SIR CALL

Published For Our Members And Friends

Volume 20 Issue 6



Big Sir's Notes

The Ladies Day Luncheon was a success with 206 attendees. The singing by 20 of the Northgate Madrigals was much appreciated. Good food...surrounded by friends ... fine entertain-

ment. It doesn't get much better than that. **Steve Dawkins** did a fine job in managing the luncheon.

We had a nice turnout for the 20th Anniversary Branch Family Day Golf Tournament. Prizes went to **Steve Dawkins** and **Diane Yorgan** for closest to the pin on hole number 2 and to twelve other Sirs (see page 10) and their invited family members for best scores. Sunrise at Boundary Oak provided delicious hors d'oeuvres as many of our golfers joined in the après golf festivities. This Branch 146 tournament on home turf was a first for us and we look forward to having another similar tournament for our members and guests on Wednesday October 15. So mark your calendar. In the meantime many thanks to the organizers of this tournament, namely **Jim Baldridge**, **Jim Burk** and **Dick Richmond**.

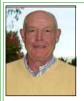
In the past few weeks, as our warm weather arrived, the rattlesnakes have also arrived. There have been sightings at Boundary Oak Golf Course so please be careful out there and for that matter, anywhere outdoors, even in your backyard.

I'm pleased to announce that we have inaugurated the Branch 146 computer classes as a new activity. Current instructors are **Lo McCarley**, **Rich Ahlf** and myself. We are looking for other instructors with software knowledge. A Beginners' course is being held through the month of May in Photoshop Elements 5. Our lead instructor is **Rich Ahlf** who retired from being a graphics artist and who used PSE 5 in his work. We will be holding more classes in the fall and will announce the schedule when it is created.

It is important to the long term health and life of this branch to continue to bring in new and younger members. Think of your friends. Wouldn't they enjoy belonging to SIR? Bring in a few as guests to our luncheon and have them fill out an application. Remember in order to get the most out of this organization, one gets out of it in relation to what one puts in Join an activity and a committee and make a contribution of your talents to the Branch.



Corrie & Susan Oranje & Darby (guide dog in training)



Little Sir's Corner

Stu Somerville

Our luncheon speaker for June will be **Harry Hubinger** our former Area Governor. He will share with us some of his "travel adventures". I am sure we all will find this to be both informative and entertaining.



Duplicate Bridge George Zunich

Our match is held each month on the Monday after the SIR Luncheon at various homes. Bring your lunch.

In May, Sir **Bob Donahue** hosted 3 tables of Duplicate Bridge at his home.

The results were as follows. **Jim Brown** and **Carl Johnson** tied for 1st Place with 28.5 points each. **Bob Yolland** came in 3rd Place with 27.0 points.

The next match will be held on Monday, June 16th. Contact **George Zunich** at 376-4439 for information. We welcome interested members.



Party Bridge Fred Bolton

1st Monday at 10 am at various members' homes. Contact Fred Bolton for details. Bring a lunch.

We played four tables of bridge at the home of **Carl Johnson** on May 5th. First place went to **Bob Donahue** with 5,110 points, second to **Lo McCarley** with 4,890 points third to **Jim Jackson** and fourth to **Bob Yolland** Our next game will be at the home of **Bob Donahue** on June 2th.

Area 2 Computers and Technology Group

PHIL GOFF, Chairman, 831-3692, philgoff@yahoo.com **DICK CURRY,** Asst. Chairman, 376-5541,

racorinda@pacbell.net

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive (just off South Main.)

We will not meet in June. Please plan to join us on July 16 as we resume our monthly meeting schedule. The topic of the July meeting will be announced in the July Newsletter.



Couples Duplicate Bridge Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.

Eight couples had a great time playing duplicate bridge on March 21st. **Stu** and **Margot Somerville** hosted the gala affair. **Carl** and **Anne Johnson** took first place with 41 points, **Lo** and **Sue McCarley** took second (38 points), **Jim** and **Allison Todhunter** (36 points) placed third, and **Stu** and **Margot Somerville** (31 points) came in fourth. **Bill** and **Margaret Rees** will host the next meeting on Wednesday, June 18th.



Ann Hallett, Vince Rettew, Tippy & Ray Weisz, Bonnie Rettew & Dennis Hallett

Garden Club

Chuck Bobinecz

1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church,1801 Lacassie Ave., in the Multipurpose Room, unless otherwise announced.



Sir **Bob Burley** has arranged a June trip to the Mt. Diablo Nursery in Lafayette. We will meet at 9:30 a at the nursery. An email map will be sent along with the address and directions to the nursery. The owner will give us a tour of the nursery and then a talk on tips for buying plants and how to plant them. Wives and guests are welcome.

Our July meeting has been rescheduled to July 24th. There will be a BBQ (11am-3pm) at the home of Sir **Chuck Bobinecz**. He will furnish the sausages and suds. Sir **Lew Thompson** is coordinating this event. Please contact him by July 17st in regards to what you want to bring. As usual wives and guests are welcome.

We are in process of planning a bus trip in September to Castello di Amorsa, a winery in Napa that was built in the form of a castle. Along the way we plan to stop at the Demptos Napa Cooperage for a demonstration of how wine barrels are made.

Garden tip of the month: If you have pets, slugs and snails, try a product called "Sluggo" which is a highly-effective slug & snail bait that can be used around pets and wildlife.

Chuck

Bocce Ball Bob Frankland

2nd and 4th Mondays at 9 am, April through November, at Concord Bocce Courts in Newhall Park, Concord, near the corner of Turtle Creek and Ayers Roads.



Been having some great games with many members showing up to play from last year. Come join us. This is an easy game to get a handle on.

Bob

STROKE:

Remember The 1st Three Letters.... S.T.R.

STROKE IDENTIFICATION:

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke... totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Thank God for the sense to remember the '3' steps, STR Read and Learn!

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S * Ask the individual to SMILE.

T * Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e. It is sunny out today)

R * Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with any one of these tasks, call 911 immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke

Stick out Your Tongue

NOTE: Another sign of a stroke is this: Ask the person to stick out his tongue.. If the tongue is crooked, if it goes to one side or the other, that is also an indication of a stroke.



Cooking Dave Johnson

1st Monday at various members' homes.

Our president was unable to attend the May meeting and, in his absence, a vote for his impeachment failed by a single vote. A recount, set for after dessert, was not held because everyone forgot. We met at the home of **Dan Hungerford**, who performed brilliantly, once again. His appetizer of chips and a Roquefort-style dip set the stage for baked ham with scalloped potatoes, applesauce, and his special coleslaw, which included the special flavor of crushed pineapple. There were insistent demands for his secret scalloped potato recipe and, when faced with physical violence, he generously agreed to share it. The meal was accompanied by French bread. Dessert was a chocolate cheese cake, which he sold by the slice. Next month, we meet at Don's, with Frank getting in the way, as usual.

Dave Johnson



Paul Dubow holds a nice 5 foot sturgeon caught while fishing with Carl Moyer in the Delta



Tres Gourmet Lew Thompson

It was a warm breezy day so hors d'oeuvres of assorted cheeses, salamis and veggies were served on the Thompson patio. A spring salad with a light vinaigrette was followed by barbequed salmon. Accompanying the salmon was a special Cajun dish of Maque Choux (pronounced Mock Shoe) and a pecan rice pilaf. Dessert was a light strawberry pie in a baked graham cracker crust. Our next meeting is at **Bill Hansen's** home.

Lew Thompson



Cribbage Al Tufo

For the first time in a long time the Cribbage Club was able to get in three tournaments. The Italian Stallion was in great form and ran away

from the field winning by four lengths. Larry Reilly, the Dublin Kid, ran second. The second and third races were won by Barney Meade who was walking and fell down and had to go to the emergency care and have some stitches put in over his left eye. We think they must have given him a shot of steroids, because he ran the best races of his life by winning the last two races. Larry Reilly managed to come in second in all three races. Next month is scheduled to be played at John Pearl's house. This will be confirmed.

CIAO TUFO

Area 2 \$ums In Retirement Dave Munson

4th Wednesday, 8:00am (breakfast starts at 7am) at the Diablo Creek Golf Course (Legends Grill), North Port Chicago Highway and Highway 4, Concord

The \$ums In Retirement investment group will meet on Wednesday 25 June at the Diablo Creek Golf Course at 8:00am. Our speaker will be Mr. **Tom Kopas** of Pring Turner Capital Group in Walnut Creek. **Tom** has been a long time speaker to \$ums and many attendees eagerly await his comments on the stock and bond markets. He will speak to us this time on the outlook for the markets at this time of volatility and uncertainty.



Sal & Shirley Costanza

Cooking Too

Don Martin

2nd Monday at Various members' homes

Members of Cooking Too met at the home of **Don Martin** May 12, for a grand feast of Chicken Scaloppini with Porcini mushrooms, roasted potatoes, and fresh asparagus. Any flaws in food preparation were conditioned by palate preparation in the form of fine wines.

A hot fudge sundae topped with crushed nuts finished the meal.



Sunshine Otto Wilson

Phone: 825-1943

E-mail: ottowilson@astound.net

Sir **Wes Hauschildt** is home recovering from knee surgery.

Sir **David Hebble** is recovering from major shoulder surgery.

Dorothy Satterthwaite wife of Sir **Chris** is home after spending recovery in the hospital from a bad fall in which she broke her hip.

Sir **Jim Helmick** continues to improve in a big way. He is at Manor Care near Rossmoor.

Cathy Binder, wife of Sir **Ron** is continuing to improve at home.

Fishing

Sal Costanza

4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy



Our speaker in May was **Bill Adelman**, retired guide, who shared his knowledge of California reservoirs and lakes. Our June speaker will be **Mark Wilson**, who will share his knowledge of trolling for stripers in the Delta. We have been very busy since the last newsletter, despite big winds. Fishing for halibut in the Bay on a partyboat were **Craig Walton**, **Joe Peterson**, **Tom Boltz**, **Harry Sheriinian**, **Terry Miller**, **Dick Thomson**, **Pete Gates** and **Carl Moyer**. The first trip was very successful, with 14 halibut and 6 stripers including a hefty 20 pound striper caught by **Terry Miller**. We had a very successful return trip to Shadow Cliffs reservoir catching over 20 feisty trout, followed by a picnic. Attending were **Harry Sherinian**, **Craig Walton**, **Joe Peterson**, **Jack Waddell**, **Joe Miscione**, **Carl Moyer**, **Tom Boltz**, and **John Hayes**.

Seven dauntless Sirs went north to Lake Almanor for 3 days of trout trolling. The first two days were sparse, but on the third day they landed some nice rainbows and browns. Fishing there were **Terry Miller**, **Craig Walton**, **Romano Gnusti**, **Tom Boltz**, **Karl Droese**, **George Schultse**, and **John Hayes**. **Craig Walton** and **Joe Peterson** fished the Sacramento River on a rare windless day for 3 stripers. **Paul Dubow** and **Carl Moyer** fished for sturgeon the same day. **Paul** caught a big 60 inch sturgeon that put up a good fight. **Karl Droese** and **Carl** fished the next day at Shadow Cliffs for quick limits of trout. **Kent Cremolini f**ished with a guide in the upper Sacramento River for a lot of stripers to 26 lbs. **Joe Miscione** had a very memorable day fishing from Kona, catching a 250 lb brassy shark, many aku, and 2 mahi mahi.

We have an exciting agenda for 2008. There will be trips to the Delta for stripers and sturgeon, fly fishing for trout in various rivers, New Melones for kokanee, Lake Tahoe for mackinaw, the Bay for halibut. A fishing group day at the races, and an evening social at an Irish pub should be fun. We are planning a lot of local outings for this year that should be productive and informative for everybody.

Next meeting will be Thursday June 26th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact **Craig Walton** (Big Fish) (925-937-4876;) **Carl Moyer** (Branch 8 Coordinator) (925-685-5243) or **Joe Peterson** (Treasurer/ Secretary) (916-777-5363.)



Table Pool

Bill Weinberg

1st and 3rd Monday at 11:30 am. (at Masse's 2721 N. Main, Walnut Creek)

The club met today, the 1st Monday of May, and it was good to see **Otto Wilson** back with us. **Joe Fuchs** and **Ken Kratz** took all the honors today and there appears to be a dynasty starting up.

Hope to see all of you at one of our get-togethers.

BOOK EXCHANGE NEWS

The Book Exchange is available to all Sirs by logging on to the website. Click on the activities link and then the Book Exchange link. It goes without saying that spouses and/or significant others are welcome to participate. A new feature will commence shortly with a monthly recommendation for your reading pleasure. Be sure to check the website periodically because the Book Exchange is updated regularly.

Reading is good for the soul--join in!

Terry Marchione

RUTH THE RESERVENCE OF THE PARTY OF THE PART

Ruth & Jim Adams



Poker Club #1 Frank McNamee

Poker Club #1 met at **Bill Cammerer's** place on May,7th. **Don Martin** subbed for **Frank McNamee** and brought good luck to **John Lewis** and **Bob White**.

Next meeting is June 11th at **Bob Frankland's.**



Poker Club #4 Chuck Bobinecz

The May 26th game is canceled (Memorial day). The June game will be at the casino del **Rich Hanford** at the usual time. For those that can't attend and get a chance to get your money back, please call **Rich** a week before the game so that he can arrange a sub. It has been rumored that Sir **Frank Rockwell** has been spotted on the TV show, World Series of Poker.

SIR 146 Computer Classes



Photoshop Elements 6 Program

ing learned something valuable.

22, 29) from 9am to 11am. Place: Walnut Creek Presbyterian Church, upstairs. Please mark your calendar now. Below is a brief description of the course content... To a beginner, Photoshop Elements is a relatively complex digital photography program and learning it can be daunting. **Rich Ahlf** is now teaching only aspects of PE 6 that SIR students want to learn. He has gone from teaching the whole program to breaking it into modules that SIR students have asked him about. For example, how do you get pictures from your camera or a CD onto your computer so that you can do things to them with the Photoshop Elements 6 program? How do you send pictures via email? How do you get rid of red eye? How do you enhance the color? How about changing the background of a picture and so on? Think about the things you'd like to change on pictures you have and then bring any questions to the Photoshop Elements class. You can even email **Rich** a photo and he'll demonstrate how to change it in class. This way you can attend a class no matter how far along it is in the program and still come away hav-

Class dates for 2008: Every Wednesday in October (1, 8, 15,

Explore and Dine John Pearl



Explore and Dine took April off, but we're starting back up in May. We now have events planned for May, June, and July. These are:

The Tao House, in Danville Thursday May 29.

The Ruth Bancroft Gardens in Walnut Creek, June 26.

The John Muir National Historic Site in Martinez July 24.

If you'd like to join us on these jaunts, please contact me.

John Pearl

mcpearl@astound.net

934-6920

SIR HAPPENINGS

SIR Happenings is the statewide SIR Newsletter. Just go to www.sirinc.org and click on SIR Happenings to read the current issue. You may enjoy reading about the activities of other SIR Branches.

ROMEO

(Retired Old Men Eating Out) Malcolm Hendry



The ROMEO group meets on the third Thursday of the month at 6:30PM at select restaurants in the East Bay. Experience delightful dining while getting to better know your fellow SIR members in a relaxed and friendly atmosphere.

On June 19th we will be dining at "(The San Franciscan)", a full serve restaurant located on" restaurant row" in the heart of Walnut Creek. It features California cuisine and a large and varied menu.

Location: 1525 North Main, Walnut Creek, Ca Web Site: http://www.sanfranciscanrestaurant.com

(includes map, directions and photos)

Phone: 925-934-4831

Please let me know by Tuesday June 17th, or preferably before, that you will join us.

If you have any suggestions or know of restaurants you would like us to try, please let me know.

We look forward to seeing you on Thursday June 19th.

20th Anniversary Members And Friends Golf Day





Travel Opportunities Bob Spellman



June 24-26, 2008 Boulder Creek Golf. Our annual trip to Boulder Creek Golf and Country Club includes 2 nights lodging, 3 days golf, and dinner on Wednesday night. Cost for two golfer package is \$420 and \$370 for 1 golfer and 1 non golfer. Contact Ken Richter 689-6217...This has been cancelled.

Oct 6-19, 2008 Danube Dream. Glide past fairy-tale castles and medieval villages aboard the ms Switzerland II riverboat traveling the second longest river in Europe. Take in views of the Czech Republic, Germany, Austria, Slovakia and Hungary. Enjoy a 2 night stay in Budapest followed by a 7 night cruise on the Danube and 3 night stay in Prague. Cost: \$3415 to \$3660. Sponsored by Branch 8. Call **Bob Hagler** for more information.934-7620

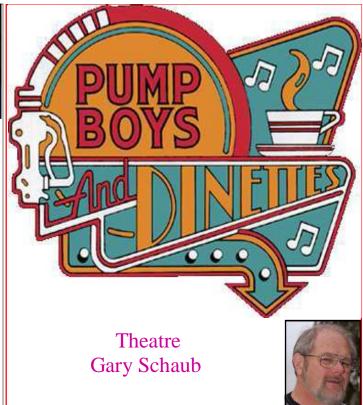
Oct 28-30, SIR 50th Anniversary in Reno. Enjoy two nights at the beautiful and luxurious Grand Sierra Resort & Casino plus an exclusive SIR 50th anniversary reception and dinner followed by a performance by world famous comedian Yakov Smirnoff. The tour features: Deluxe motor coach transportation, two night's accommodations, SIR welcome reception, exclusive anniversary dinner and tickets to Yakov Smirnoff performance, baggage handling, gratuities and taxes. Cost: \$291 pp,do. \$45 single supplement. Contact **Bob Spellman** 934-8428 for more information. Reservation Deadline is Sept 19th.

Nov 3-15, 2008 Vietnam & Thailand Gateway to South East Asia. 13 day adventure that will take us from Ho Chi Minh City (Saigon) Vietnam to Hanoi, Ha Long Bay, Chiang Mai and on to exotic Bangkok, Thailand. Trip includes round trip airfare, motor coach transportation, hotel accommodations, all tips for guides and drivers, daily breakfast, nine hosted lunches and dinner daily. Cost \$3885 per person. Contact Bob Spellman 934-8428.

Non-Responsibility Declaration:

Rule 345: All activities arranged for or by, Sons In Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate.

Sons In Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.





High Octane fun awaits at "Pump Boys and Dinettes" the next theatre party for SIR 146, on Thursday, August 14 at the Campbell Theatre in Martinez.

The "Pump Boys" are the fine tuned filling station fellas who sell high octane on Hwy 57 in Grand Ole Opry country, and the "Dinettes" are the table-waiting, toetapping lovable **Cupp** sisters (**Prudie** and **Rhetta**) who run the Double Cupp Diner next door.

Together they fashion an evening of high energy songs that received unanimous raves on and off Broadway. You'll love their performances on guitars, piano, bass and, yes, kitchen utensils! This show's more fun than buying a gallon of unleaded!

Tickets for "Pump Boys" are \$19 per person. Send reservations and checks (payable to SIR 146) to Gary Schaub, 1758 Candelero Ct, Walnut Creek 94598, or call 938-5454 for additional info. Limited number of tickets available. Reservation deadline is July 10. Tickets will be distributed at the door at Campbell Theatre, 636 Ward Street (at Estudillo St.), in Martinez.

Gary F. Schaub, Theatre Chair SIR 146

Luncheon Attendance Glen Renk

SIR Luncheon is the 2nd Thursday of every month at the Sunrise at Boundary Oak Restaurant



Membership Jim Jackson



Call me by Friday noon prior to the Luncheon at 672-7860 if, for any reason, you are unable to attend. If I am not home, leave your name, badge number and phone number. Be sure you call!

Waiting List:

If you are going to attend, you must call by Friday prior to the Thursday Luncheon.

Sir bringing a guest:

Call by Friday prior to the Thursday Luncheon and leave your name and the name of your guest.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months shall be notified by letter of their pending membership termination. Certification of another Branch meeting will be considered as credit to attendance record.

Luncheon Menu

Spinach Salad with Olives, pickled Red Onions, Feta Cheese and Red Wine Vinaigrette

Chicken Marsala or Red Snapper with Pineapple Mint Salsa.

Mashed Potatoes

Apple Crumb Crisp

Branch 146 Statistics:

Members 253, HLMs 4, Waiting List 10, Inactive 8.

May Attendance:

Members 103, HLMs 1, Waiting List 0, Ladies 102,

Excused N/A, Unexcused N/A. Total May Attendance: 206.

Status Changes: Inducted: None

Added to Waiting List: Walter Busenius

Inactive: None

Resigned: Don Patterson, Ron Morrison

Current Waiting List (prioritized):

Stan Matsumoto, Robert Abegg, Bill Ennis, Durwood Williams, William Holly, Jerry Berggren, Donald Fitzgerald, Ronald Louis, Siegfried Kalteis, and Walter Busenius.



The Northgate Madrigals Singers

Tuesday Golf Ray Weisz Latest Tournament Results

April 22: First Flight: **Bob White (66), Bill Hansen, Joseph Fuchs,**

Second Fight Bob Royster (64), Ron Plachy, Olof Johansson.

Closet to Pin Leroy Vincent # 2, & Ron Plachy # 12

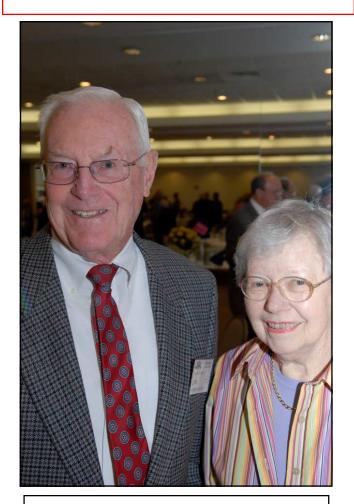
April 29: First Flight: **Bill Cammerer(67), Ken Beattie, Lew Thompson,**

Second Fight: Bill Boyd (70), Olof Johansson, Ernie Dickson. Closet to the pin Larry Sheerin # 2, Olof Johansson # 12

May 6: First Fight: Larry Sheerin (67), Russ Bliese, Bob Royster,

Second Fight Ray Kan (72), Ernie Dickson, Pablo Chavez.

Closet to pin **Steve Dawkins # 2 & Ron Binder # 12**



Ernie & Flo Dickson



Away Golf

Jim Baldridge

Our Br 146 20th Anniversary Family & Friends Golf Day took place May 14. We had 57 members and guests play in a family fun Callaway scored event. Winners for the men were 1st Kevin Cook, 2nd Steve Dawkins, 3rd Dan O'Sullivan, 4th Mike Mitchell, 5th Joe Fuchs, 6th Paul Madsen, 7th Larry Sheerin and closest to the pin Steve Dawkins. For the women 1st Anne Burk, 2nd, Peggy Shoemaker, 3rd Judy Baldridge, 4th Diana Yorgan, 5th Margot Somerville and closest to the pin Diana Yorgan. Over 60 members and guests attended the social gathering after the tournament to recall every shot and explain why they didn't finish in the money.

Many thanks to Big Sir **Jeff Baily** and **Dick Richmond** for setting up the event and to **Jim Burk** for making tournament arrangements with Boundary Oak Golf Course and doing all the work to calculate Callaway scores for all the golfers.

Franklin Canyon Golf Course was the venue for Area 2 golfers competing in the State Poppy Hills Individual Qualifier round held on May 15. Nine of our Branch 146 golfers joined a field of nearly 100 as 5 branches battled for spots to go on to the next qualifying level at Boundary Oak on August 27. Six of our Br 146 golfers finished in the top 6 in their flights. Jim Burk was 3rd in the 1st flight; Joe Fuchs was 1st in the 2nd flight, Jim Stedman was 6th in the 2nd flight. Ron Plachy finished 2nd in the 5th flight; Ken Richter was 2nd in the 6th flight and Dick Richmond finished 4th in the 6th flight.

Our next Br 146 Away Golf tournament will be at Hiddenbrooke Golf Course in Vallejo on Thursday July 17. The cost is \$42 for SIRs competing in the prize fund and \$40 for guests or SIRs not competing for prizes. Flyers will be out at Tuesday Golf and at our luncheons. If you want to play Hiddenbrooke and don't have a flyer, just give me a call or e-mail me. I will need to pay this course ahead of the event so please get checks to me no later than July 7. Questions: Jim Baldridge 925-689-9232 or Dick Richmond 925-947-1167.

Jim



Ray Weisz, Sharon & Mike Varner & Madelyn Nunn



Mary Ann Del Bene, Donna Strong & Sue Sheerin



Ollie Sharretts, Dorothy Powell & Mari Schild

Walkers

John Lewis Every Friday at 9:30 am at various locales. Call John or just show up.



Rain cancels any walk.

May walks planned by Martin Lyle

June 6

Alamo New Life Church South Danville Blvd. Danville

At back parking area Meet: Walk South on Iron Horse Trail Paved Level Some shade Coffee at Yellow Wood - Alamo Plaza

June 13

Walden Park West Oak Road Walnut Creek

At Walden Park parking Meet: Walk: West along Contra Costa Canal Paved Level No shade Coffee at La Scala Civic & Locust

June 20

Oak Park South Oak Park Blvd. Walnut Creek

Meet: At Oak Park Shop Center, w/ of Putnam Walk: South along Contra Costa Canal Level Some shade Paved Coffee at Sweet Affair . Ygnacio Plaza

Markham Tree Walk: Treat Blvd. Near Clayton Rd. Concord

Meet: At Coco's back parking

Walk: Starts at back west corner of parking Not paved Level Shade

Coffee at Coco's

Thanks to Bill Cammerer, Don Del Bene, and Larry Sheerin for folding and labeling, to **Rich Ahlf** for photography, to Bill Cammerer for mailing, and to Jeff **Baily** for proofreading.

SIR CALL

Newsletter

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Sirs Group tour to Bay Model led by Bob Spellman