



Garth Cummings

Big Sir's Notes

The year 2006 promises to be an exciting year for the branch and I look forward to serving as your Big Sir during this period of time. I hope you are having an enjoyable holiday and are anticipating the coming year as much as I am. The branch had a very successful year under the stewardship of Big Sir **Ray Kan** and we all owe him our heartfelt thanks for the effort he put out on our behalf.

Our branch owes its success to the efforts of the many over the years. This includes both the past executive committees and committee chairs. I would like to give my thanks to outgoing 2005 executive committee members **Bob Burley** (Assistant Secretary) and **Ralph Fowler** (Director) and outgoing 2005 committee chairs **Syd Whalen** (Audit), **Dick Richmond** (Badges), **Gus Edwards** (Bowling), **Bob Donahue** (Bridge-duplicate), **Roy Fredrickson** (Chaplin), and **Jerry Bellows** (Luncheon). Your efforts were greatly appreciated.

The branch will be inducting a number of new members over the next several months to bring our membership total to 240, not counting our 5 Honorary Life Members. It is incumbent on all of us to make these new members feel part of the branch and help incorporate them into our activities. We welcome the new members and encourage them to become active in those activities that they find appealing. These activities are listed in the branch newsletter, SIR Call, and also on the branch website at www.sir146.com. A calendar of events and activities is also available through the website.

The first meeting of the 2006 executive committee will be prior to the luncheon at 9:30 am on January 12. As well as branch executive committee members and committee chairs all members are welcome to attend.

Again, many thanks to **Ray Kan** and past and present committee members and I believe we can all look forward to an enjoyable and successful year.

Little Sir's Corner

The speaker for January 12, 2006 will be **Neil Humphrey**, Vice President, Facilities Development, John Muir Health. **Neil** will give us an overview of planning for facilities at the Walnut Creek, Concord and Brentwood campuses of John Muir Health. This will include master plans, schedules and budgets.



Jim Stedman

December Ladies Day Luncheon



Sandy Warner, Bill Weinberg, Rich Hanford and Carol Rockwell



Sandy Hansen, Beverley and Tom Gorman

Bocce Ball Bob Frankland

2nd and 4th Mondays at 9 am, March through November, at Concord Bocce Courts in Newhall Park, Concord, near the corner of Turtle Creek and Ayers Roads.

We will resume play in March. Rain cancels.



New Officers: **Garth Cummings**-Big Sir, **Jeff Baily**-Secretary, **Jim Stedman**-Little Sir with outgoing Big Sir-**Ray Kan**

Get Your Bulletin on the Web

The cost of sending you our SIR Call newsletter is increasing as is everything else. In order to save money we want to encourage you to use the SIR 146 website to read the SIR Call. The Call can be seen by going to <http://www.sir146.com>, clicking on "Newsletters" and then clicking on whatever issue, including the latest, that you would like to read and print. Remember, by doing it this way you get to print it in color. If there are any problems getting on the web or the website, please contact **Jeff Baily** at br146webmaster@astound.net. I'm sure that you and others reading it on the web or after you have printed it from the web will appreciate the color and the improved quality over the snail mail issues and remember, you will be contributing to the economic health of our branch. So if you would like to access your copy of the SIR Call on the web please send a note to **Pete Gates**, SIR Call Editor at sircall@hotmail.com and you will be removed from the snail mail list. If you have already notified us of your choice there is no need to write again unless, of course, you have changed your mind.

Bowling

Larry Mitchell

The "ROTOROOSTERS" (**John Miller, Wes Hauschildt, Tom Lindeland, and Maurice Mitchell**) remain in first place with a record of 36 wins and 20 losses. They lead the second place team by 4 wins and will have to "hang in there" a couple more weeks to win the first half. The current High Average Bowlers in Branch 146 are: **Larry Mitchell** 189, **Gus Edwards** 181, and **Ron Morrison** 165. Most improved bowler is **Bruce Jones**.



Tres 'Gourmet

Frank Rockwell

The group will meet on January 19th at 11am. It will be hosted by **Frank Rockwell**.



Duplicate Bridge

George Zunich

Monday following the monthly SIR luncheon at 10am, hosted by different members. Bring lunch.

Sir **Jim Todhunter** hosted four tables of duplicate bridge in December. **Jim Jackson** took first place with 43 1/2 points. **Fred Bolton** was second with 42 1/2 points and **George Zunich** was third with 41 points. **Chuck Hammond, Carl Johnson** and **Fred Kovar** tied for fourth with 38 points.

The next meeting is scheduled for Monday, January 16th. Effective January 1, **George Zunich** is assuming the chairmanship of the Duplicate Bridge Group. **George** can be contacted at 376-4439 for information.

Area 2 Computer Group

DICK CURRY 376-5541 racorinda@pacbell.net

FLOYD SKELTON 838-2515 f.skelton@att.net

January 19 - "Using Your Digital Camera Effectively"

The first meeting of the new Digital Photography Sub-group starts with a bang. Have a new digital camera and wonder where do I go from here? **Phil Goff** (Branch 116), Chairman of the new group, will review: (1) Basic functionality of all digital cameras, (2) Most important features on your camera, (3) Downloading pictures to your computer, and (4) Making prints from your digital images. **Phil** will conduct a Digital Photography Q&A session following his presentation.

February 16 - "Recommended Computer Practices We All Should Do" **Dean Steichen** (Branch 8) will present an outline of the things we should all do to keep our computers and data secure and usable. This is a subject we can all know more about, and **Dean** is the right guy to put us on the best path. **Dick Curry** (Branch 171) will conduct a "Computer Questions and Answers" session following the recommended practices presentation.

Meetings of the Area 2 Computer Users Group are held at the Social Hall of the Walnut Creek United Methodist Church, 1543 Sunnyvale Ave. (off N. Main, one block north of the Treat/Geary/N. Main intersection). Meetings are held the 3rd Thursday of each month (no meeting in December) from 9:30 to 11:30 a.m. All SIR members are invited to attend these informative sessions.

For more information please visit our web site at: <http://home.att.net/~area2computer/>.

Couples Duplicate Bridge

Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.



Lynn and Dasha Freeman not only hosted 3 tables (6 couples) for duplicate bridge on December 21st but also came in first and made a vulnerable no trump grand slam. **Bob and Janet Yolland** came in second, and **Carl and Anne Johnson** took third. **Sue and Lo McCarley** will host the first couples duplicate of 2006 on

Fishing

Sal Costanza

4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy

We'll be discussing the 2006 Fishing Calendar at our upcoming meeting. Some of our members have been asking about the types of fishing we do. We do it all; ocean fishing for salmon, rockfish and crab, trout fishing (fly, trolling, bait), striper, sturgeon, catfish, and Kokanee. You name it, we do it. Come to our next meeting and get involved.



Garden Club

Chuck Bobinecz

1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church. 1801 Lacassie Ave. Room 305, unless otherwise announced.



There will be **no meeting in January**. We will resume our normal meeting schedule in February. Sir **Bob Burley** has arranged for **Bob Van Galder**, past president of the area's Orchid Society, to be our speaker at our February meeting. Garden tip for the month of January: Microclimates are areas that are warmer or colder than the surrounding space. You will save money and grief by knowing where not to plant.

Tuesday Golf Walt Barabash

Latest Weekly Tournament Results

November 22 First Flight: **Ken Beattie, Bob White and Joe Himsl**. Second Flight: **Don Del Bene, Larry Zugnoni and Bill Knapp**. Closest to the Pin: **Gene Diana**. Low Gross: **Bob White: 78**

November 29 First Flight: **Joe Suta, Lew Thompson and Jack Calloway**. Second Flight: **Dan O'Sullivan, Bill Becker and Don Del Bene**. Closest to the Pin: **Pablo Chavez**. Low Gross: **Lew Thompson: 83**

December 6 First Flight: **Frank Rockwell, Gene Diana and Jim Stedman**. Second Flight: **Ed Wojnar, Pablo Chavez and Howard Harvey**, Closest to the Pin: **Dan O'Sullivan**. Low Gross: **Gene Diana and Jim Stedman: 83**

December 13 First Flight: **Myles Ringle, Larry Sheerin and Gene Diana**. Second Flight: **Ken Richter, Don Del Bene and Olof Johansson**. Closest to the Pin: **Dan O'Sullivan**. Low Gross: **Gene Diana: 82**



Doris Marcon, Jim Baldrige, Larry and Carol Zugnoni share some good Holiday cheer

- If everything seems to be going well, you have obviously overlooked something.
- When everything is coming your way, you're in the wrong lane.



Health Matters Physical and Mental

The following articles were copied with permission from the *Aviation Medical Bulletin* published by Harvey W. Watt & Co.
1-800-241-6103

These articles are not intended to provide specific medical advice. That should be obtained from your physician.

BERRY YOURSELF ALIVE

According to a new study from the University of Western Ontario, cranberries may help fight prostate cancer. When researchers exposed a variety of cancer cells to flavonoids isolated from cranberries, cell growth slowed, then stopped. Prostate-cancer cells required the smallest exposure. "The flavonoids affect the cancer cells' ability to replicate, causing the cells to destroy themselves," says lead author Peter Ferfuson, Ph.D. Don't reach for the sugary juice cocktails—you'll get the strongest dose of cancer-fighting compounds from home-made cranberry sauce or dried whole cranberries (sold as Craisins).

Source: *Men's Health*, November 2004

DON'T FROWN AT BROWN

Brown rice and white rice are almost identical in calories and carbohydrates but the process that converts brown rice into white rice destroys all the dietary fiber and essential fatty acids. Most of the B vitamins are also taken out, along with more than half of the manganese, phosphorous, and iron. Like other whole grains, brown rice can also make you feel full longer and help control blood sugar levels.

Source: *Hope Health Letter*, April 2005

HEALTH SCARES YOU CAN IGNORE

West Nile Virus

While it's true that West Nile virus killed 284 people in 2002, the chances of its taking out a healthy young or middle-aged man are slim. "The healthier one is, the less likely he is to get seriously ill if he is infected," says Stephen Zinner, M.D., a professor of medicine at Harvard Medical School. In fact, of those bitten by virus-carrying mosquitoes, no more than 15 percent will develop symptoms, and subsequent death is even more rare. So just do what you've always done: Use bug spray, and then relax.

Mercury in Dental Fillings

When the American Dental Association (ADA) surveyed adults about whether they believed that silver-colored filling caused illness, nearly half answered yes. They're wrong. "Mercury vapor can be leaked, but it's minuscule and caused no harm," says Richard Price, D.M.D., a consumer advisor for the ADA. The FDA and the World Health Organization concur that there is no health risk.

Source: *Men's Health*, April 2005

New Branch 146 Website

The new Br. 146 web page is expected to be completed mid to late January, 2006. The new style is pleasant to look at and fast to "render", meaning that you don't have to wait long for it to load onto your screen.

We have completed the structure for most of the site and will start working on the interactive part (where you will be able to input changes to some parts of it), after the holidays.

If I can learn how to operate the projector that the Branch just bought into, I intend to hold a few classes on introductory operation of a computer and using it to get SIR info.

If there are any volunteers out there who can help me in this regard, please let me know.

In the meantime if you have been intending to make a financial commitment to help the new website become a reality, but haven't got around to it, you may do so by sending a check, payable to SIR 146, to me or Frank Rockwell our Treasurer.

Merry Christmas and Happy New Year to you and yours,
Jeff Bailly

Wine Tasting ... Dale Haukland

The Wine Tasting group will be meeting Wednesday, February 15, from 2 pm until 5pm, to imbibe and quaff some delightful Chardonnay or Cabernet Sauvignon. We will gather at the home of **Don and Donna Strong** at 3074 Santa Maria Court in Concord. We will have an extra treat as they will be pouring some of their hand crafted wine. Please call them to say you will be coming and which wine you will bring. All wines must be \$19.99 or less. Remember it is Chardonnay and Cabernet Sauvignon time at the **Strong's**. Please call to confirm your attendance : 925-686-3016



Good food, excellent wines and great company made for a great time for the Wine Tasting group which met at the **Haukland** residence.

Investments

Ben Smith

4th Wednesday, 8:00 am at Diablo Creek Golf Course (Legends Grill), North Port Chicago Highway and Highway 4, Concord.

Ben Smith (925)820-5403 or bjsssmith@aol.com

Happy and prosperous New Year to all SIRs. The Area 2 Sums In Retirement Financial group is looking forward to sharing some sound investment ideas and developing some ways to add to our retirement income.

When: The first meeting of 2006 will be held on Wednesday, January 25th.

Time: Breakfast will be available at 7:00am and meeting will start at 8:00am. No reservations are required, just come and join in and gain some knowledge.

Program: A presentation will be made by Mr. **Tom Kopas**, Principal of Pring Turner Capital Group. Mr. **Kopas** has many years of experience and is well known to many of us in the group. He has great insight and knowledge in the world of investing. He has made presentations to our group in the past and his outlooks and observations have proven, for the most part, to be very accurate and helpful.

His topic will cover "Market Outlook For 2006" and he will examine the conditions that an investor should consider in trying to determine: "Is the cyclical bull market almost over?" "What are the next smart moves?"

This should prove to be a very interesting presentation and all SIRs and their guests are welcome to attend.

If you need additional information contact Sir **Ben Smith**.
Tele: 925-820-5403, e-mail: bjsssmith@aol.com.

Table Pool **Bill Weinberg**

1st and 3rd Monday at 11:30 am.
(at Masse's 2721 N. Main, Walnut Creek)

We're having great turn-outs for table pool. Remember, every 1st and 3rd Mondays at Masses...See you there.



Sunshine Otto Wilson

Phone: 825-1943, e-mail:
ottowilson@astound.net



We were saddened by the death of **Harry Rieck** on December 10th. He was a charter member. Prayers to **Carol** and the family. He will be missed. Chaplain **Chuck Eichten** did a great job telling about experiences with **Harry** at the services on Friday, December 16th.

Tom Gorman's wife **Beverly** is recovering from a knee replacement recently. She is doing well.

Congratulations to **Bill Martin** and his wife **Mary** on their 62nd wedding anniversary December 11th.

Luncheon Attendance **Bill Root**

SIR's Luncheon 2nd Thursday of every month at Blake's Restaurant, Boundary Oak



Call me by Friday noon prior to the Luncheon at 943-6194 if, for any reason, you are unable to attend. If I am not home, press 3 and leave your name, badge number and telephone number.

Be sure you call.

Waiting List:

If you are going to attend, you must call by Friday prior to the Thursday Luncheon.

SIR's bringing a guest:

Call by Friday prior to the Thursday Luncheon and leave your name and the name of your guest.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months shall be notified by letter of their pending membership termination. Certification of another Branch meeting will be considered as credit to attendance record.

Luncheon Menu

Salad - House salad

- Freshly baked rolls and butter

Entrees including vegetables

- Yankee Pot Roast with potatoes, onions and gravy
- Breaded Calamari Steak with rice pilaf, tartar, lemon

Dessert

- Daily dessert special
- Regular or decaffeinated coffee and tea

Membership

Jim Jackson



Branch 146 Statistics: Members 219 , HLMs 5, Waiting List 40, Inactive 2.

December Attendance: Members 136, HLMs 3, Waiting List 6, Ladies 143

Total December Attendance 288

Status Changes:

Inducted: None

New Top 30 Man: **Robert Lipscomb**

Resigned: **Al Zeppa** (from inactive list), **Clarence Tooley**

Deceased: **Harry Rieck**

Withdrew: **Rick Esquerra**

Added to Waiting List: None. A moratorium is currently in effect for new Waiting List members.

Current Top 30 Man Waiting List (prioritized): **Henry James, Norman Kingshill, Reginald Fromm, Tom Morgan, Daniel Schlatter, Robert Hutfliess, Miles O'Conner, William Schmech, Ronald De Golia, Charles Kistenmacher, Peter Kautz, Robert Royster, Gary "Skip" Thomas, Timothy Valanos, Vincent Rettew, Bill Balezore, Tom Boltz, William Danzig, Ron Binder, James Burk, George**

Knies, Stephen Dawkins, Allen Meier, William Stephenson, Glenn Casebolt, James Meehan, Jim Hank, Philip Sapunor, Glen Renk, Robert Lipscomb.

Remaining Waiting List Men (prioritized):

Robert Figone, Teddy Coggiola, Charles Koeber, Steve Loftin, Terry Marchione, Winslow Ferrin, Louis Balbi, Ray Spears, Robert Darius, Joseph Fitzsimmons.



Poker Club #1 **Frank McNamee**

The Poker Club is off to a fine start. **Bill Cammerer** hosted the second meeting, with six players, December 14th, at his home which was beautifully decorated for the Christmas Season. Everyone was a winner because of the camaraderie enjoyed by all. **Howard Harvey** and **Frank McNamee** were the ones with the biggest smiles when the game ended. Next meeting will be January 11th at **Bob Frankland's** home.



Party Bridge **Fred Bolton**

1st Monday at 10 am at various members' homes. Bring a lunch.

We had four tables of bridge, hosted by **Rich Ahlf**, on December 5th. The winners were **Jim Jackson** with 7360 points, **Jim Brown** was second with 7250, third went to **Bill Rees** with 5120 and fourth to **Carl Johnson**. Our next game is delayed to January 9th, and will be hosted by **Bob Yolland**.



Max Burchett, Barbara, Stedman, Nancy Burchett and Jim Stedman enjoying the Ladies Day Luncheon

Song Sirs

Bill Rees



Following a very busy 4th Quarter, the SONG-SIRS are on a well deserved vacation. Our plan is to kick back, enjoy the Holidays and return to sing another day. A scheduled gig with the Walnut Creek Presbyterian Church VIP'S will return us to a practice routine mid-January. Specific date and time information will be communicated to all SONGSIRS at a later date.

Travel Opportunities

Bob Spellman



Feb. 14-16, 2006: **Snow Train Special XI.**

Round trip on Reno Snow Train from Martinez to Reno. Includes two nights at Harrah's East Tower, all meals in Reno (either free or discounted), show at Harrah's with purchase of drink, beverages on train and deli lunch on return. Cost \$237 per person. Contact **Carl Raaka** Branch #8 at 925-254-0482.

Mar. 19, 2006: **SIR Day with the Golden State Warriors.** This year's opponent will be the Philadelphia 76ers at the Arena in Oakland. The 1pm starting time should make it much easier for more people to attend the game. Tickets should be ordered directly from the Warriors Ticket Office. Cost is \$24 or \$34 depending on seats. Pick up an Order Form at the next meeting or contact **Bob Spellman** at 934-8428.

Mar 21-22 2006: **Bobby Vinton.** Deluxe motorcoach, one night accommodations at Reno Hilton w/ stop at Silver Legacy. One breakfast and one dinner coupon plus tickets to **Bobby Vinton.** Cost \$121 per person. Contact **Bob Hagler** Branch #8 at 925-934-7620.

Apr. 20, 2006: **A Day At The Races.** Join fellow SIR members for a day of racing at Golden Gate Fields. The day includes Turf Club admission, lavish buffet luncheon, program and bus transportation. Cost is \$37 per person. Contact **Charlie Kiser** at 274-1575

May 7-18 2006: **Enchantment of Lake Michigan.** A tour of Michigan and Wisconsin. Holland, Mackinac Island, the Wisconsin Dells, Madison and Chicago. Includes r/t airfare, deluxe hotels, motorcoach, 21 meals, guided tours, driver. Cost \$2680 per person. Contact **Bob Hager** Branch #8 at 925-934-7620.

May 16-26, 2006: **Alaska Cruise.** Leave from San Francisco to Ketchikan, Juneau, Skagway, Tracy Arm and Victoria on the Regal Princess. Cost from \$1193 to \$2043 p/p. Contact **Carl Raaka**, Branch #8, at 925-254-0482.

May 20-June 3, 2006: **Shamrocks to Thistles.** A 15 day tour of Scotland and Ireland starting in Dublin, Ireland with stops throughout Ireland. We proceed to Scotland with many more stops, ending in Edinburgh for our trip home. Tour includes r/t airfare, transfers to /from airport, first class hotels, deluxe motorcoach, baggage handling, 20 meals and, all tips for drivers, guides and tour manager. Cost \$3653 p/p d/o. **Limited space remaining.** Contact **Bob Spellman** at 925-934-8428.

Jun 18-27, 2006: **Nova Scotia & Prince Edward Island.** This 10 day trip includes r/t airfare, first class hotels, daily breakfast, 7 dinners, professional tour director and deluxe motorcoach. Cost \$2750 per person. Contact **Carl Raaka** Branch 8 at 925-254-0482.

Oct 23-Nov 5, 2006: **Eastern Mediterranean & the Greek Isles.** A 12 night Greek Isles cruise sailing from Istanbul, Turkey to Athens Greece on board Oceania Cruises' Nautica:

ports will include Kusadasi, Turkey; Rhodes, Delos, Mykonos, Santorini, Kotakolon, Corfu, Greece; and Dubrovnik, Croatia. Cost will be from \$3364 to \$5036 p/p d/o. Contact **Bob Hagler**, Branch #8, at 925-934-7620

Away Golf

Jim Baldrige



As I mentioned in our last newsletter, because of hectic honey-do lists, we did not schedule an Away Golf Tournament for December. I have started circulating flyers for our Sir Br #146 Annual Silverado Country Club Invitational Tournament to be held Monday April 3, 2006. Flyers were distributed at Tuesday Golf 12/13. I will continue to distribute flyers at Tuesday Golf and at our luncheons so that all our members have an opportunity to form foursomes, sign up and invite guests to this 144 player event.

I continue to work with courses within a 1 to 1 1/2 hour drive from the Walnut Creek area to set up tournaments that cost around \$40 or less (including green fee and cart). As weather permits, we will try for some dates in Jan through Mar 2006 as well. I'm currently following up on an invitation I received from Los Positas in Pleasanton and I am also looking into the new Callippe Preserve Course near Sunol. Your suggestions for venues are always welcome.

Questions: Jim Baldrige 925-689-9232 e-mail jim-judy39@aol.com



Fred Kovar, Jim Brown and Bill Hansen at Sunol



Cribbage

Al Tufo

HO! HO! HO! Merry Christmas to all our SIR brothers from the Cribbage Club. Cribbage was hosted by **Larry Reilly** on Wednesday, December 14th. His wife **Theresa** as usual did a great job of supplying plenty of goodies and great pies with our coffee. We were able to get in three tournaments. The **Italian Stallion** after having a bout with the Asian Bird Flu, was able to fly down the home stretch and win two of the races and come in second in the other. **Larry Reilly** came in first in one race and second in another. Surprise! Surprise! **Langley Erickson** took a second in one race, and promised to come back next month. He was so happy that he will host the next tournament. See all you members at twelve noon on the 11th of January. CIAO, Tufo

SIR State Officers		
State President	Robert Curley	209-549-0792
Region Director	Glen Schimelpfenig	510-232-9284
Area Governor	Harry Hubinger	837-4381



Walkers John Lewis

Every Friday at 9:30 am at various locales. Call **John** or just show up. Rain cancels any walk.



Branch 146 Officers and Directors		
Big SIR	Garth Cummings	820-0745
Little SIR	Jim Stedman	932-1636
Secretary	Jeff Baily	906-0521
Assistant Secretary	Stu Somerville	944-0738
Treasurer	Jim Todhunter	283-3974
Assistant Treasurer	Chuck Bobinecz	939-8740
Director	Pete Gates	937-2035
Director	Dennis Hallett	943-1447
Director	Frank Rockwell	943-7743
Director	Lew Thompson	686-6880
Director	Mike Varner	938-3778
Director	Al Zamolo	932-7924

Past Big SIR's

1989 Charles Unfried
1990 Gill Rhodes
1991 Gene Hackett
1992 Walt Entelman
1993 Kap Kaprielian
1994 Joe Jansen
1995 Bob Walton
1996 Dick DeVoe
1997 Warren Boero
1998 Don Nunn
1999 Dave Valladao
2000 Jack Calloway
2001 Bill Hansen
2002 Fred Kovar
2003 Bob Yolland
2004 Doug Cook
2005 Ray Kan

Jan 6 - Mitch's Trail, Meet at Clayton Library.
Jan 13 - Canal Trail. Meet at Arbolado Park, Walnut Creek on Arbolado Drive.
Jan 20 - Iron Horse Trail. Meet in the Willows parking lot near the El Torito Restaurant..
Jan 27 - Lafayette Trail. Meet at parking lot near Pleasant Hill Road and Olympic Blvd intersection..

Committee Chairmen		
Attendance/Lunch	Bill Root	943-6194
Audit	Bob Schroder	934-4703
Badges	Ken Richter	689-6217
Bocce Ball	Bob Frankland	284-7222
Bowling	Larry Mitchell	798-5440
Bridge-couples	Lo McCarley	935-3939
Bridge-duplicate	George Zurich	376-4439
Bridge-party	Fred Bolton	932-1580
Candy Sales	Mitch Mitchell	686-0537
Chaplain	Chuck Eichen	673-7215
Cooking	Don Nunn	934-5214
Cooking Too	Rich Hanford	933-9237
Tres' Gourmet	Frank Rockwell	943-7743
Cribbage	Al Tufo	798-4129
Fishing	Sal Costanza	689-7647
Gardening	Chuck Bobinecz	939-8740
Golf	Joe Jansen	935-6691
Golf Scheduling	Tom Gorman	685-9721
Golf Treasurer	Walt Barabash	935-2964
Away Golf	Jim Baldrige	689-9232
NCGA-Handicaps	Dick Richmond	947-1167
Greeters	Ed Mendelssohn	935-0592
Historian	Jack Calloway	933-7998
Honorees	Dick DeVoe	932-5546
Investment	Ben Smith	820-5403
Membership	Jim Jackson	687-7052
Newsletter Editor	Pete Gates	937-2035
Asst. Editor	Rich Ahlf	672-2514
Asst. Editor	Jim Jackson	687-7052
Mailing	Bill Cammerer	932-7887
Photographer	Ken Kratz	933-7989
Nominating	Ray Kan	376-2023
Pianist	Dave Obara	932-2584
Poker Club 1	Frank McNamee	672-3443
Radio	Bill Moresi	837-4645
Social	Don Nunn	934-5214
SongSirs	Bill Rees	376-3098
Director	Rod Sharretts	372-6566
Sunshine	Otto Wilson	825-1943
Table Pool	Bill Weinberg	682-0962
Theatre	Bill Hansen	939-4951
Travel	Bob Spellman	934-8428
Asst Travel	Charlie Kiser	274-1575
Veterans	Lynn Freeman	691-1186
Walkers	John Lewis	825-3561
Webmaster	Jeff Baily	906-0521
Wine Tasting	Dale Haukland	820-0189



Happy New Year!



Thanks to **Bill Cammerer**, **Bob Madge**, and **Ken Richter** for folding and labeling, to **Ken Kratz** for photography, **Bill Cammerer** for mailing, and **Dick DeVoe** for proof reading.

March Dinner Dance

It may seem a bit early, but March 1st is rapidly approaching. Seems strange, but January and February will be the only opportunity for this to appear in the SIR-CALL. We expect a large and early response, so don't wait too long to send in your checks. As usual, we will hold all checks until the day after the dance.
Send to Don Nunn, 2127 Seccombe Court, Walnut Creek, CA 94598

Dinner Dance-March 1, 2006
A Night In Hawaii. Wear Your Best Hawaiian Duds

Where: Heather Farms Garden Center, Marchbanks Drive, Walnut Creek
Time: 6pm to 10pm
Price: \$82 per couple
Includes: Hosted bar, hors d'oeuvres, salad, dinner, dessert and coffee or tea
Music: Dancing to the live band of Dalt Williams
Once Again: March 1, cocktails and hors d'oeuvres at 6pm, dinner at 7pm, dancing from 7:30 to 10pm

Your name Sir _____ Guest/*POSSLQ _____
Enclosed check for \$ _____ for _____ people
Choice of entrées: Beef _____ Fish _____ Vegetarian _____
Seat us anywhere _____
We would like a table of eight (Please include a check for the full amount (8 people)\$ _____
Names of the other six people are:
1. _____ 2. _____
3. _____ 4. _____
5. _____ 6. _____

*POSSLQ=Person of opposite sex sharing living quarters



SIR CALL

Newsletter

Sons In Retirement, Inc.
2106 Hoover Court
Pleasant Hill, CA 94523

sircall@hotmail.com

<http://www.sir146.com>

Non Profit Org
US Postage Paid
Permit No 364
Concord CA

Time Value Mail
Please deliver as
soon as possible.

More Holiday Smiles



Hazel and Hank James with Roberta and Otto Wilson



Jim Brown and Barbara Lundblade



Georgia and Doug Cook with Mary and Chuck Bobinez



Sharon and Mike Varner