



Garth Cummings

Big Sir's Notes

The branch enjoyed a very successful Ladies Day in May and I want to thank **Jim Todhunter** for his tireless efforts in setting up the luncheon and to **Jim Stedman** and **Bill Hansen** for arranging to have the Clayton Valley Women's Ensemble Choir provide entertainment. We had 259 in attendance and I think all enjoyed the day. Now that the weather has turned warm, we can enjoy our many outdoor activities such as golf, hiking, bocce ball, fishing and gardening. Many of us participated in a trip to Ireland and Scotland in May arranged by our Travel Chair, **Bob Spellman**. The Garden Club enjoyed an outing to the Berkeley Botanical Gardens in April. A trip to River Rock Casino is scheduled for July 20 and SIR Day at the San Francisco Giants ballpark is scheduled for June 21. These and many other travel activities for all tastes and budgets, both local and abroad, are available now that the travel season is here. Look in your issue of SIR Call for a list of all our activities, both indoor and outdoor. All of us enjoy our monthly luncheons and are eager to attend. Except for the May Ladies Day lunch and December Christmas lunch our luncheons are preceded by a Branch Executive Committee meeting. The Executive Committee meetings start at 9:30 am and the pre-luncheon (attitude adjustment hour) activities start at 11:00 am. Blake's has requested that we arrive no earlier than 9:15 am for the Executive Committee meetings. Those coming for the luncheon should arrive no earlier than 10:45 am except for those who need to set up. This will give both Blake's and our members collecting money and handling badges a chance to get ready. We would expect that all luncheon participants will arrive before 11:30 am so that those collecting the money have a chance to enjoy the luncheon. Our next luncheon is on June 8. Hope to see you there.



Jim Stedman

Little Sir's Corner

The speaker for June will be **Gary McHenry**, Superintendent of Schools for the Mt. Diablo Unified School District. He will talk about the major education issues facing the district at this time.

Bocce Ball **Bob Frankland**

2nd and 4th Mondays at 9 am, March through November, at Concord Bocce Courts in Newhall Park, Concord, near the corner of Turtle Creek and Ayers Roads.

We had our first get together on the courts this year on May 8th with 10 players. It was a beautiful sunny morning. We played two games and split one apiece. We usually finish by 11:00am so come join us.



Cooking and Social **Don Nunn**

1st Monday at various members' homes.

We met at the house of our true Gourmet, **SIR Dave Johnson** for one of his signature unique luncheons.

We started off with a sip of wine and continued with House mixed green salad with his special secret dressing! The main course of Cinnamon Chicken, couscous and dried fruit was accompanied by Braised asparagus.

We finished off with Blackberries in creamy honey sauce. Mmmmm!

We will meet at the abode of **SIR Frank Mandic** on the first Monday in June. Please phone him if you plan to attend.

Save the first Wednesday of October for the dance! (That's October 4)

Songsirs

Bill Rees

The SONGSIRS are currently in a practice maintenance schedule which will revert to a performance schedule mid June. We will meet for practice on June 7, 21, 28 and again on July 12 at 3pm at the W.C. Presbyterian Church. Interested Branch 146 singers not currently involved with the SONGSIRS should contact me, any current SONGSIR or just show up.





Duplicate Bridge **George Zunich**

Here are the results for May in our Duplicate Match.

Sir Jim Brown hosted four tables of Duplicate Bridge in May.

Jim Stedman was first with 37.0 points

Carl Johnson was second with 35.0 points.

Rich Ahlf and **George Zunich** tied for third with 34.5 points.

The next meeting is scheduled for Monday, June 12th.

Contact **George Zunich** at 376-4439 for information



Cribbage

Al Tufo

Boy oh Boy, was it tough on the Italian Stallion last week when the Cribbage Club got together for our monthly tournament. After all the rain we had the last couple of months, the sun finally came out. All the arthritis, lumbago and pleurisy that was affecting the performance of the other players has disappeared. Each and every one of them was eager and ready to challenge the I.S. in every race. Cribbage was hosted by **Bryant Fischback**, and as luck would have it, Trudy's shoulder was much better and she baked us a Merian Berry Pie that was fit to die for. **Langley Erickson** came in first followed by the Italian Stallion. The second tournament was won by **Larry Reilly** followed by **Bryant Fisback**. Next month will be hosted by **Al Tufo** and the best store bought desert will be served.

CIAO Tufo

Bowling

Larry Mitchell



The SIR Winter Bowling League was concluded on May 3, and ended with a play-off between "Team No. 3" and the "Rotoroosters".

The, "Rotoroosters", an all Branch 146 team, lost but are to be congratulated for winning the first half. The team is composed of:

John Miller, Wes Hauschildt, Tom Lindeland, and Maurice Mitchell.

Table Pool **Bill Weinberg**

1st and 3rd Monday at 11:30 am.
(at Masse's 2721 N. Main, Walnut Creek)



The Table Pool Club had their Meeting last Monday and had 5 tables of play. Our next meeting will be on June the 5th, hope to see you there.....

Bill

Area 2 Computer and Digital Photography Groups

Floyd Skelton 838-2515, f.skelton@sbcglobal.net

Dick Curry 376-5541, racorinda@pacbell.net

Phil Goff Digital Photography , philgoff@yahoo.com

Thursday, June 15 - "Family Tree Maker 2006 – or How Do I Organize All That Stuff Anyway?" **Bob Wolf** (Branch 116), president of the Mt Diablo Genealogy Society, will do a follow-up to his very informative genealogy presentation last November. Bob's presentation will cover the use of Family Tree Maker 2006 to record, document and present information about ancestors. It will also contain information regarding the inclusion of other documents and photographs to enhance the reports.

Meetings of the SIR Area 2 Computer Users Group, and SIR Area 2 Digital Photography Group are held the 3rd Thursday of each month (except December) from 9:30 to 11:30 a.m., at the Social Hall of the Walnut Creek United Methodist Church, 1543 Sunnyvale Ave. (off N. Main, one block north of the Treat/Geary/ N. Main intersection).

The Digital Photography Group meets the first month of each quarter (January, April, July, and September) and the Computer Group on the 2nd and 3rd months of each quarter. All SIR members are invited to attend these informative sessions. For more information please visit our web site at: <http://www.sir-web.org/computer>

Couples Duplicate Bridge **Lo McCarley**

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.



Bill and Margaret Rees hosted a gala evening of duplicate bridge on May 17. All eight couples had a great time and the winners were **Lo and Sue McCarley** with 37 points. **George and Tamara Judson** came in second with 35 points and **Stu and Margot Somerville** tied with **Carl and Anne Johnson** for third place with 34 points. **George Zunich and Tamara Judson** will host the next bridge on June 21st

Fishing

Sal Costanza

4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy



June fishing report:

June's Area 2 fishing meeting will be held on the third Thursday (the 15th) instead of the fourth. There should be some interesting reports coming from those who went on the Lake Almanor trip. See you there.

(I'll be gone the months of July and August. I'll try to get someone to sub for me).

Sal

Theatre

Bill Hansen



Laughter on the Twenty Third Floor will be presented by the Walnut Creek Rep. on Thursday June 15, 2006 at 8pm.

Tickets will be twenty five dollars per person .

Make Checks out to Sir 146 and send to **Bill Hansen**, 3098 Manzano Drive, Walnut Creek, 94598.

Garden Club

Chuck Bobinecz



1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church, 1801 Lacassie Ave., Room 305, unless otherwise announced.

Our June 1st meeting will be at the home of **SIR Fred Bolton** starting at 9:30 am. Fred will give a talk on summer pruning.

The July 6th meeting is changed from the first Thursday to Monday July 10th. There will be a BBQ (11am – 3pm) at the home of **Chuck Bobinecz**. I will furnish the sausage and suds. **Sir Doug Cook** is coordinating this event. Please contact him by July 3rd in regards to what you want to bring. Wives and guests welcome.

Garden tip of the month: Fertilize the right way in your vegetable garden. Leafy vegetables (lettuce, etc.) like higher nitrogen than tomatoes, peppers and root crops. Given the same dose as leafy vegetables, may give you lush green growth but not many tomatoes, peppers or carrots. In addition to the big three fertilizer elements (nitrogen, potassium, phosphorus) there are dozens of micronutrients (boron, calcium, copper, etc.) that plants need in different amounts to thrive



Kim & Dan Meckfessel

The only problem with golf is that the slow people are always in front of you and the fast people always end up behind you.



Health Matters Physical and Mental

The following articles were copied with permission from the *University of California Wellness Letter*. 1-800-829-9170

These articles are not intended to provide specific medical advice. That should be obtained from your physician.

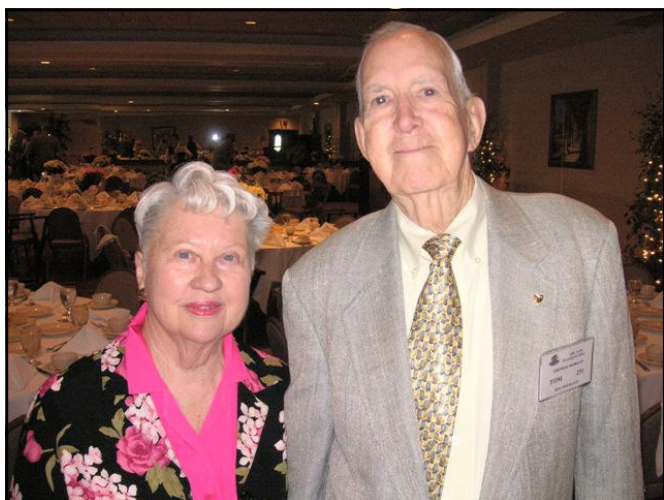
Wellness Made Easy

Be careful when driving in or alongside an HOV lane on the highway. Such high-occupancy vehicle lanes can boost accident rates, according to the *Wall Street Journal*. The number of HOV miles has quadrupled since 1990. One problem: drivers may illegally go back and forth between regular and HOV lanes, which are generally separated only by a narrow painted buffer zone (just 10% are separated by a concrete barrier). In addition, when HOV drivers try to exit, angry drivers stuck in traffic may not allow them back into the regular lanes. This, too, can cause crashes.

If you suspect that someone is having a stroke, ask the person to do three things: smile, raise both arms and keep them up and speak a simple sentence coherently. If the person has difficulty performing any of these tasks, call 911 right away. This quick test, presented at the International Stroke Conference this year, helps identify facial weakness, arm weakness and speech problems, which often occur with strokes. Get emergency help also if the person is experiencing sudden confusion, trouble seeing in one or both eyes, difficulty walking, leg weakness or numbness, dizziness, loss of balance, or a sudden severe headache...even if the symptoms last only a few minutes. The earlier medical treatment is started after a stroke, the better the chance of recovery.

Drink plenty of fluids when exercising or working outdoors in cold weather. It's easy to become dehydrated in cold weather because of the water you lose from breathing, sweating and stepped-up urine production. In addition, the cold actually impairs the thirst mechanism, so people tend to drink less, according to recent research from the University of New Hampshire.

Eating fish may help prevent colon cancer, according to the ongoing European Prospective Investigation into Cancer (EPIC) study, which has followed hundreds of thousands of men and women from 10 European countries since 1992. Those who ate 10 to 20 ounces of fresh, canned, salted or smoked fish a week were about 30% less likely to develop colon cancer than those eating less fish. Omega-3 fatty acids in fish possibly inhibit the cancer process, the researchers note. In contrast, a high intake of red and processed meat was associated with increased colon cancer risk...as was also seen in many earlier studies. Chicken and turkey had no effect.



Marcy & Tom Morgan

Reel - A weighted object that causes a rod to sink quickly when dropped overboard

Investments

Ben Smith

4th Wednesday, 8:00 am at Diablo Creek Golf Course (Legends Grill), North Port Chicago Highway and Highway 4, Concord.

The June meeting of \$ums In Retirement will be held on Wednesday, June 28, 2006. The meeting will be held at Diablo Creek Golf Course (The Grill Room) located at the northern intersection of Hwy 4 and Port Chicago Hwy., Concord.

We have breakfast at any time after 7am and the meeting starts at 8am. All SIR members and their guest are welcome to attend and NO reservations are required. We order off the menu.

We plan to have a round table type meeting with discussion of items that our members have identified of special interest to the group. Bring your questions and ideas as this should be a lively and interesting session. Your humble Chairman (**Ben Smith**) will be putting together an outline of topics that the group can have some fun with.

If you have any questions or need additional information, contact **SIR Ben Smith** at 925-820-5403 or e-mail bjsssmith@aol.com

Wine Tasting ... Dale Haukland

Wine Tasting & Blending Bus Trip



On April 26th the Wine Tasting Group headed to the Livermore Valley to Murrieta's Well Winery to learn the art of wine blending. **Graham Ball**, the Retail Sales Manager expertly guided the five tables of eager Sirs and their spouses through the processes. It was a lively, laughing, session. We told Graham we would sell our winning blend to him and Murrieta's Well, but he didn't seem worried that we would be competition.

Next it was on to Wente Estates Winery for a gourmet lunch under the trees, an informative tour of the processing facility, and a tasting with Annie. By now it was a lively group!

Thank you to **Graham** and **Annie** for a fun and educational day. Most people were observed leaving both wineries with a few bottles for their cellars.

Our next wine tasting event will be scheduled for this fall. In the next few months of summer, enjoy our local wine areas of Livermore, Napa, Sonoma, Lodi and the foothills. Cheers.

Away Golf

Jim Baldrige



Questions: **Jim Baldrige** 925-689-9232
e-mail: jimjudy39@aol.com

The area 2 Governors Cup Tournament was held Wednesday April 19. Walnut Creek Branch 8 prevailed in a field of five branches in the competition. Br 146 did not place as one of our players sprained a foot and did not finish.

After a rain delay and a reschedule we played the Silverado CC Br# 146 Invitational on Monday, April 24. Congratulations to the winners. 1st place, **Jim Willey** Br 19, 2nd place **Ray Weisz** Br 146, 3rd place **Ron Webber** Br 19, 4th place **Bob Yolland** Br 146. **Jack Calloway** Br 146 took closest to the pin honors. Refunds for players who signed up but did not play were either mailed or put in the Tuesday Golf Prize envelope. If you signed up but did not play and have not received a refund, contact **Walt Barabash** 935-2964.

The Area 2 Qualifier for the SIR State Poppy Hills tournament is being played Thursday May 18. Br 146 is sending 11 players. Results will be published at Tuesday Golf and in the next Sir Call.

SIR State Golf is holding the Reno Tournament the weeks of June 12 to June 26 and June 19 to June 23. See **Dick Richmond** or the sirinc.org state website for details.

Our next Br #146 Away Golf is at Shadow Lakes/Brentwood on Thursday, June 15 at 10:00am. Cost is \$39 (green fee/cart) for SIR's competing in the prize fund or \$37 for guests or those not competing for prizes. All but two slots are filled, so, if you gave me your name and want to play, get your check to me NLT June 5. I will be away on a SIR trip to Ireland/Scotland May 20 to June 3. Questions: **Jim Baldrige** 689-9232

Luncheon Attendance **Bill Root**

SIR's Luncheon 2nd Thursday of every month at Blake's Restaurant, Boundary Oak



Call me by Friday noon prior to the Luncheon at 943-6194 if, for any reason, you are unable to attend. If I am not home, press 3 and leave your name, badge number and telephone number. **Be sure you call!**

Waiting List:

If you are going to attend, you must call by Friday prior to the Thursday Luncheon.

SIR's bringing a guest:

Call by Friday prior to the Thursday Luncheon and leave your name and the name of your guest.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months shall be notified by letter of their pending membership termination. Certification of another Branch meeting will be considered as credit to attendance record.

Luncheon Menu

*House salad, freshly baked rolls and butter

*Entrees including vegetables

- Chicken Marsala with buttered noodles

- Baked Mahi-Mahi with pineapple relish

and potatoes

*Daily dessert special, Regular or decaffeinated coffee and tea



Membership

Jim Jackson



Branch 146 Statistics:

Members 240, HLMs 5, Waiting List 10, Inactive 4.

April Attendance:

Members 128, HLMs 0, Waiting List 2, Ladies 127, Excused N/A, Unexcused N/A.

Total April Attendance: 257.

Status Changes:

Inducted: None

Added to Waiting List: None (a moratorium is currently in effect on the WL).

Inactive: None

Resigned: None

Withdrew: None

Current Top 30 Man Waiting List (prioritized): **Robert Lipscomb, Teddy Coggiola, Charles Koeber, Steve Loftin, Terry Marchione, Winslow Ferrin, Louis Balbi, Ray Spears, Robert Darius, Joseph Fitzsimmons**

Party Bridge **Fred Bolton**

1st Monday at 10 am at various members' homes. Bring a lunch.



We had four tables of party bridge at the home of **Bob Donahue** on May 1st. **Jim Jackson** was first with 7180 points, **Dick Devoe** was second with 6040, followed by **Chuck Hammond** and **Jim Stedman**. Our next game is Ladies Day at Marie Callender's on June 5.



Ken Kratz and Marilyn

The Lone Ranger and Tonto stopped in the desert for the night. After they got their tent all set up, both men fell sound asleep.

Some hours later, Tonto wakes the Lone Ranger and says, "Kemo Sabe, look towards sky, what you see?"

The Lone Ranger replies, "I see millions of stars."

"What that tell you?" asked Tonto.

The Lone Ranger ponders for a minute then says,

"Astronomically speaking, it tells me there are millions of galaxies and potentially billions of planets. Astrologically, it tells me that Saturn is in Leo. Time wise, it appears to be approximately a quarter past three in the morning. Theologically, it's evident the lord is all-powerful and we are small and insignificant. Meteorologically, it seems we will have a beautiful day tomorrow. What's it tell you, Tonto?"

Tonto is silent for a moment, then says, "Kemo Sabe, you dumber than buffalo. It means someone stole tent!!!"



Sunshine **Otto Wilson**



Phone: 825-1943, e-mail:

ottowilson@astound.net

Sir Richard Johnson, who had hip replacement last month, was recovering at home when he fell and broke the leg that had the replacement. What luck!!! He is again recovering but not feeling that well. **Sir Bob Schroder** had by-pass surgery on the morning of May 10th. As of Sat, May 13th, he is still in intensive care at John Muir and according to his wife Frances, he is doing well. He will probably be at John Muir for some time. **Sir Owen Sullivan**, residing at San Miguel Villa has changed rooms. He is now in room 115. Phone is 609-7423. He would appreciate visitors.

Travel Opportunities

Bob Spellman



Jun18-27,2006 **Nova Scotia & Prince Edward Island.**

This 10 day trip includes R/T Airfare, first class hotels, daily breakfast, 7 dinners, professional tour director and Deluxe motorcoach. Cost \$2750 per person.

Contact **Carl Raaka** Branch 8 @925-254-0482.

Jun 21, 2006 **All SIR Day at AT&T Park** .Watch the San Francisco Giants battle the AL Western Division Champions, L.A. Angels. Game starts a 12:35 with choice of Lower Box, View Reserved Seats, and Leftfield Bleachers Seats.

Contact **Charlie Kiser** 274-1575.

Jul. 20,2006 **Trip to River Rock Casino** in Geyserville, CA.

The package includes

Roundtrip transportation on a private luxury motorcoach, \$20.00 CASH BACK, Free membership to River Rock Casino Players Club, and 5 hours of Las Vegas style gambling.

Cost \$24.00 per person.

Contact **Charlie Kiser** 274-1575.

Jul 30, 2006 **Coastal Repertory Theatre** has provided the coast with quality theatrical entertainment for years. This Day Trip to Half Moon Bay includes a Matinee performance of South Pacific, hosted lunch at Miramar Beach Resort, taxes and gratuities and motorcoach transportation.

Cost \$78.00 per person.

Contact **Carl Raaka** Branch 8 @ 925-254-0482.

Oct 23-Nov 5, 2006 **Eastern Mediterranean & the Greek Isles.**

A 12 night Greek Isles cruise sailing from Istanbul, Turkey to Athens Greece on board Oceania Cruises' Nautica: Ports will include Kusadasi, Turkey, Rhodes, Delos, Mykonos, Santorini, Kotakolon, Corfu, Greece and Dubrovnik, Croatia.

Cost from \$3364 to \$5036 p/p d/o.

Contact **Bob Hagler** Branch #8 @ 925-934-7620

Mar 16-Apr 1, 2007 **The Best of Spain & Portugal.**

A 17-day tour featuring Madrid, Salamanca,Oporto,Lisbon Seville, Costa Del Sol, Mijas, Granada, Valencia and Barcelona.

Included are all transfers, airfare, hotels, daily breakfast, 7 hosted dinners , deluxe motorcoach, tips for driver, guides and tour manager. Baggage handling, Cost \$3675 p/p d/o.

Contact **Bob Hagler** Branch #8 @ 925-934-7620.

Sep 24-Oct 10, 2008 **SIR 50th Anniversary Cruise to Hawaii.**

This exclusive round trip from San Francisco aboard Celebrity's luxurious SUMMIT will take us to the Big Island, O'ahu, Kaua'i and Mau'i. This event is for all SIR Members, their family members and

SIR Member guests. This 17 day round trip includes too many features to mention. Cost from \$2759 to \$7283 p/p d/o. Contact **Bob Spellman** 934-8428 for more information. It's sure to be a very popular Cruise, so get your reservations in early to insure the cabin location of your choice. A low \$100 deposit required is fully refundable until the Charter is confirmed



Poker Club #1

Frank McNamee

The host for our gathering in May was **Bob White** who was also one of the two smilers when the chips were counted at the end of the game. The other smiling face belonged to **Bill Cammerer** who will be hosting our game in June.

Tuesday Golf Walt Barabash

Latest Weekly Tournament Results



Weather has improved for golf. We had four tournaments this month.

April 18 First Flight: **Joe Barry, Ron Binder** and **Jim Stedman**. Second Flight: **Don Nunn, Dan O'Sullivan** and **Bob Spellman**. Closest to the Pin for Hole No. 2: **Jim Stedman**. Closest to the Pin for Hole No. 12: **Jim Baldridge**. Low Gross was made by **Ron Binder** and **Jim Stedman** at **87**.

April 25 First Flight: **Ron Binder, Ken Kratz** and **Bill Cammerer**. Second Flight: **Ray Weisz, Pablo Chavez** and **Ern Dickson**. Closest to the Pin for Hole No. 2: **Larry Sheerin**. Closest to the Pin for Hole No. 12: **Bill Cammerer**. Low Gross: **Ron Binder** at **81**.

May 2 First Flight: **Ron Binder, Gene Diana** and **Leroy Vincent**. Second Flight: **Ray Kan, Bob Wheaton** and **Bob Spellman**. Closest to the Pin for Hole No. 2: **Jim Kohl**. Closest to the Pin for Hole No. 12: **Myles Ringle**. Low Gross: **Ron Binder** at **83**.

May 9 First Flight: **Bob Yolland, Myles Ringle** and **Jim Burk**. Second Flight: **Sal Costanza, Jim Brown** and **Bob Spellman**. Closest to the Pin for Hole No. 2: **Pablo Chavez**. Closest to the Pin for Hole No. 12: **Ron Plachy**. Low Gross: **Steve Dawkins** at **76**.

SIR State Officers		
State President	Robert Curley	209-549-0792
Region Director	Glen Schimelpfenig	510-523-4673
Area Governor	Harry Hubinger	837-4381

Branch 146 Officers and Directors		
Big SIR	Garth Cummings	820-0745
Little SIR	Jim Stedman	932-1636
Secretary	Jeff Baily	906-0521
Assistant Secretary	Stu Somerville	944-0738
Treasurer	Jim Todhunter	283-3974
Assistant Treasurer	Chuck Bobinecz	939-8740
Director	Pete Gates	937-2035
Director	Dennis Hallett	943-1447
Director	Frank Rockwell	943-7743
Director	Lew Thompson	686-6880
Director	Mike Varner	938-3778
Director	Al Zamolo	932-7924

Past Big SIR's	
1989	Charles Unfried
1990	Gill Rhodes
1991	Gene Hackett
1992	Walt Entelman
1993	Kap Kaprielian
1994	Joe Jansen
1995	Bob Walton
1996	Dick DeVoe
1997	Warren Boero
1998	Don Nunn
1999	Dave Valladao
2000	Jack Calloway
2001	Bill Hansen
2002	Fred Kovar
2003	Bob Yolland
2004	Doug Cook
2005	Ray Kan

Committee Chairmen		
Attendance/Lunch	Bill Root	943-6194
Audit	Bob Schroder	934-4703
Badges	Ken Richter	689-6217
Bocce Ball	Bob Frankland	284-7222
Bowling	Larry Mitchell	798-5440
Bridge-couples	Lo McCarley	935-3939
Bridge-duplicate	George Zunich	376-4439
Bridge-party	Fred Bolton	932-1580
Candy Sales	Mitch Mitchell	686-0537
Chaplain	Chuck Eichten	673-7215
Cooking	Don Nunn	934-5214
Cooking Too	Rich Hanford	933-9237
Tres' Gourmet	Frank Rockwell	943-7743
Cribbage	Al Tufo	798-4129
Fishing	Sal Costanza	689-7647
Gardening	Chuck Bobinecz	939-8740
Golf	Joe Jansen	935-6691
Golf Scheduling	Tom Gorman	685-9721
Golf Treasurer	Walt Barabash	935-2964
Away Golf	Jim Baldrige	689-9232
NCGA-Handicaps	Dick Richmond	947-1167
Greeters	Ed Mendelsohn	935-0592
Historian	Jack Calloway	933-7998
Honorees	Dick DeVoe	932-5546
Investment	Ben Smith	820-5403
Membership	Jim Jackson	687-7052
Newsletter Editor	Pete Gates	937-2035
Asst. Editor	Rich Ahlf	672-2514
Asst. Editor	Jim Jackson	687-7052
Mailing	Bill Cammerer	932-7887
Photographer	Ken Kratz	933-7989
Nominating	Ray Kan	376-2023
Pianist	Dave Obera	932-2584
Poker Club 1	Frank McNamee	672-3443
Poker Club 2	Al Zamolo	932-7924
Radio		
Social	Don Nunn	934-5214
SongSirs	Bill Rees	376-3098
Director	Rod Sharretts	372-6566
Sunshine	Otto Wilson	825-1943
Table Pool	Bill Weinberg	682-0962
Theatre	Bill Hansen	939-4951
Travel	Bob Spellman	934-8428
Asst Travel	Charlie Kiser	274-1575
Veterans	Lynn Freeman	691-1186
Walkers	John Lewis	825-3561
Webmaster	Jeff Baily	906-0521
Wine Tasting	Dale Haukland	820-0189



Walkers John Lewis



Every Friday at 9:30 am at various locales. Call **John** or just show up. Rain cancels any walk.

June 2-Donner Trail. Meet at Clayton Library.
June 9-Westridge Redwood Grove Trail, Oakland. Meet at Moraga Safeway. Donuts and coffee at the site.
June 16-Castle Rock Trail, Walnut Creek. Meet at end of Castle Rock Road.
June 23-Miller-Knox Park, Point Richmond. Meet at Heather Farms (WC) Swim Club for carpooling and directions. Lunch at Hotel Mac.
June 30-Lafayette Trail. Meet at Lafayette Community Center on St. Mary's Road.

Thanks to **Bill Cammerer**, and his reliable team for folding and labeling, to **Ken Kratz** for photography, **Bill Cammerer** for mailing, and **Dick DeVoe** for proof reading.



Vince Rettew, Sharon & Les Birdsall, Joanne & Dale Haukland



Joe & Mari Schild, Caroline Jackson

SIR CALL

Newsletter

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Clayton Valley Women's Ensemble Choir