

SIR CALL

Newsletter

Pleasant Hill SIR Branch 146 Volume 13 Issue 6

Published For Our Members And Friends

June 2001



Big Sir's Commentary :

"There is some concern at Boundary Oak about the slow play of our group on Tuesdays.

Therefore, effective immediately, a slow play warning from the marshal shall result in a demerit for each player in the foursome. Should a player receive three demerits he shall be relegated to the last foursome".

Sir **Joe Jansen**, Chairman.

He is one of the most revered and respected members of Br. 146. He is our spokesman for the PGA, he is the mastermind behind our Tuesday golf contest and the Chairman of the city's Golf Committee. Foolishly, I did not call for an interview. But I was so interested in his new "Slow Play Rule" that I was drawn to that room, somewhat secret, behind the golf cart area, where he maintains an office full of important Br. 146 records. I was met at the entrance by Sir **Jim Baldridge** and Sir **Tom Gorman**. "You're not allowed in here." Said Sir Jim with lip curled just a bit. "I just want to interview the Chairman". I replied. "Did you have an appointment?" asked Sir Tom "Well not really. I just wanted to talk to him about the new rules." "Sorry he is not here." As he said this I heard a distinct Scandinavian oath utter from somewhere deep in the catacombs of the area and I pushed through the two men to the door of the sanctuary. I could hear "Damn, damn, damn" echoing thought the chamber when I was accosted by the formidable bodies of Sir **Dick Richmond** and Sir **Walter Barabash**. "No further my man" said Sir Walter as Sir Dick began rolling up his sleeves. "I just wanted to see the Chairman" I replied. Another scream resonated through the area and I heard "It can't be. It can't be" "On your way" Said Sir Dick grabbing my arm. Then came that cry of anguish again. "It can't be Thompson, Calloway, Bliese and Lewis. It just can't be" I was being escorted, not too gently out when I heard the Chairman's voice once again.. "Did someone let **Joe Suta** in here?"

Next time I will call for an appointment.

News Item

May 21, 2001- SIR Branch 146 Tuesday Golf at Boundary Oak Golf Course has been approved by the City of Walnut Creek through the year 2002.

If you want to exceed beyond your wildest expectations, begin with some wild expectations. *Anon A. Moose*

Birthdays in June

Warren Boero
Ray Garavaglia
Bob Krenzelok
Phil Leigh
Thomas Lindeland
Lauren Long
Bob Skirvin
Bob Swick
Jack White

Art Trost
Stan Strange
Harry Wilson
Joe Schild
Larry Mitchell
George Zunich
Norbert Brooks
Rich Hanford
John Wall



Ladies Day Luncheon

Enjoying a pre-lunch chit chat are 1 to r: **Pat White, Carol Rieck, and Monnie Eichten**

Also enjoying the Luncheon are 1 to r: **Janice Belluomini, Sue Sheerin, and Charlotte Garavaglia**



Bocce Ball



Al Milano 933-3492

2nd and 4th Mondays at 9 am. Apr- Nov
Concord Bocce Cts. In Newell Park Concord
near the corner of Turtle Creek and Ayers Rds.

2001

June 11 & 25, July 9 & 23, August 13 & 27, September 10 & 24, October 8 & 22 and November 12 & 26



Al Zeppa 685-8920
If you are interested in joining a team or forming your own team for this league, contact Sir **Al Zeppa**, league secretary.

Bowling

The SIR winter league ended with the Silver Foxes capturing the 2nd half and the Spare Guys winning the 1st half. The Spare Guys didn't waste any time as they won the 1st 2 games to capture the championship. The Spare Guys leading scorers were: **Ray Edmonson** with 573, **Jim Chenevey** with 560. Other members of the winning team were **Lo McCarley** and **Bill Mulhair**. The winning scores were 727-616 and 723-705.

Individual honors for the year went to **Maynard Hendricks** with high scratch series of 699. High scratch game went to **Bob Everett** - 278. High hdcp. series went to **Cal Jones** - 782. **Lloyd West** had high hdcp. game of 301. Having the highest average for the year went to **Dick Joyce** with 192. Congrats to all the winners! The summer league is underway now. If you are interested in regular play or "subbing", come down to Diablo Lanes at 10 am any Wednesday.

SIR tournaments coming up:
June 6, 7 Pacific Bowl, Stockton.
June 12, 13 Tall Pines, Paradise.
June 27, 28 Pinole Valley, Pinole



All smiles at Ladies Day Luncheon are Dale and Joanne Haukland



Computers

Chris Satterthwaite 939-7826
3rd Thursday at 1 pm at WC ELK'S Club
1475 Creekside Dr. (off S. Main)

The SIR Area 2 Computer User's Group will not meet in June due to vacations etc. Meanwhile here is a good WEB site with helpful tutorials on how to operate and customize your browser:
www.3dspotlight.com/tweaks/iexplorer.
Good help section.

24 hours in a day...24 beers in a case...coincidence?



Cooking

Don Nunn 934-5214
donnunn@tpi.net
fax 934-5559

1st Monday 9:30 am at various members' homes or at restaurant or cooking school.

Branch 146 cooking class met at the home of **Dan and Fay Hungerford** on May 7 for a discussion of cooking methods and a special Greek dessert. We were blessed with the attendance of **Marion Cunningham** of Walnut Creek. Ms. Cunningham has written several nationally acclaimed cook books including "Fannie Farmers Cook Book". She has written two revisions of the cooking favorite as well as her own compositions. Ms. Cunningham answered various questions relating to our many problems as novice cooks. She was a charming and delightful treat to our meeting. On June 4th we will meet at the home of **Don Nunn** at 10:45 am featuring his version of Tortellini. As usual, it is mandatory that you notify the host by phone @ 934-5214.

Whenever I think of the past it brings back so many memories



Al Tufo
798-4129

Cri bbage

Dottie2000@Aol.com
2nd Wednesday at 12:30 hosted by different members

The cribbage club was hosted by **Byron Meade** at his home on May 16th After a moment of silence in respect to our recently departed member **Carl Rush**. The cribbage club played a total of five (5) tournaments. Two tournaments each were won by **Byron Meade** And **Ernie Figueira** with **Al Tufo** coming from behind to at least win one. The next cribbage club meeting will be hosted by **Ernie Figueira** on June 13th at 12 noon.

Item: Patient has no shaking chills but her husband states that she was very hot in bed last night.

Duplicate Bridge

Bob Donahue 376-4527 Monday following the monthly SIR luncheon at 10 am hosted by different members. Bring lunch.



SIR **Richard Johnson** hosted three tables of duplicate bridge in May. **Jim Brown** came in first with 33.5 points and **Doug Carlson** was second with 27 points. **Richard Johnson** and **Fred Kovar** tied for third with 25.5 points.

The patient has been depressed ever since she began seeing me in 1983.



Pablo Chavez
256-8516
Pchavez108cnwc@Aol.Com
Coco's Restaurant 3200 Buskirk Ave. 4th
Thursday of every month at 8:30 AM.

Fishing

Bob Walton (Br 146) and **Richard Fish** (Br 19) attended the first SIR State RV Rally and let everyone know about the Area 2 Sirs 4-Fishing activities. Sirs from many branches came forward to discuss the fishing activities within their branches.

The annual McSwain Reservoir fishing trip was a real success when measured by the food, beverages, and companionship. Few trout were caught during the three day trip except for two Rainbow in the 15-16 inch range, and one 3.5 pound 22-inch German Brown caught by **Tom Hensley** (Br 8). **Jack Helbert**, Br 128, joined us again at the April Fishing meeting and told of a very successful salmon fishing trip near Half Moon Bay. Monthly ocean fishing trips are planned on the New Fisherman III out of Berkeley. Call Jack at 925-820-0925.

Sal Costanza (Br 146) and his grandchildren also had a successful fishing trip recently.

This is about the last chance to make reservations for the July 16-20 Kokanee salmon fishing trip to New Melones. Two RV sites and one three-person cabin (one bed still available) have been reserved at Angels Camp. A fishing guide has been reserved for two days. Call Fishmaster **Richard Fish** at 925-672-8468. Come join us. Plans are also being finalized for a trout and pike-fishing trip to Lake Davis in August. It appears that living space at the lake may be limited so call Fishmaster **Al Brunner** at 925-687-0594. The October trip to Eagle Lake is taking shape. One cabin and four RV sites are reserved. If you are interested in going, call Fishmaster **Tom Hensley** at 925-937-0605.

Garden Club



Chuck Bobinecz 939-8740 bobinecz@flash.net
4th Wednesday at 2:00 pm at Alamo Safeway
unless otherwise announced.

THE JUNE MEETING IS FOR THE BIRDS

We are going to find out why birds can be a benefit or a pest in the garden. Doug Cook is arranging a presentation.

GARDEN TIP OF THE MONTH:

Lawns: Get a mulching mower. Leaving the grass clippings on the lawn not only saves you the time of gathering and dumping bags of grass, but it also returns nitrogen to the soil so you won't have to fertilize as often. Make a high cut. After the grass is 2 to 3 inches tall, set your mower to cut one third. Longer grass shades the roots and has more leaf surface for making food, so you will water, feed and mow less often.

Half the people you know are above average.

Health Matters, Physical and Mental



Never underestimate the power of your attitude... "Its roots are inward but its fruit is outward. It is our best friend or our worst enemy. It is more honest and more consistent than our words. It is the thing that draws

people to us or repels them. It is the librarian of our past; it is the speaker of our present and the prophet of our future"..... *John Maxwell*

Olive Oil

Olive oil, a staple in the so-called Mediterranean diet, is said to lower bad LDL cholesterol without affecting good HDL cholesterol..

Now a study indicates that olive oil lowers blood pressure, even to the extent of rendering BP- lowering medications less necessary.

In a study conducted by the University of Pennsylvania Medical Center, participants were divided into two groups. Both ate similar diets except that one group used olive oil and the other, sunflower oil. After six months they switched oils.

The participants using olive oil had their systolic and diastolic readings go down by 7 points. There was no change in blood pressure for those on sunflower oil. The effect from olive oil was so significant that many were able to cut their medications in half, and 8 went off blood pressure drugs entirely.

Howard Herrmann, MD, director of interventional cardiology at UPMC suggests replacing other fats in your diet with olive oil. "If you have high BP, recheck it after 3 to 6 months after including olive oil in your diet to see if it has improved. If so, discuss with your doctor whether you can reduce or eliminate any BP medications".

Source: *HealthNews* May 2000



Phil Leigh
685-8090

Pleigh@Hotcoco.Infi.net

4th Wednesday at 7:45 am at Coco's
Restaurant at 3202 Buskirk Ave. Pleasant Hill.

Investments

Wednesday, June 27, 2001:

Phil Leigh and others will present "A Look at the Numbers" We can gain some insight into a company's standing within its industry by reviewing some key financial ratios and comparing those results with their competitors' numbers. We'll look at grocery supermarket chains and electronic instrument companies as examples. Come and have breakfast and profit.

Know Your SIR

Bob Coney

I was born on April 5, 1924 in Oakland California, but lived in Alameda for my first 6 years and then moved to Berkeley. My father put me to sea during the summers on his tankers, as a supercargo. I was 16 years old at the time and attending Berkeley High School. After graduating from Berkeley in June of 1942, and as the war had started, I enlisted in the Naval Air Corps. While awaiting call up I attended U.C. Berkeley and worked part time at their radiation lab. Because of an asthma history I received a medical discharge from the Navy. Due to my experience with tank vessels I was accepted by the U.S. Maritime Academy.

I was called up in November of 1942, and went to sea as an engineering shipping troop cadet aboard a war transport. After one year in the Pacific theater I was ordered to the Maritime Academy at Kings Point, New York. A hurricane resulted in the cadet corps being given a weekend pass. Since no trains were running I went into a local USO canteen and to my delight, met my future wife, Joyce.



I graduated from Kings Point in December of 1944. Armed with an engineering officer's license, I returned to the Pacific coast and sailed on a war shipping troop transport as second assistant engineer.

I married the girl from the canteen in March of 1946 and am happy to report I still have the same girl, two sons Timothy and Jonathan, three grandchildren and four great grandchildren.

After the end of the war my wife and I went to Belgium as a machinery inspector during the construction of two tankers for my father's company. From time to time my father and I did not see eye to eye, so I left his company and went to work for the Getty Oil Co. building two large tankers in Dunkerque, France. Upon completion of the vessels, I went to work for the operating company in Wilmington, Delaware and became manager of personnel and safety. Getty closed down the company in 1963.

Then I went to work for Sun Shipbuilding and Dry Dock Co. in Chester, Pa. While there, Sun sent me to Temple University for courses in naval architecture and to Wyeth School of Law at William and Mary where I received certificates in government contract law. While at Sun I administered all of their contracts with the U.S. Navy while also being involved in the construction of the Glomar Explorer.

In 1974 The El Paso Marine Co. offered me an owner's representative job constructing three LNG tankers at

Avondale Shipyard in New Orleans. These vessels were designed to carry 25,000 cubic meters of liquefied natural gas at a cargo temperature of minus 260 degrees F. Upon completion of these ships I became manager of engineering for the El Paso Marine Department. Unfortunately our gas supply in Algeria dried up when the Algerians bumped the cost of gas above that allowed by the U.S. Commerce Commission. El Paso Marine closed its doors in 1981.

Then the American President Lines offered me a job representing them at Avondale Shipyards in New Orleans, during construction of three containerships. The vessels were completed in 1983, and the company transferred me to their headquarters in Oakland, Ca., as director of vessel cost management. In December of 1985, American President Lines reorganized and I found myself unemployed. Too young to retire, I joined the U.S. Maritime Administration as a marine surveyor....and after 10 years, retired in December 1995.

I was lucky when I found SIR Branch 146; I enjoy bridge and golf and in my spare time, volunteer in the coroner's office of the Contra Costa County Sheriff.

Luncheon Attendance



Dale Haukland 820-0189 The second Thursday of every month at 11 am at Boundary Oak.

SIR Members must call **Dale Haukland** by Friday noon before the Thursday Luncheon if you are not going to attend.

Waiting List men must call **Dale Haukland** by Friday noon before the Thursday Luncheon if you are going to attend .

Note

Unexcused absentees will be asked to pay for the lunch

Why don't you ever see the headline..
"Psychic Wins Lottery"?



Luncheon Menu

Stan Jackson 939-3314
msidorado@Earthlink.net

June Luncheon Menu

Salad

- House salad
- Freshly baked rolls and butter

Entrees

- Cornish game hen with stuffing and vegetable
- Beer battered cod filet with oven brown potatoes and fresh vegetables

Dessert

- Daily dessert special
- Regular or decaffeinated coffee or tea



Golf **Joe Jansen** 935-6691
 jjansenx@juno.com
 Every Tuesday at 9 am at
 Boundary Oak for all, and once a month
 away for those who sign up.

Latest Golf Results

April 24 First Flight:
Ken Kratz, Ed Wojnar and Jack Calloway.
 Second Flight:
Bill Knapp, Fred Kovar and Larry Zugnoni.
 Closest to the Pin **Frank Marcon.**

May 1 First Flight:
Bob Yolland, Ray Weisz and Bill Rees.
 Second Flight:
Mitch Mitchell, Fred Kovar and Charlie Kiser.
 Closest to the Pin **Ray Weisz.**

May 8 First Flight:
Bill Boyd, Lew Thompson and Jeff Baily.
 Second Flight:
Tom Noonan, Harry Rieck and Pablo Chavez.
 Closest to the Pin **Bill Hansen.**

May 15 First Flight:
Mitch Mitchell, Sal Costanza and Bill Becker.
 Second Flight:
Ken Richter, Charlie Kiser and Ralph Fowler.
 Closest to the Pin **Russ Bliese.**
Away: Thursday, June 21, Wild Horse, Davis. Fee & cart
 \$30 members, \$28 guest. Max 1 guest/member. Contact
Jim Baldrige 689-9239 or **Dick Richmond** 947-1167

"I play golf in the low 80's.
 When it gets hotter than that, I don't play"... *Bob Hope*



Ladies Day attendees,
 l to r: **Peg Kovar** and
Sandy Hansen



Lang Erickson
 682-1337
 flang-

Membership

Branch 146 statistics:
 Members 207, Honorary Life 5, Waiting List 19
 May Attendance:
 Members 91, Honorary Life Members 3, Waiting List 5,
 Guests 5, Ladies 103. Total Attendance 207



Fred Bolton
 932-1580

Party Bridge

1st Monday at 10 am at various members' homes. Bring a lunch.

The SIRs Party Bridge group met at **Lynn Freeman's** house on April 7 for 3 tables of bridge. First place went to **Jim Jackson** with 7630 pts., second to **Bob Yolland** with 4990 pts. And third and fourth to **Jim Brown** and **Dick Johnson**. Our next game will be hosted by **Fred Bolton** on June 4.

Ladies Day Party Bridge at Marie Callender's



Rollie Nordeen
 284-1199

Sunshine



RNordeen3@Home.com



Sir Carl Rush,
 pictured here at the
 April 12 SIR luncheon,
 passed away on May 5
 from inoperable cancer.

Picture by *Glen Furlow*

Vic Kaste is in Manor Care, Tice Valley Rd., Walnut Creek. Cards and notes to the family to let them know you are thinking of Vic would be appreciated, I'm sure. The home address is in the directory.



Enjoying May Ladies Day Luncheon at Boundary Oak are, l to r: **Marilyn McNamee, Sandy Wagner** and **Dot Edmondson.**



Travel Opportunities

Charlie Kiser 274-1575
Charlieki@Webtv.net

July 10-15, 2001-Mesquite and Utah's National Parks. Deluxe motor coach transportation. \$294 per person double occupancy. \$95 single supplement. Contact **Carl Raaka** Br 8, 254-0482.

July 11-13, 2001-Boulder Creek Golf and Fun. 2 nights lodging, 3 days golf, 1 dinner and \$28 food credit. Cost is \$174 for golfer and \$123 for non-golfer. Contact **Charlie Kiser** 274-1575.

July 13-21, 2001-Calgary Stampede and the Canadian Rockies Cost \$1999 p/p. Contact **Vic Johnson** Br 116, 680-1501.

Aug 16, 2001-All SIR Day at Pac Bell Park. SF Giants vs Florida Marlins. Wait list only. **Charlie Kiser** 274-1575

Aug 20, 2001-Danny Marona & the KT Kellman Band BBQ meal. \$71 covers bus to San Raphael, food, tips and admission. Contact **Bob Hagler** Br 8, 934-7620.

Sept 5-7, 2001-Konocti Harbor Resort, Clear Lake Golf, swimming, sightseeing. Incl 2 nights lodging, 2 rounds of golf including cart at Buckingham Golf and Country Club. Cost \$215 for golfer and \$139 for non golfer. Contact **Charlie Kiser** 274-1575.

Sept 11-20, 2001-Canadian Maritime Provinces Cost \$2177 p/p double occupancy-\$2552 single occupancy. Contact **Carl Raaka** Br 8, 254-0482.

Oct 12-26, 2001-14 day Panama Canal Adventure San Francisco to Ft. Lauderdale aboard Holland America's Veendam. Includes Cabo San Lucas, Acapulco, Huatulco, Costa Rica, Panama Canal transit Curacao and Ft. Lauderdale. Cost from \$1628 to \$2090 p/p double occupancy. Return Air to San Francisco is additional. Contact **Ron Weber** Br 19, 689-5602.

Oct 16-23, 2001-Arizona Indian Nations Includes r/t air to Phoenix. 7 nights at various locations, extensive touring of the land of the Southwestern Nations American Tribes, 14 meals. Cost per person \$1557 double and \$1857 single. Contact **Fred Stammen** Br 171, 283-1956.

Oct 20-Nov 3, 2001-China and the Yangtze River. China, the land of mystique, the basis of eastern civilization, Buddhism, Taoism, Confucianism, 400 years of history, over a billion people, oceans to mountains, deserts to flooded valleys, the Great Wall, awe-inspiring, unlike any place in the world. Includes r/t air San Francisco to Shanghai, 9 day land & 5 day cruise on the Yangtze River. Extensive sightseeing including Shanghai, Beijing,

and the Great Wall. Evening cultural performances featuring acrobats and Tang Dynasty show. Includes all shore excursions from ship. Almost all meals included during the trip. \$2599 per person double occupancy. Outside cabin. Contact **Owen Sullivan** Br 146, 943-7998.

Oct 24-31, 2001-Columbia and Snake Rivers. 8 day cruise. From \$1799. Contact **Vic Johnson** Br 116, 680-1501.

Nov 4-5, 2001 Carson City. The Music Man. One night at the Sands Regency Hotel. Deluxe Motor coach transportation, matinee performance of the Music Man at the Carson City Community Center. Area casino stops. Bonus includes \$18 cash, \$5 match play and \$5 food credit. Cost \$53 p/p double occupancy, \$8 single supplement. Contact **Carl Raaka** Br 8, 254 0482.

Dec 13, 2001-Beach Blanket Babylon Christmas Show. Deluxe bus transportation, dinner at New Pisa Restaurant. Cost \$93 per person. Contact **Bob Hagler** Br 8, 934-7620.

Dec 31 2001-New Year's Eve in Paris. Details are being worked out. Contact **Bob Hagler** Br. 8, 934-7620.



Enjoying a pre-Luncheon OJ are, l to r:
Kate Calloway, Lynn Kratz and Dorothy Satterthwaite.

Remember the next SIR Dinner Dance is planned for the third Wednesday in October. Mark your calendar



Pictured l to r at the Ladies Day Luncheon are: **Pat Helmick, June Donahue, Ray Nordstrom and Bob Donahue.**

Auto Repair Service. Free pick-up and delivery. Try us once, you'll never go anywhere again.

Officers 2001

State President
Region Director
Area Governor

Dwight Sale
Robert Eden
Art Miller

Branch 146 Officers and Directors

Big SIR	Bill Hansen	939-4951
Little SIR	Fred Kovar	937-2951
Secretary	Bob Yolland	932-4758
Assistant Secretary	Jim Baldridge	689-9232
Treasurer	Jim Brown	689-2797
Assistant Treasurer	Jim Adams	685-4216
Director	Pablo Chavez	256-8516
Director	Dean Merritt	671-7380
Director	Al Milano	933-3492
Director	John Miller	934-9778
Director	Dick Richmond	947-1167
Director	Hal Ruby	686-2748

Committee Chairmen-2001

Attendance	Dale Haukland	820-0189
Audit	Roy Fredrickson	284-5623
Badges	Dick Richmond	947-1167
Badge maker	Lang Erickson	682-1337
Bocce Ball	Al Milano	933-3492
Bowling	Al Zeppa	685-8920
Bridge-dup	Bob Donahue	376-4527
Bridge-party	Fred Bolton	932-1580
Bulletin	Jeff Baily	906-0521
Chaplain	Tom Stack	846-8430
Computer	Chris Satterthwaite	939-7826
Cooking	Don Nunn	934-5214
Cribbage	Al Tufo	798-4129
Fishing	Pablo Chavez	256-8516
Gardening	Chuck Bobinecz	939-8740
Golf	Joe Jansen	935-6691
Golf Sched	Tom Gorman	685-9721
Greeters	Ernie Dickson	376-4590
Hardware	Gene Diana	510 483-7004
Historian	Glen Furlow	631-0158
Honorees	Dick DeVoe	932-5546
Investment	Phil Leigh	685-8090
Luncheon	Stan Jackson	939-3314
Membership	Lang Erickson	682-1337
Nominating	Jack Calloway	933-7998
Pianist	Dave Obera	932-2584
Radio	William Moresi	837-4645
Social	Don Nunn	934-5214
SongSirs	Owen Sullivan	943-7998
Sunshine	Rollie Nordeen	284-1199
Table Pool	Bill Weinberg	682-0962
Travel	Charlie Kiser	274-1575
Veterans	Lynn Freeman	691-1186
Walkers	John Lewis	825-3561
Wine Tasting	Dale Haukland	820-0189

Past Big SIR's

1989 Charles Unfried	1995 Bob Walton
1990 Gill Rhodes	1996 Dick DeVoe
1991 Gene Hackett	1997 Warren Boero
1992 Walt Entelman	1998 Don Nunn
1993 E (Kap) Kaprelian	1999 Dave Valladao
1994 Joe Jansen	2000 Jack Calloway



John Lewis
825-3561

Walkers

Every Friday
at 9:30 am at various locales.
Call John or just show up and get healthy.

June 1: Heather Farms Flower walk. Meet at swim pool parking.

June 8: King Canyon Trail along San Leandro reservoir. Meet at Moraga Safeway parking lot.

June 15: Hammill Trail. Meet at the end of Marshall Dr. (W.C.). This one rained out twice. 3rd time's the charm.

June 22: Rudgear Park to Sugar Loaf open space. Meet at Palmer and Rudgear Rd. corner in swim club parking lot.

June 29: Redwood Regional Park Stream Trail. Meet at Moraga Safeway parking lot. Bring lunch.



SIR walkers exploring local trails, l to r: **Chuck Thompson, Adelaide Chavez, Malcolm and Margaret McCallum (Br 8), Donna Snyder (seated), Flo Lewis, Ollie & Rod Sharretts (guests), Pablo Chavez and Martin Lyle.**



Dale Haukland
820-0189

Wine Tasting

Meet once per quarter at wineries, or at various members' homes or restaurants.

Thu. June 28, 2-4 pm. at Andronico's Market Danville. \$29.99/couple. Includes wine, cheese. Make check to SIR Br. 146 and send to **Dale Haukland** 148 Santiago DR. Danville, CA 94526

Thanks to **John Lewis, Bob Madge, Chris Satterthwaite, Joe Schild** and **Lew Thompson** for folding and labeling and to **John Lewis** for mailing the Sir Call. Thanks also to **Dick DeVoe** for proof reading and to **Ken Kratz** for taking the pictures.

Hong Kong Dentist Advertisement:
"Teeth Extracted by the Latest Methodists"



Pictured l to r: **Dick D'Arezzo, Elinor Manuel, and Eyrlene & Ted Kammerer**



Bill Rees wins the flowers at table 9.



Dean & Daphne Merritt pictured at the Ladies Day Luncheon.



SIR Friday walking group aboard the Lightship "Relief". Pictured l to r are: **Charlotte Fowler, Ralph Fowler, Dorothy Matthews, Donna Madge, Jack Matthews, Phyllis Kostikas** (Bob Madge's sister), **Bob Madge** and **Art Trost**.



Martin Lyle & Pablo Chavez explore a stream while on a SIR Friday walk.

SIR CALL *Newsletter*

Sons In Retirement, Inc.
590 Pine Creek Rd.
Walnut Creek CA 94598

SirCall@Att.Net

Nonprofit Standard Mail
US Postage Paid
Concord CA
Permit No 364

Mailed May 21, 2001