SIR CALL

Published For Our Members And Friends

Volume 21 Issue 5



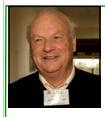
Big Sir's Notes Stu Somerville

Good news. We have solved some challenges we faced at the beginning of the year, notably a possible change in our meeting place and dwindling cash reserves. We will go into the second half of the year as a strong and healthy branch with more activities than there is time to enjoy

The BEC would like to take some credit for this but it is really our members, especially our Committee Chairmen who make things happen. When issues arise, there is always somebody who will step forward to take on the task. We truly are a group with more than 260 leaders.

They need to eat too. Last month two of our collection table volunteers did not get to lunch until dessert was being served. The main reason was that members were checking in late, well after lunch had begun. I am sure there were good reasons that some members were late, however to solve this problem the check-in table will close at 11:45. Late comers will need to find either **Joe Fuchs** or **Ron de Golia** in the lunch room and tell them they are there. If they are not paying with a check they will need to stay after the luncheon to pay **Ron** or **Joe** with cash. A check is much simpler.

Stu



Little Sir's Corner Dennis Hallett

The May luncheon entertainment will be the San Ramon High School-Jazz vocal ensemble, a state wide award winning group under the direction of **Ken Abrams**.

Sit in silence for at least 10 minutes each day

Tanks For The Memories

The heir of a mining tycoon has amassed the country's largest private collection of tanks, self-propelled guns, armored personnel carriers and many other heavy combat vehicles. The collection, located in Marin County, may be seen on Saturdays at 10am or 12 noon by appointment. Walking tours are of 2 hrs duration, guided by docents at no cost. No snack bar or gift shop. Toilet facilities are available. No handicap facilities. If you are really interested in seeing this collection, please contact me by email. We would have to car pool and arrange our own lunch. I must have 20-25 sure participants before I can make a reservation.

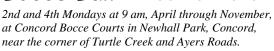
Lynn Freeman lynnaf@astound.net

Couples Duplicate Bridge Too Joe Barry

Couples Duplicate Bridge Too meets on the 2nd Tuesday of the month at 7:00 pm at participants' homes. Couples play as partners.

Jim and Ruth Adams hosted the April bridge. Ken and Elaine Richter won with a total of 23 1/2 points and were followed in a tie for second by Terry & Sharon Marchione and Joe and Josie Barry with 23 points. The May bridge will be hosted by Dick and Christy DeVoe who will be returning from a trip to Africa where they are enjoying a visit with their daughter along with going on a safari.

Bocce Ball Bob Frankland





Come join us. Our first Bocce Ball game will be on Monday May 11th. This is an easy game to play and master.



Duplicate Bridge George Zunich

Our match is held each month on the Monday after the SIR Luncheon at various homes. Bring your lunch.

In April, Sir **Rich Ahlf** hosted 4 tables of duplicate bridge at his home.

The results were as follows: **Fred Kovar** was in 1st Place with 43 points. Jim Jackson was in 2nd Place with 40 points. **Jim Todhunter** and **Dick Johnson** tied for 3rd place with 39.5 points.

The next match will be held on Monday, May 18th at the home of **Dick Johnson**.

Contact **George Zunich** 376-4439 for information. We welcome interested members.



Party Bridge

Fred Bolton

1st Monday at 10 am at various members' homes. Contact Fred Bolton for details. Bring a lunch.

We played three tables of bridge at the home of **Lynn Freeman** on April 6. First place went to **Jim Brown** with 5490 points, second to **Jim Jackson** with 5030, third to **Bob Donahue**. Our next game will be at the home of **Bob Yolland** on May 4th.



Couples Duplicate Bridge Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.

Bob and Janet Yolland hosted eight couples for a gala evening of duplicate bridge on April 15th—every one had a great time. (No one was over taxed or even audited at the Yollands'—no IRS agents were invited.) As for the bridge results, Lynn and Dasha Freeman took first place with 41 points. Bob and Janet Yolland (40 points) came in second. George Zunich and Tamara tied with Lo and Sue McCarley for third place with 31 points. Jim and Allison Todhunter will host the next bridge party on May 20th.

Explore and Dine John Pearl



"Explore and Dine's" April trip was to the Mountain View Cemetery in Oakland. We followed that with a great lunch at the nearby and well-known Bay Wolf restaurant.

May is shaping up with a tentative tour of the Concord police department the morning of the 28th. As usual, we'll eat at a nearby restaurant, possibly Luna.

Our April SIR luncheon speaker from the National Ignition Facility at the Lawrence Livermore Lab made such an impression that we're trying to set up a tour of this impressive (and expensive!) research facility.

John Pearl

mcpearl@astound.net 934-6920



Jim Burk introduces new member Robby McSpadden

When you wake up in the morning, complete the following statement... "My purpose today is to.. "



Sunshine Otto Wilson

Phone: 825-1943 E-mail: ottowilson@astound.net



Chuck Bobinecz

1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church, 1801 Lacassie Ave., in the Multipurpose Room, unless otherwise announced.



I am sorry to report that **Will Baker**, grandson of Sir **Frank** and **Marilyn McNamee** passed away April 2, 2009.

Our prayers and condolences go out to the family.

Sir **Bob Frankland** is due for surgery on his gall bladder. He is at home working on getting his strength up for the surgery.

Sir **Bob Darius** is home recovering from pneumonia, but is still under doctor's care. His wife tells me that **Bob** is slowly recovering and looks forward to a full recovery.

Sir Walt Barabash is still recovering from his surgery.

Mary Suta wife of Sir Joe is recovering from a stroke. She is improving and is in Stonebrook convalescent care facility. No visitors please.

Try to make at least 3 people smile each day



Dave Steinberg introduces Jim Saavedra

Spend more time with people over the age of 70 and under the age of 6

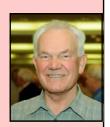
The April/May meeting of the garden club is the Napa Iris Gardens bus trip with wine tasting stops on Friday, May 1st. We meet at 9:00am. at the Shadelands Park and Ride on Mitchell Drive in Walnut Creek and will return about 4:30 or 5:00pm. This is a BYOL (bring your own lunch) affair since we won't be stopping at any place with food service. If you have any questions, give **Rich Hanford** a call at 933-9237.

Cribbage Al Tufo



Cribbage was hosted by **Barney Meade**. We were able to get in two good derby race tournaments. In the first race Chef Barney and the Italian Stallion raced down to the finish line neck and neck. Chef Barney won in a photo finish. To make matters worse he laughed and giggled all the way to the winner circle. Now this really p@#%\$d off the I.S. So in the next race, the Italian Stallion bumped **Barney** coming out of the gate, then after making the turn to the home stretch he forced Chef Barney wide to the outside. preventing him from winning. While all this was going on **Dan Meckfessel** took advantage and snuck in on the rail and won the race. It goes to show it's not nice to laugh at the Italian Stallion. Cribbage will be hosted by **Larry Reilly** next month in May. Ciao Tufo

Lunch and Wine Group (LAW Group) Dick Woodman



The Lunch and Wine Group had a very successful gathering on April 15th at **Dick Woodman's** home. The next meeting is at **Paul Dubow's** home in SF on May 20th.

Dick Woodman

Bowling

Larry Mitchell

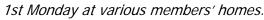


The annual Dave Valladao Bowling

Tournament, hosted by Branch 146 with yours truly as director, was held at Diablo Lanes on March 16th, 18th, and 19th. Participation was down somewhat from last year, but we still had a good group of over 150. About 80 of the participant bowlers won a portion of the \$3,000 in prize money, with some winning in multiple events. Sadly none of the bowlers in Branch 146 were in the money.

One tournament is scheduled for May to be held at the Knotty Pine Lanes in Pollock Pines. It will be a singles and mixed doubles event on the 6th and 8th of May. If you are interested please call me.

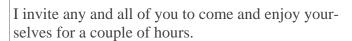
Cooking Dave Johnson



In April, we met at the home of Frank Mandic, our token Croatian. Hungerford, Spellman and Diana were annoying people elsewhere, so we were able to accomplish quite a bit. The pre-game warm-up time was its usual success and no insulting behavior was reported. Frank and Don spent most of that time, in the kitchen, mumbling to each other but Frank really dazzled us with his meal! His spring salad had an outstanding dressing that was mellow and far from being the usual vinegar and oil. Then came dinner--can't call it a lunch! Baked ham, braised carrots, decorative baby new potatoes and peas topped with a toasted mixture of parmesan, wafer crumbs and butter. Did he stop there? Nope! He finished us off with coffee and his luscious and moist homemade cheesecake, which was really super. Next month, we meet at the home of past big stir, Don Nunn.

Table Pool Bill Weinberg

1st and 3rd Monday at 11:30 am. (at Masse's 2721 N. Main, Walnut Creek)



Poker Club #1 Frank McNamee



The members of Poker Club #1 offer our sorrow and sympathy to our leader, **Frank McNamee**, for the loss of his grandson, **Will Baker**, to cancer. Thanks to **Rick Hanford** for subbing this month. In May, we meet at the home of **Dan O'Sullivan**.

John Lewis

Life is too short to waste time hating anyone



Poker Club #2 Al Zamolo



In the last SIRCall, **Chuck Bobinecz** asked if anyone knew someone who had held a royal flush. Well would you believe on our March 30th session hosted by **Al Zamolo**, that **Jim Stedman** held a natural royal flush (no wild cards). This is probably a once in a lifetime experience. **Ken Kratz** continues to be the biggest winner each month. **Ron Binder** will host our April 20th session (note date change)



Greeters Woody Williams and Jim Todhunter

Live with the 3 E's and 3 F's... Energy, enthusiasm empathy and Faith, family and friends

Area 2 Computers and Technology Group

PHIL GOFF, Chairman, 831-3692, philgoff@yahoo.com DICK CURRY, Asst. Chairman, 376-5541, racorinda@pacbell.net

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive (just off South Main.) Check out our website at http://sir-web.org/ computer

On May 21st, **Gene Barlow** will present a live "Webinar" on the topic of "Backing Up Your Hard Drive" using Acronis True Image Home 2009. The Webinar will provide you with an active view of his presentation, you will see his software products demonstrated live and you can ask questions, receiving live answers. **Gene** represents Acronis

Software and runs their user group program. He has been a presenter to the user group community for the past 25 years. **Phil Goff** is a user of this product and will keep **Gene** honest! This presentation will not be posted on our website, but to learn more go to www.ugr.com, **Gene's** web site, for more information.

A drive imaging program like Acronis True Image Home 2009 is a software utility that creates a backup image of your computer's hard drive, most commonly your system drive, but it works equally well for imaging data files. Imaging programs differ from simple data backup programs in that they can backup the Windows operating system itself and all the application programs. You can use the backup image to recover from system failures, spyware infections, viruses, installations gone wrong or any of the dozens of other things that can seriously mess up your PC.

Restoring from an image only takes a few minutes, while a full Windows re-install can take many hours or even days when you take into account re-installing application programs. That's why some experts recommend the system drive of every PC should be imaged regularly using a reliable imaging program.



Lynn and Dasha Freeman and Bob and Janet Yolland count their winnings at Couples' Bridge.

Don't compare your life with other's lives. You don't know what their journey is all about

Luncheon Attendance Bob Lyman

SIR Luncheon is the 2nd Thursday of every month at The Clubhouse Restaurant at Boundary Oak Golf Club.

May is our annual Ladies' Day luncheon on Thursday, May 14, 2009. It is not necessary to call me if you are not planning on attending, since prepayment to **Stephen Dawkins** is necessary. Please see the reservations logistics in this SIRCall or in the separate email you received.

The price for the Ladies' Day luncheon is \$27 per person. Please make check payable to SIR 146 and mail with number of tickets required and the name of each person attending the luncheon and the menu choices to **Stephen Dawkins**, 117 Alegra Lane, Walnut Creek, CA 94598. All reservations and payments in full must be received by May 5, 2009. No tickets will be sold at the door.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months will result in a letter notifying them of pending membership termination. Certification of another branch meeting will be considered as credit to the attendance record.

SIR bringing a Guest

Please call by Friday noon prior to the luncheon and leave your name and badge number and the name of your guest. Please spell the last name of your guest.

Luncheon Menu

The luncheon menu will be available on the www.sir146.com web site 7 days prior to the particular Thursday luncheon. Notification may also be provided via individual email. The May menu choices will be chicken, fish and vegetarian.

Full Table Requirements

Seating for the May Ladies' Day luncheon is limited. If you are ordering a full table or a group, send the full payment and list your companions and their menu choices on the reservation sheet sent via separate email or contained in this SIR Call.

Entertainment

The May Luncheon entertainment will be the San Ramon High School – Jazz Vocal Ensemble, a state-wide award winning group under the direction of **Ken Abrams**.

What other people think of you is none of your business

Membership Dale Hertweck



<u>Branch 146 Statistics: (For May)</u> Members 261 (including 4 HLMs), Applicant List 0, Inactive 10.

April Attendance:

Members 194 (including 1 HLM), Applicant List 2, Guest 3, Excused 55, Unexcused 9, 1 Speaker.

Total April Attendance 200.

Status Changes:

Inducted: Robby McSpadden

Added to Applicant List:

None

Added to Inactive List:

Arno Marra, Robert Bailey and Joe Himsl

<u>Resigned:</u>

Al Bond

Transferred:

From Branch #116 to Branch #146

Jim Saavedra

ROMEO



(Retired Old Men Eating Out)

Malcolm Hendry

The ROMEO group meets on the third Thursday of the month at 6:30pm at select restaurants in the East Bay.

Come join your fellow SIR members for delicious dining in a friendly and relaxed atmosphere.

On May 21st, we will dine at Zio Fraedo's, a fine continental cuisine restaurant which has been recommended by **Jeff Baily**. This is a premier authentic Italian restaurant with a large and diverse menu and full service bar. Featured dishes include veal picatta, steak & lobster, chicken cordon bleu, rack of lamb, tournedos of beef and grilled salmon.

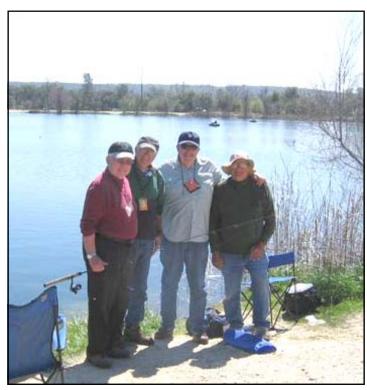
Location: 611 Gregory Lane, Pleasant Hill, Ca

94523

Web Site: www.ziofraedos.com

Phone: 925-933-9091

Please RSVP by Tuesday, May 19th.



Lake Comanche Fishing Trip
Paul Dubow, Romano Gnusti, Karl Droese
and Carl Moyer

8th Annual Ladies' Invitational Golf Tournament



Thursday June 4, 2009. Vitners Golf Club, Yountville, CA. 9:45am Putting Contest. 11:00 Shotgun start. No host bar. Chicken breast buffet to follow golf. Limited to first 64 players. \$60.00 per golfer includes 18 holes of golf, cart, buffet, prizes and putting contest. Invitees: couples will be composed of Branch 146 members with their ladies. May NCGA or GHIN indices will be used. Preference will be given to groups with ladies. Arrange your own foursomes and get your reservations in early. Sign up deadline is Thursday May 27, 2009. (First received, first served). Make checks payable to "SIR 146 Golf". Mail to Sir Lynn Freeman, 5363 Crystyl Ranch Drive, Concord CA, 94521. (925)691-1186. Flyers with reservation forms will be available at the luncheon sign in desk.

Note: **Lynn** will be out of the country from April 29th to May 12th so get your reservations in soon.

Dream while you are awake

Fishing Paul Dubow



4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy

Once again, the weather kept most of the group away from the fish. Wind and rain were downright mean to us. For example, Carl Mover and Terry Miller braved the elements from Berkelev Marina and managed to catch three halibut in the first hour with the thoughts of a big day, when the deluge enveloped them. They bore a striking resemblance to drowned rats when reaching shore. But the halibut was delicious. Joe Peterson and Lloyd West enjoyed a nicer day on the Sacramento River catching three keeper stripers and releasing a big sturgeon. Carl Moyer, Karl Droese, Romano Giusti and Paul Dubow decided to try Lake Comanche for the first time, fishing for trout. The weather was fine but the fishing was not. The other anglers sneered at Paul for using purple power bait but he had the last laugh, catching the only trout among the four members of the group. Sal Costanza of Branch 146 fished with his granddaughter from the marina at Martinez, ostensibly for stripers and sturgeon, only to find her enthralled with her catch of a starry flounder. Paul Dubow, fishing twice with Carl Mover on the Sacramento River, caught a five pound striper and then on the next outing, landed a 57 inch sturgeon which he released. But Howard **Berkman** landed a bigger sturgeon, picking up a 59 incher on another trip with Carl. The fish leaped high in the air several times, once close enough to get Carl wet. Howard rewarded the fish for its effort by releasing it. **Don Mittelstadt** fought the wind in his float tube, fly fishing at Salt Springs and caught two very big largemouth bass. On another adventure to three different lakes in the Burney area, **Don** landed some nice trout between gusts.

We will be very busy in the future with trout fishing in the eastern Sierra; tuna and billfish in Mexico; a long range ocean foray from San Diego; delta fishing for striped bass and sturgeon; trout fishing in our local lakes; and several party boat trips for halibut and rockfish.

Our next meeting will be on Thursday, May 28. If you haven't fished for awhile or if you want to try it for the first time, come to the meeting and we will set you up for a fishing adventure. Call **Paul Dubow** at (415) 495-6504 if you are interested.

Travel Opportunities Bob Spellman

May 22-25, 2009 Sacramento Jazz Jubilee. This is the top Music Festival in the country with over 100 bands to entertain you. Beyond traditional jazz, there's blues, western, ragtime, salsa, zydeco and big band music. Something for everyone. Plan on going. It'll be a very enjoyable day. Cost \$35 to \$40 per person. Contact **Bob Spellman** 934-8428.

Jun 30, 2009 Patti Page at the Grand Sierra Resort. Best selling female artist of the 1950s and one of the first female artists to cross over from country music to pop, brings her silky smooth voice to the Grand Sierra. The trip includes deluxe Motorcoach, overnight accommodations at the Grand Sierra Resort, casino stop with bonus \$6 food credit, \$5 cash. Tickets to Patti Page in the Grand Sierra showroom, Baggage handling and driver tip. Cost \$142 per person. Contact Bob Spellman, 934-8428

Jun 24-26, 2009 Boulder Creek Golf and Fun Outing. Join us for our annual golf outing at Boulder Creek. It includes 3 rounds of golf, 2 nights lodging and a banquet dinner. Golfers will have a fun time on this short but challenging course. For those not playing golf, it is a beautiful area to just relax and enjoy the surroundings. All this and it's

only 1½ hours away. Cost \$315 to \$415 per couple. Contact **Ken Richter** 925-689-6217.

Jul 29, 2009 SIR Day with the San Francisco Giants. The game has been set for the 29th with the Pittsburgh Pirates. More information to follow.

Sep 13-25, 2009 The Essence of Ireland. What separates Ireland from it's neighbors is the arresting beauty of the land, the turbulent history and the broad smile that welcomes your arrival. This 13 day trip covers Belfast, Londonderry, Westport, Galway, Killarney and Dublin. The trip cost is \$3780 per person and includes: daily breakfast, nightly hosted dinner, coach driver, guides, baggage handling airfare and transfers, plus gratuities. Contact Bob Hagler Branch 8 (925)934-8428.

Sep 24, 2009 Highlights of South Africa. On this comprehensive 19 day trip you'll discover the cultural and natural wonders of South Africa. The trip will take you to Johannesburg, Kruger National Park, Swaziland, Zululand, Wilderness, and Cape Town with optional trips to Pilanesberg National Park for a big five bush safari and Victoria Falls. Cost of the trip is \$4795 per person which includes all airfares, 17 night hotel stay, 32 meals, and 13 sightseeing tours. Space is limited so contact **Bob Spellman** to make reservations 925-934-9428

The quarterly State SIR Happenings is featured on the SIR web site at http://www.sirinc.org/ It offers additional SIR travel options.

Forgive everyone for everything



Sirs Bill Powell, John Humphrey and Bob Yolland

Away Golf Jim Baldridge



Again, many thanks for the great sign up for our Silverado Country Club Invitational Golf Tournament in Napa. We have a full field of 144 Sirs and guests. Hopefully, the weather will cooperate with a nice spring day for Monday April 27. In the unlikely event of bad weather and rescheduling, I will try to make the decision with the course and contact players early enough to avoid an unnecessary trip. Results will be published at Tuesday Golf and in our next SIR Call. Remember that we can take cancellations or substitutions up to the day of play and still refund fees. Silverado is one of the few courses that allow SIR that option. Since this is a 12 noon shotgun start, I recommend you get there by 11am or earlier if you would like to have breakfast at the new Clubhouse.

April 27 is also the first day of the SIR State event in Las Vegas. **Ron Plachy**, our Golf Chairman, is one of the Br 146 golfers who will compete there. We will check with **Ron** when he returns to get results. Check your calendar for the following events: **Ron Plachy** has details. Poppy Hills State Championship Qualifying Tournament, Thursday May 21. Lone Tree GC Antioch; 8:00 am shotgun. Team Scramble Friday July 10. Franklin Canyon GC 8:00 am shotgun. The SIR State Tournament at Reno will be June 1-5, June 8-12 and June 15-19. They will play three day scramble events each week at Arrow Creek, Wolf Run and Lakeridge.

Go to <u>sirinc.org</u> for details. Contact **Jim Hanck** to join our bi-weekly 9 hole group at Diablo Hills, Walnut Creek. You can reach **Jim** at 925-933-9505 or by e-mail at <u>jhanck@astound.net</u>.

Non-Responsibility Declaration

Rule 345: All activities arranged for or by Sons In Retirement, Inc. and its branches, are for the convenience and pleasure of the members and their guests who desire to participate.

Sons In Retirement, Inc. and its branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Tuesday Golf Ray Weisz



March 17: First Flight: Ron Binder (67), Gene Diana (67). Second Flight: Walt Busenius (69), Bill Cammerer (70). Third Flight: Dan O'Sullivan (69), Doug Cook (69). Closest to the pin: Bob White # 2, Dan O'Sullivan # 12.

March 24: First Flight: Frank Rockwell (66), John Harrington (68). Second Flight: John Demos (66), Ray Kan (69). Third Flight: Don Del Bene (70), Ralph Fowler (71). Closest to the pin: Dennis Hallett # 2, Gene Diana # 12.

March 31: First Flight: Bob White (68), Dave Steinberg (68). Second Flight: Joe Lamanna (67), Chuck Campbell (69). Third Flight: Ralph Fowler (68), Sal Costanza (69). Closest to the pin: Frank Rockwell # 2, Bill Danzig # 12.

April 7: Tuesday Golf was cancelled because of rain.

April 14: First Flight: **Bob White** (71), **Russ Bliese** (71). Second Flight: **Bob Spellman** (71), **Ken Richter** (71). Third Flight: **Dan O'Sullivan** (68), **Dun Nunn** (69). **Closest to the pin: Bob White** # 12.

Please do not put your name on the closest to the pin marker, if you are not participating in the prize fund.



Sirs Jim Stedman and Jim Saavedra

Annual Monterey Mashers Golf Tournament

The 29th Annual Monterey Mashers Golf Tournament March 25-28 was held in Monterey and the Carmel Valley. This year was the first time that it was held as a SIR activity, although for the past 9 years Br.146 members and guests have comprised essentially 100% of the group. This year 33 couples braved the stunningly beautiful weather with two days of golfing at Rancho Canada and Laguna Seca. Several couples also played Pacific Grove Golf Course on arrival day, soaking up the gorgeous views of ocean waves spraying high into the air on several holes. We had the traditional "heavy hors d'oeuvres and dessert" party the 2nd night at the Monterey Inn, followed by the traditional banquet the next evening.

Here are some of our participants with bragging rights. The men's group winners were **Walt Busenius** (1st), **Dan O'Sullivan** (2nd), **Ken Richter** (3rd- losing the tie-breaker), **Jim Stedman** (4th), **John Harrington** (5th), and **Bob Yolland** (6th-

losing the tie-breaker). The ladies' winners were **Jean Harrington** (1st, by a huge margin!), **Barbara Lundblade** (2nd), **Christy DeVoe** (3rd, losing the tie-breaker), **Carla Thompson** (4th), **Janet Yolland** (5th, losing the tie-breaker), and **Gwenn Boero** (6th). **Jean Harrington** also won the coveted annual **Warren Boero** Memorial Putter award with fewest putts for the ladies.

The absolutely longest hit of any SIR tournament anywhere was made by **Steve Dawkins**. The golf ball went over 500 yards, and on his 2nd shot! That ball traveled about 200 yards one direction, and then at least 300 yards the other direction. Yup- it caught the Hole #1 cart path and meandered all the way down the hill past the #1 green...

Next year the Mashers event will be held Sunday, March 28-Wednesday, March 31 to take advantage of lower golf rates early in the week. **Lew Thompson** will be our 2010 chairman. See you then!

Dick DeVoe 2009 Chairman



Sirs Art Trost, Bob Madge, Ernie Dickson and Malcolm "Mal" Hendry

Take a 10-30 minute walk every day and while walking, smile

May Ladies' Day Luncheon Thursday May 14, 2009

No. of tickets	_ at \$27.00 each.
Enclosed \$	
Names: (Print menu choice b	eside each name)

Menu choices: Chicken, Fish, Vegetarian

Make checks payable to SIR 146 and mail to: **Stephen Dawkins**, 117 Alegra Lane. Walnut Creek, CA 94598

The May luncheon entertainment will be the San Ramon High School- Jazz Vocal Ensemble. A State wide award winning group under the direction of **Ken Abrams**

Seating for this event is limited. All reservations and payments in full must be received by May 5. There will no tickets sold at the door. Note: If ordering a full table or a group, send the full payment and list your companions and their entrée choices on an attached sheet. Don't delay!

Walkers John Lewis



Every Friday at 9:30 am at various locales. Call **John** or just show up. Rain cancels any walk.

Walking Schedule for May Joe Schild

May 1 Alamo Plaza North Danville Blvd &

Stone Valley Rd Alamo

Meet: At Alamo Plaza Parking by Yellow

Wood

Walk: West on Stone Valley Rd North on Iron

Horse Trail

Paved Level Some Shade

Coffee Yellow Wood Alamo Plaza

May 8 Oak Park South: Oak Park Blvd Pl Hill

Meet: Oak Park Shopping Center between

Putnam & Keats

Walk: West on Oak Park Blvd Three blocks

South to CC Canal

Paved Level Some Shade

Coffee: Starbucks Contra Costa Center P.H.

May 15 Lafayette Trail West St Mary's Rd

Lafayette

Meet: At Lafayette Community Center Walk: Follow St. Mary's Rd toward Moraga

Paved Level Some Shade

Coffee: Rising Loafer Lafayette

May 22 Contra Costa Center So. Monument &

Buskirk Pleasant Hill

Meet: At parking lot by Starbucks

Walk: Four blocks east on Hookston then So.

On Iron Horse Trail

Paved Level Some Shade

Coffee: Starbucks Contra Costa Center

May 29 Heather Farms West Ygnacio Valley Rd

WC

Meet: At end of heather Farms Parking Walk: West along Contra Costa Canal

Paved Level Some Shade

Coffee: Sweet affair Ygnacio Plaza

SIR HAPPENINGS

SIR Happenings is the statewide SIR Newsletter. Just go to www.sirinc.org and click on SIR Happenings to read the current issue. You may enjoy reading about the activities of other SIR branches.

Thanks to **Bill Cammerer**, **Don Del Bene**, and **Larry Sheerin** for folding and labeling, to **Rich Ahlf** for photography, to **Bill Cammerer** for mailing, and to **Jeff Baily** for proofreading.

R CALL Newsletter

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Sons In Retirement, Inc. **63 El Molino Drive** Clayton, CA 94517-1723

sircall@hotmail.com http://www.sir146.com



Branch 146 is pleased to award **Tom Gorman** a Certificate of Appreciation for his leadership work in our branch, especially with the Golf Committee. **Tom** joined in November 1992 after he retired from Norton Containers. In 1996 **Tom** served as Assistant Treasurer and went on to become Treasurer in 1997. Also starting in 1997 he became a member of the Golf Committee and took over the extensive job of golf scheduling. **Tom** is in his 13th year of being in charge of this weekly task.