# SIR CALL Newsletter

Pleasant Hill SIR Branch 146 Volume 13 Issue 5

May 2001



### **Big Sir's Commentary :**

Sir **Ernie Figueira** is a very special guy. Not only is he the SIR State Secretary but

he is also an active participant in our branch. In the last couple of months he has worked with the post office to lower the cost of the Sir Call mailing fees, negotiated with a local business who will now pay for the cost of producing our membership roster, advised the board of directors on rule interpretations and is now working on a project that will allow us to buy computer programs almost at cost.

We are not a service club and therefore do not, as a group, perform services to our community. Recently for instance, the SongSirs performed at the Walnut Manor. It was wonderful. The guys were great and the denizens there were thrilled and delighted. But this was a community service, not allowed by SIR regulations. In another case former Big Sir Dick **DeVoe** wondered if we couldn't put a group of Sirs together to read once a week to elementary students. (Many school districts have a program like this called grandpa day or guest reading day, but none exist in our area). A great idea and one I would like personally to be involved in. Wait, that is public service, is it not? According to Sir Ernie our branch cannot, because of our charter and our insurance, be involved in service projects. But, added Ernie, there is nothing to prevent Sir Dick from putting together a grandpa reading group. It just can not be a SIR grandpa reading group. It can be "Songsters" but not "SongSirs". Many of us are already involved in service projects of one kind or another and it seems then that if a group of us decide to participate outside the SIR framework it can and should be done.

For Sale: Hummels—Largest selection ever! If it's in stock, we have it! Published For Our Members And Friends

The best classroom in the world is at the feet of an elderly person.

	Ken Beattie	Leon
	Bob Brady	Tony
Birth days	Tom Dunne	<b>Fred</b>
	Ernie Figueira	Jim A
	Herb Freeman	Larry
in	Dean Merritt	Jeff B
	Dave Obera	Joe La
May	Don Patterson	Tony
-	Dave Rasmussen	Bill R
	Ed Wojnar	

Leon Wyrick Tony DeSalles Fred Donnelly Jim Adams Larry Sheerin Jeff Baily Joe Lamanna Tony Oster Bill Root



L to R, at the March Luncheon are **Bill Moresi**, John Rose, Luther Jones, past Big Sir Charles Unfried, past Big Sir Walt Entelman, George Sleevy and Hank Berriman.

# **Bocce Ball**



Al Milano 933-3492 2nd and 4th Mondays at 9 am. Apr– Nov Concord Bocce Cts. In Newell Park Concord near the corner of Turtle Creek and Ayers Rds.

2001

May 14\*, June 11 & 25, July 9 & 23, August 13 & 27, September 10 & 24, October 8 & 22 and November 12 & 26

Our first Bocce Ball session was April 9, and turn out was poor. Lets do better on May 14 Bocce Ball play does not discriminate-ladies are welcome! Bocce Courts are in Newell Park Concord near the corner of Turtle Creek Rd. and Ayers Rd. The games start 9 am. .

\*May 28 is a holiday. There will be no play on that date.



Al Zeppa 685-8920 If you are interested in joining a team or forming your own team for this league, contact Sir Al Zeppa, league secretary.

Big Games and Series: Bob Butterfield—277/683, Ray Weiss—253/666, Dave Rasmussen—255/627, Dick Joyce— 265/678, Cal Jones—245/677, Ed Almeida— 266/671, Gus Edwards—264/652, Larry Mitchell— 258/662, Jim Chenevey— 241/641, John Miller— 236/636.

League Standings with 3 weeks left: With a record of 37-19, the Family & Friend team consisting of Captain Al Zeppa, Norrie Zeppa, Ralph D'Asto and Andy Anderson led by 1 1/2 Games. Close behind is the Silver Foxes team with a record of 35 1/2-20 1/2, captained by George Hallock. Daves Dudes captained by Dave Rasmussen and Roto Roosters captained by John Miller are tied with records of 35-21. This is going to be a close race down to the last day. The league concludes

on May 2, and the sweeper is May 9.

SIR tournaments coming up:

Tues May 1, Wed May 2, Thu May 3— Knotty Pines Lanes, Pollock Pines.

Mon May 14, Tue May 15, Wed May 16— State Bowling Tournament, Vallejo Kentwig Lanes.

## Garden Club



**Chuck Bobinecz** 939-8740 bobinecz@flash.net 4th Wednesday at 2:00 pm at Alamo Safeway unless otherwise announced.\*

We have a double header for May. On May 18th (Friday), we have a tour scheduled at one PM for the Ruth Bancroft Gardens at 1500 Bancroft, Walnut Creek. The cost is \$5 per person and wives and guests are welcome. The tour will be approximately an hour to an hour and a half. The tour will be given by **Ann Bancroft**, (do you remember that actress? ) a docent. They have requested that we give them an approximate count. Give me a call at 939-8740.

The second part of the double header will be on our scheduled meeting ( the fourth Wednesday of the month, May 23 ). **Richard Miller**, a master gardener, will tell us all we want to know about roses.

\*Note: The April 25 meeting will be held at the Walnut Creek (Thurman Casey) Library at 2661 Oak Grove Rd. just south of Ygnacio Valley Rd. at 2 pm as usual.

Item: Victorious chess team evicted from after celebrating in hotel lobby. Manager frowned on chess nuts boasting in an open foyer



### Computers

**Chris Satterthwaite** 939-7826 3rd Thursday at 1 pm at WC ELK'S Club 1475 Creekside Dr. (off S. Main)

May 17 our guest speaker will be a representative from Microsoft Corp., who will speak to us on the exciting new Office XP software. Reliability, data recovery, security, productivity, and integration are only some of the words being used to describe this application. Whether you have the latest version of Office or are interested in Upgrading an earlier version, you can get some valuable tips on this software application. Bring up questions on this or any computer problem you may have. We will also identify some interesting websites for you to visit.

Do you have one we cannot live without?

If you always do what you've always done, you'll always get what you always got...Anon E. Moose

## Cooking etc

**Don Nunn** 934-5214

donnunn@tpi.net fax 934-5559 1st Monday 9:30 am at various members' homes or at a restaurant or cooking school.

The spring dance was a roaring success. Candy sales were great for our first Branch 146 purchase direct from See's Candy.

In the Cooking Club Sir **Dave Johnson** and Sir **Frank Mandic** combined for a super Choucroute Garnie festival that was enjoyed by all with wine and good fellowship. On May 7, Sir **Dan Hungerford** will host a presentation and lecture on a surprise topic. It is mandatory that all attendees notify Dan in advance at 935-1627.

# **Duplicate Bridge**



**Bob Donahue** 376-4527 Monday following the monthly SIR luncheon at 10 am hosted by different members. Bring lunch.

SIR Lynn Freeman hosted three tables of duplicate bridge in April with Carl Johnson coming in first with 33.5 points. Fred Kovar was second with 30.5 points and Jim Brown was third with 27.5 points. The next meeting is scheduled for Monday, May 14. Contact Bob Donahue at 376-4527 for information.



Pablo

Chavez

256-8516

# Fi shi ng

Coco's Restaurant 3200 Buskirk Ave. 4<sup>th</sup> Thursday of every month at 8:30 AM, or you can call Sir **Al Brunner** (687-0594, **Sir Bob** 

Walton (930-0113), or Sir Pablo Chavez (256-8516) for a 2001 Fishing Calendar and how to get involved!

A two-day fishing seminar is scheduled for April 28 - 29 by Glory Hole Sports in Angels Camp. The seminar is open to the public, and you can learn more by contacting the Fishing Chairman. A flier for a trout fishing derby at New Melones Lake on May 5 will be circulated at the April fishing meeting. This is the last call for reserving a campsite for the May 4-6 trout fishing trip at McSwain Reservoir. Campsites have been reserved and if you are interested in going, notify SIR fishmaster Bob Walton, at 925-930-0113 soon in order to have a site reserved for you. This is also the last chance to make reservations for the May 21-25 Kokanee salmon fishing trip to New Melones. Two RV sites and one three-person cabin (one bed still available) have been reserved at Angels Camp. A fishing guide has been reserved for two days and there is room for one more fisherman at this time. Call fishmaster Al Brunner at 925-687-0594 for the May trip reservations. An identical New Melones trip is also scheduled for July 16-20. Reservations are on a first come basis and two RV sites and one three-person cabin (one bed still available) have been reserved at Angels Camp. The same fishing guide has been reserved for two days. If you are interested in going, reserve your place today by calling fishmaster Richard Fish at 925-672-8468. Come join us. Fishmaster Pablo Chavez will lead a June 6-8 fly fishing trip on the Lower Sacramento River and the trip is full. Mike Bias is the guide and at the March fishing meeting he gave an excellent preview of what can be expected on the Sacramento River. Jack Helbert, fishing chairman for Branch 128 in Danville, joined us at the March fishing meeting and told of salmon fishing spaces available with their group. They fish in the ocean on the New Fisherman III out of Berkeley once a month. The first trip this year will be May 3. If you are interested in joining them, Jack can be reached at 925-820-0925.



Golf Joe Jansen 935-6691 jjansenx@juno.com Every Tuesday at 9 am at Boundary Oak for all, and once a month away for those who sign up.

Branch 146 was represented by five golfers at the State golf tournament in Las Vegas the second week of April. **Eugene Diana** won \$139.00 in Flight A. On one of the

days **Bob Donahue** was just two inches short of being in the money for the closest to the hole. They paid four places and he was fifth. **Jim Helmick, Stan Jackson** and **Charlie Kiser** were also-rans.

March 20 First Flight: **Bill Cammerer, Jeff Baily** and **Joe Suta.** 

Second Flight: Larry Zugnoni, Howard Harvey and Bob Frankland.

Closest to the Pin Stan Jackson.

March 27 First Flight: **Olof Johansson, John Demos** and **Bill Hanson.** 

Second Flight: **Bob Coney, Stan Jackson** and **Tom Stack.** Closest to the Pin **Chuck Bobinecz.** 

April 10 First Flight: Ken Kratz, Bill Hansen and Don Nunn.

Second Flight: **Doug Cook, Jim Brown** and **Fred Bolton.** Closest to the Pin **Don Martin.** 

April 17 First Flight: **Bill Hansen, Ray Nordstrom** and **Russ Bliese.** 

Second Flight: Charlie Kiser, Howard Harvey and Bill Weinberg.

Closest to the Pin Jim Helmick.

Tuesday, May 22 SIRs will play their regular Tuesday golf at Paradise Valley GC in Fairfield at 10:15 am. Price \$36.00 includes cart. You can sign up at regular Tuesday golf at Boundary Oak on April 24 or May 1, or call Jim Baldridge at 689-9232. Signup deadline is May 3.

Item: Suicidal identical twin kills brother by mistake



### Health Matters, Physical and Mental

### **Purple Heart Medicine**

Grape juice has been shown to limit the platelets that stick to artery walls and result in plaque buildup. "If you reduce that platelet activity, you reduce the risk of heart attack", says John Folts, Ph.D, writing in the *Journal of Nutrition*.

### **Calcium Not Just For Bones**

If you're taking calcium for your bones, good for you. But don't forget you're taking it for your heart. In a study of 15,000 Norwegian adults, it was found that those who consumed the most calcium had the lowest blood pressure.

Source: Journal of Clinical Nutrition, June 2000

### Whole Wheat

It can say "hearty wheat" or "stone ground wheat" or "multi-grain wheat" but unless it says "whole wheat", its made from refined white flour. Source: *Aviation Bulletin*, February 2001

### Know Your SIR Doug Carlson

**Doug Carlson** has been a SIR member for 10 years. He is a "Berkeley boy"; born there in 1925 and schooled in Berkeley through Cal. After Berkeley High Doug started Cal in civil engineering, joined the Naval ROTC and took up residence in International House during the World War II years. A tour of duty with the Seabees ended up in Okinawa and China as W.W.II came to a close. After discharge he took advantage of the G.I. Bill and returned to Cal for another year. He was lucky enough to throw in a private pilot's license while on the G.I. bill from which the family was able to take some great trips in future years.

Doug met Nancy at a street car stop in Berkeley while commuting to Cal in his final year and they were married in

St. Paul's Church, Berkeley, working in the departments of Area cities, Doug the Korean War pregnant Nancy daughter for 18 on building a



Episcopal in 1948. After engineering several Bay was recalled for and left a and a small months to work Navy airstrip at

Subic Bay in the Philippines, finally leaving the Seabees as a Lt. in 1953.

Having bought a house in Walnut Creek in 1952, good fortune opened up the City Engineer position close to home and he was able to enjoy a short commute. In 1955, as the local area started to "take off", Doug joined the George Nolte Civil Engineering firm, opened up an office in Walnut Creek and stayed there until 1968. The office was primarily involved in subdivision lot design and construction. During this time the family stabilized to 2 boys, David and Ed, and 2 girls, Julie and Sandy. Then the next generation grew to 7 grandchildren...and then the next generation, to 2 great grandchildren. From 1968 on, Doug worked on developing several small land parcels in our area into subdivision lots and selling the lots to builders. As land became used up in our area and building moved farther out and to the east, he found himself "retired" and is now interested in the stock market, though he does that best as a "spectator" activity.

Nancy and Doug are members of the Walnut Creek Presbyterian Church, play bridge occasionally and try to keep the weeds out of the garden. Nancy is in the Walnut Creek Garden Club. Doug was active in the Walnut Creek Lions Club.

Retirement has given time for much-looked-forward-to "trips", reunions with former friends and freedom to select companions and activities of their choosing. Retirement has been a "golden years" time so far and SIR has been a central part of these years.



### Investments

Pleigh@Hotcoco.Infi.net 4th Wednesday at 7:45 am at Coco's Restaurant at 3202 Buskirk Ave. Pleasant Hill.

On Wednesday, May 23, the topic will be: "Value Investing in Today's Market" presented by **Brandon Day** of Merrill Lynch, Walnut Creek. **Dave Berry** suggests that the safest place to put your money right now is in a coffee can and bury it, and if you want to diversify, you should put it in two coffee cans. Merrill Lynch's **Brandon Day** has some better suggestions which we'll hear about on May 23. No reservation is required for breakfast or for the meeting. We are each requested to purchase a breakfast. Contact Sir **Phil Leigh** for more information.

"It's not whether you win or lose. It's whether I win or lose". *Anon E. Moose* 

### Luncheon Attendance



**Dale Haukland** 820-0189 The second Thursday of every month at 11 am at Boundary Oak.

SIR Members must call **Dale Haukland** by Friday noon before the Thursday Luncheon if you <u>are not</u> going to attend.

Waiting List men must call **Dale Haukland** by Friday noon before the Thursday Luncheon if you <u>are</u> going to attend.

Note: Unexcused absentees will be asked to pay for the lunch

"Tee your ball high. Air offers less resistance than dirt". *Jack Nicklaus* 



# Luncheon Menu

Stan Jackson 939-3314 msidorado@Earthlink.net

May Luncheon Menu

- Salad - House salad
  - Freshly baked rolls and butter

### Entrees

- Petite filet of beef with oven roasted potatoes and vegetable
- Herb crusted salmon, grilled and served with rice pilaf and fresh vegetables

### Dessert

- Daily dessert special
- Regular or decaffeinated coffee or tea



Lang Erickson 682-1337 flangley@flash.net

Membership

Inducted on 04/12/01: Robert Spellman, John Wall, Svdnev Whalen Resigned: Edward Almeidia, Chuck Jordan, Gaylord Thorne, Sherman Thornsberry Transferred: George Hallock to Br 8, Victor Kaste to Inactive

Branch 146 statistics: Members 208 Honorary Life 5 Waiting List 20 Inactive 6

932-1580

April attendance: Members 162 Honorary Life 2 Waiting List 12 Guests 3 Excused 42 Unexcused 7

Men are from earth. Women are from earth. Deal with it!



### **Fred Bolton** Party Bridge

1st Monday at 10 am at various members' homes. Bring a lunch.

The SIRS Party Bridge Group held its ladies day game at Marie Callenders on April 2. There were 7 tables. The high score was Dick Johnson and Jim Jackson with 6300 points. Second place went to Carl and Ann Johnson with 5410 points and third to Lynn Freeman and Dasha with 5220 points. Coming in fourth were **Bob and Joyce Coney** with 4910 points. Our next game will be hosted by Lynn Freeman on May 7. Call Fred Bolton at 932-1580 if interested

Em Eye See Kay Ee Why, Em Oh You Ss Ee.



Owen Sullivan 943-7998. Song Sirs Practices are held after the SIR monthly

luncheon plus once per month at Dave Obera's place at 3 pm. Singers welcome. Sullivansojanko@Aol.Com

We are busy reviewing our portfolio of 54 songs to develop an assortment that will be available for short notice performances.

Thanks to John Lewis and Joe Schild for folding, labeling and mailing, to Dick DeVoe for proof reading and to Don Nunn & Ken Kratz for taking the pictures.



#### Al Tufo Cri bbage 798-4129

2nd Wednesday at 12:30 hosted by different members

Psychiatrist: "Do you have trouble making up your mind"? Patient: "Well, um, yes and no".



Madelyn and Don Nunn sitting one out at the SIR dinner dance.

**Rollie Nordeen** 284-1199

appreciation to the SIR and their wives for their support and concern during her prolonged recovery from a broken kneecap. She is progressing nicely and will be back on the dance floor soon.

Madelyn Nunn would like to express her

sincere thanks and

Sunshine



RNordeen3@Home.com

Ernest De Roia had successful lung surgery March 16 to relieve pressure from ribs broken in a previous accident. He is doing well. Jim Stedman required surgery to relieve tendonitis in his arm, and is healing.

Sir Warren Harrison is home from a stay in the hospital. Last year Warren had brain surgery, and needs attention at times as a result of that problem. I'm sure he would appreciate a card or a call from you.

Died: Frank Boyle, one of the founding Sons in Retirement of Branch 146.

SIR Dinner Dance



Between dances are: Bill & Mary Martin and **Dave & Claire** Rasmussen



630

L, Fred Kovar & **Chuck Bobinecz** 

SIR

L.

U Ν

С

Н E 0

Ν

R, Sydney Whalen & Dick DeVoe



#### **Owen Sullivan** & Chuck O'Connor



1 to r, Paul Graham, Bob **Burley & Bryant Fischback** 



### Travel Opportunities

Charlie Kiser 274-1575 Charlieki@Webtv.net

May 17, 2001-<u>Oakland A's vs New York Yankees</u> 12:30 pm SIR Day at the Oakland Coliseum. Plaza level infield tickets at \$9 each, regular \$18. Send check payable to SIR Br 146 plus SASE, to **Charlie Kiser** 274-1575.

May 25, 2001-<u>Sacramento Jazz Festival</u> The annual SIR day is May 25. 1/2 priced tickets at \$ 17.50. Send \$17.50 per person and a SASE to **Owen Sullivan**, 148 Gordon Rd. Walnut Creek CA 94598-4802.

June 13-23, 2001-<u>Canadian Northern Rail Spectacular</u> Contact **Carl Raaka**, Branch 8, 254-0482.

June 20-28, 2001-<u>British Columbia Golf Getaway</u> Waiting list only. Contact **Charlie Kiser**, 274-1575

July 10-15, 2001-<u>Mesquite and Utah's National Parks</u> Deluxe motor coach transportation. \$294 per person double occupancy. \$95 single supplement. Contact **Carl Raaka**, Br 8, 254-0482.

July 11-13, 2001-<u>Boulder Creek Golf and Fun</u> Includes 2 nights lodging, 3 days golf, 1 dinner and \$28 food credit. Cost is \$174 for golfer and \$123 for non-golfer. Contact **Charlie Kiser**, 274-1575.

July 13-21, 2001-<u>Calgary Stampede and the Canadian</u> <u>Rockies</u> Cost \$1999 p/p. **Vic Johnson,** Br 116, 680-1501.

July 22-25, 2001-<u>Catalina Island & The Queen Mary</u> R/t air Oak to LAX. 1 night Queen Mary Hotel, 2 nights Pavilion Lodge, Catalina. Sight seeing, 2 b'fsts & 1 dinner. \$650 p/p dbl occupancy, \$200 single supp. Contact **Fred Stammen**, Br 171 2836-1956

Aug 16, 2001-<u>All SIR Day at Pac Bell Park</u>. SF Giants vs Florida Marlins. **Charlie Kiser**, 274-1575

Aug 20, 2001-<u>Danny Marona & the KT Kellman Band</u> This guy is hysterical. Feast on a great BBQ meal. \$71 covers transportation to San Rafael, food, tips and admission. Contact **Bob Hagler**, Br 8, 934-7620.

Sept 5-7, 2001-<u>Konocti Harbor Resort, Clear Lake</u> Includes 2 nights lodging, 2 rounds of golf including cart at Buckingham Golf and Country Club. Cost \$215 for golfer and \$144 for non-golfer. **Charlie Kiser**, 274-1575.

Sept 11-20, 2001-<u>Canadian Maritime Provinces</u> Cost \$2177 p/p double occupancy-\$2552 single occupancy. Contact **Carl Raaka**, Br 8, 254-0482.

Oct 12-26, 2001-<u>14 day Panama Canal Adventure</u> San Francisco to Ft. Lauderdale aboard Holland America's Veendam. Includes Cabo San Lucas, Acapulco, Huatulco, Costa Rica, Panama Canal transit Curacao and Ft. Lauderdale. Cost from \$1628 to \$2090 p/p double occupancy. Return Air to San Francisco is additional. Contact **Ron Weber**, Br 19, 689-5602.

Oct 16-23, 2001-<u>Arizona Indian Nations</u> Includes r/t air to Phoenix. 7 nights accommodations at various locations, extensive touring of the land of the Southwestern Nations American Tribes, 14 meals. Cost per person \$1557 double occupancy and \$1857 single. Contact **Fred Stammen**, Br 171, 283-1956.

Oct 20-Nov 3, 2001-<u>China and the Yangtze River</u> Includes r/t air San Francisco to Shanghai, 9 day land portion & 5 day cruise on the Yangtze River. Evening cultural performances featuring acrobats and Tang Dynasty show. Includes all shore excursions from ship. Almost all meals included during the trip. Cost \$2599 per person double occupancy. Outside cabin. Contact **Owen Sullivan,** Br 146, 943-7998.

Oct 24-31, 2001-<u>Columbia and Snake Rivers</u> 8 day cruise. Cost from \$1799. **Vic Johnson**, 680-1501.

Dec 13, 2001-<u>Beach Blanket Babylon Christmas Show</u> Deluxe bus transportation, dinner at New Pisa Restaurant. Cost \$91 per person. Contact **Bob Hagler** Br 8 934-7620.

Dec 28, 2001– Jan 5, 2002-<u>Riverboat in Paris</u> R/t air SFO to Paris. 7 nights aboard the MS Arlene, cruising. Sight seeing, all meals on board. New years dinner & celebration on board. **Bob Hagler,** Br 8, 934-7620

### Veterans

**Lynn Freeman** 691-1186 Field trips. Notification will be given.



French Certificate of Appreciation will be awarded to some Br 146 SIRS at the SIR luncheon on June 14, 2001. If you believe that you may be eligible for this certificate please contact Sir **Lynn Freeman** at 691-1186. Deptartment of Defense Cold War Certificate for service from

Deptartment of Defense Cold War Certificate for service from 1945 to 1989 is also available. Again, talk to Sir Lynn.



Luncheon attendees L to R, Dick Holmberg, Dee Dimatteo, Joe Schild, Herb Freeman, Bill Martini, Bob Krenzelok, Norm Zeppa, Al Zeppa and Doug Harris.

### Officers 2001

State President	Dwight Sale
Region Director	Robert Eden
Area Governor	Art Miller

### Branch 146 Officers and Directors

Big SIR	Bill Hansen	939-4951
Little SIR	Fred Kovar	937-2951
Secretary	Bob Yolland	932-4758
Assistant Secretary	Jim Baldridge	689-9232
Treasurer	Jim Brown	689-2797
Assistant Treasurer	Jim Adams	685-4216
Director	Pablo Chavez	256-8516
Director	Dean Merritt	671-7380
Director	Al Milano	933-3492
Director	John Miller	934-9778
Director	Dick Richmond	947-1167
Director	Hal Ruby	686-2748

#### Committee Chairmen-2001

00		
Attendance	Dale Haukland	820-0189
Audit	Roy Fredrickson	284-5623
Badges	Dick Richmond	947-1167
Badge maker	Lang Erickson	682-1337
Bocce Ball	Al Milano	933-3492
Bowling	Al Zeppa	685-8920
Bridge-dup	Bob Donahue	376-4527
Bridge-party	Fred Bolton	932-1580
Bulletin	Jeff Baily	906-0521
Chaplain	Tom Stack	846-8430
Computer	Chris Satterthwaite	939-7826
Cooking	Don Nunn	934-5214
Cribbage	Al Tufo	798-4129
Fishing	Pablo Chavez	256-8516
Gardening	Chuck Bobinecz	939-8740
Golf	Joe Jansen	935-6691
Golf Sched	Tom Gorman	685-9721
Greeters	Ernie Dickson	376-4590
Hardware	Gene Diana	510 483-7004
Historian	Glen Furlow	631-0158
Honorees	Dick DeVoe	932-5546
Investment	Phil Leigh	685-8090
Luncheon	Stan Jackson	939-3314
Membership	Lang Erickson	682-1337
Nominating	Jack Calloway	933-7998
Pianist	Dave Obera	932-2584
Radio	William Moresi	837-4645
Social	Don Nunn	934-5214
SongSirs	Owen Sullivan	943-7998
Sunshine	Rollie Nordeen	284-1199
Table Pool	Bill Weinberg	682-0962
Travel	Charlie Kiser	274-1575
Veterans	Art Trost	934-2889
Walkers	John Lewis	825-3561
Wine Tasting	Dale Haukland	820-0189
8		

#### Past Big SIR's

1989	Charles Unfried	1995	<b>Bob Walton</b>
1990	Gill Rhodes	1996	Dick DeVoe
1991	Gene Hackett	1997	Warren Boero
1992	Walt Entelman	1998	Don Nunn
1993	E (Kap) Kaprelian	1999	Dave Valladao
1994	Joe Jansen	2000	Jack Calloway



John Lewis 825-3561 Every Friday



at 9:30 am at various locales. Call John or just show up and get healthy.

May 4: Paso Nogal Trail, Pl Hill. Meet at paarking lot on Paso Nogal near Morello. This walk rained out on Apr 6.

May 11: Bear Creek Trail, Orinda. Take Bear Creek Rd. to Briones Overlook Staging Area just past Briones Dam.

May 18: Mitchell Canyon Trail. Meet at Clayton Library.

May 25: Lime Ridge open space. Meet at parking lot on Treat between Oak Grove and Cowell

Item: Eskimos drown after starting fire in kayak, after violating rule of the north:

You can't have your kayak and heat it too.

Filet of Beef\_\_\_\_\_ Grilled Salmon\_\_\_

Entrees (no. of each)

Special requirements\_\_\_\_

Make check payable to SIR 146 and mail to treasurer, **Jim Brown** 4396 N. Sugar Maple Ct. Concord CA 94521-4337.

Note: If ordering for a full table, send \$200 and list your companions on an attached sheet. Both must be received by April 26, 2001. No tickets sold at the door.

Dale Haukland 820-0189



Meet once per quarter at wineries, or at various members' homes or restaurants.

Thursday, June 28 2-4pm. At Andronico's Market in Danville, 345 Railroad Avenue, 314-4362. Featuring wine under \$12; 1 White, 1 Italian, 1 Pinot Noir, 1 Merlot, and 1 Zinfandel. \$29.99 per couple includes wine, cheese, and fruit and scheduled speaker. Make check to SIRS Branch 146 & send to **Dale Haukland** 148 Santiago Dr. Danville CA 94526.

For Sale-Cattle 6 Cows, never bred \$600. Also 1 gay bull



All smiles prior to lunch are L to R, Dave Johnson, Fred Donnelly, John Lewis, George Zunich, Dick Johnson, Bill Snyder, Jim Jackson and Lynn Freeman

We can always pray for someone when we don't have the strength to help him or her in some other way.



Sir Charles Kiser and Joyce Schilling at the recent SIR dinner dance

# SIR CALL Newsletter

Sons In Retirement, Inc. 590 Pine Creek Rd. Walnut Creek CA 94598

SirCall@Att.Net

Nonprofit Standard Mail US Postage Paid Concord CA Permit No 364

Mailed April 20,2001