie is the show for you. A limited number of tickets remain (as of press time) for the SIR 146 theatre party on Thursday, November 5 at the Lesher Center in Walnut Creek. Curtain time is 8:00 pm.

Performed by Center REP, "Witness for the Prosecution" has been a popular hit with audiences since the play premiered in 1953.

Deadline for reservations is October 15.Group tickets are \$31 each. Send check payable to SIR 146 to theatre party coordinator **Gary Schaub**, 1758 Candelero Court, Walnut Creek 94598. For info, call (925) 938-5454. Tickets will be distributed beginning at 7:30 pm on November 5 at the front entrance of Lesher Center (1601 Civic Drive at Locust Street, Walnut Creek)

Lunch and Wine Group (LAW Group) Dick Woodman



777-5363.)

The 16th of September meeting of the Lunch and Wine Group (LAW Group) was at the beautiful home of **Vince Rettew**. **Vince's** appetizers were a cheese dip and an avocado casserole followed by a delicious lunch of chicken, and rice mixed with vegetables with a fruit dessert. The company, wine, and lunch were outstanding as usual. The October meeting will be out to dinner with the wives at Toscano's hosted by **Joe Barry**. November and December will be vacation from the regular meetings. The next lunch will be in January at the **Whalen's** in Alamo.

Dick Woodman

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, October 22nd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30. **Tom Boltz** and **Pete Gates** will tell us about Alaskan fishing. Recent SIR fishing began with a shore fishing trip to the Alameda Rock Wall, led by Harry Sherinian. Fishing were Dick Thomson, Jack Waddell, Al Brunner, Terry Miller, Carl Moyer, and Kenneth Peterson. Dick Thomson and Carl Moyer experienced a fantastic day drifting live bait in San Francisco Bay, catching 3 halibut, one striped bass, and 10 white sea bass to over 40 lbs. All but two of the white sea bass were released. Joe **Miscione** had never seen a sturgeon before when a large one jumped into Carl Moyer's boat while they were fishing. Joe Peterson joined Carl for a hot day of striper fishing in the delta. Many stripers were caught, and one 6 pounder was killed and eaten. Sal Costanza tried a little fishing at Lake Tahoe with no luck and **George Schuttxe** shore fished at Caples lake with the same result. Harry Sherinian and Terry Miller joined Carl on the ocean for several trips, catching limits of rock cod and a few lings. Craig Walton caught several black bass fishing a tournament in the south delta. Paul Dubow and his son had a wonderful trip to Alaska, limiting out with both salmon and halibut. Roger Borgerson, Kenneth Peterson, Carl Moyer, George Schultz, Ed Djikman, Richard Bal, Gene Schulting, Craig Walton, and Joe Peterson got together with the Sirs in the Kitchen chefs for a fabulous fish feed, featuring Ed Benson's ciopino, Carl Moyer's fried rockfish bits and many other grand accoutrements. The fish were supplied by Kent Cremolini and Carl. Ed Benson was the gracious host. We will be very busy in the future with delta fishing for striped bass and sturgeon, trout fishing in our local lakes, shore fishing in the bay for stripers, sharks, and rays and party boat trips for sturgeon, stripers, and crab/rockfish combo's. These outings will include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come on down to our next meeting. Next meeting will be Thursday, October 22nd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact **Craig Walton** (Big

Our wines leave you nothing to hope for".... On the menu of a Swiss restaurant.

Fish) (925-937-4876;) **Carl Mover** (Branch 8 Coordinator)

(925-685-5243;) or **Joe Peterson** (Treasurer/Secretary)(916-

FALL CANDY SALES

It is time to order your See's candy for the holiday season. The price is \$12.50 for a one pound box certificate. You can pick any type of candy you like. Soft centers, nuts and chewies etc. There is no limit to the amount you can order. Make your check payable to "Sir Branch 146" and send it to Mitch Mitchell, 5350 Lightwood Drive, Concord, CA 94521.

Please include a <u>stamped self addressed #10</u> <u>envelope</u> (this is the long envelope).

The deadline for me to receive your order is Nov.14, 2009. Your certificates will be mailed to you shortly thereafter.

| Name | |
|--|---------------------|
| Address | |
| City and Zip | |
| Enclosed is my check for \$ of one pound certificates. | _ to cover the cost |



John Aaro introduces Lynn Miller



Walkers John Lewis



Every Friday at 9:30 am at various locales. Call **John** or just show up. Rain cancels any walk.
Planned By **Tom Morgan**

Oct 2 Alamo Mall: South Danville. & Stone Valley Rd
Meet: At Alamo Plaza Parking by Yellow wood
Walk: West on Stone Valley Rd. So. on Iron
Horse Trail.
Payed Level Some Shade

Oct 9 Pleasant Hill, North Morello & Taylor:

Meet: At Shopping Center Parking
Walk: South along Contra Costa Canal
Paved Near Level Some Shade
Coffee at Starbucks Pleasant Hill Plaza
1900 Contra Costa Blvd

Oct 16 Cardinet Trail: Clayton
Meet: At Clayton Library
Walk: North From Parking Lot
Not Paved Not Level Some Shade
Coffee at Peet's Clayton near Ygnacio
Valley Rd

Oct.23 Larkey Park Trail: Buena Vista Ave & First Ave
Meet: Mt Diablo Trail South Behind
Museum
Payad Not Level No Shad

Paved Not Level No Shade Coffee at La Scala Civic Dr & Locust St.

Oct 30 Lafayette Moraga Trail South Moraga Rd & Moraga Way
Meet: At Moraga Safeway Parking
Walk: South on Lafayette Moraga Regional
Trail toward San Leandro Reservoir
Paved Level Shade

Coffee: Terzetto Cuisine Moraga

Thanks to **Bill Cammerer**, **Don Del Bene**, and **Larry Sheerin** for folding and labeling, to **Jeff Baily** for proof-reading, to **Rich Ahlf** for photography and to **Bill Cammerer** for mailing

SIR CALL

Newsletter

Sons In Retirement, Inc. 63 El Molino Drive Clayton, CA 94517-1723

sircall@hotmail.com http://www.sir146.com **CHANGE SERVICE REQUESTED**

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Three of our members received the highest award within SIR for their extraordinary service to our branch. The Honorary Life Member awards were presented to them by **David Reiser**, our State President. Congratulations and thanks to these members for their dedication and service to our branch.

Left to Right: Jack Calloway, Jeff Baily, David Reiser and Dick Richmond