

SIR CALL

Newsletter

Pleasant Hill SIR Branch 146 Volume 13 Issue 1

Published For Our Members And Friends

January 2001

Big Sir's Commentary :



Thanks Sir Jack. Looking back on the last eighteen months, one has to be impressed with the accomplishments of our Big Sir Jack Calloway. He stepped in in the middle of a year. When Dave Valladao died, Jack quickly analyzed what needed to be done and began moving the organization forward. He instituted several study groups with the goal of involving more members, determining requirements for all committeemen and updating our Branch rules and regulations. As a result of these efforts new activities were added, transfer of duties was streamlined and excessive verbiage and baggage was removed from the rules. In addition he helped to keep the board focused on continuing problems such as membership , waiting lists etc. He never jumped to any conclusion; instead weighed every option and presented those options to the board. On a personal note, he was always supportive, providing great advice and counsel (remember the "Invest in Kids" program). I will miss his hand at the helm and recognize that these big feet of mine will have a hard time filling his shoes. Once again, thanks Jack... thanks from all of us.

Luncheon



Dale Haukland 820-0189
The second Thursday of every month at Blake's Restaurant, Boundary Oak Golf Course. Social hour starts at 11:00 and lunch at noon.

SIR Regular Members must call **Dale Haukland** by Monday before the Thursday Luncheon if you are not going to attend.

SIR Waiting List people must call **Dale Haukland** by Monday before the Thursday Luncheon if you are going to attend .

Attendance



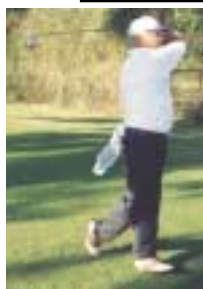
Lang Erickson 682-1337 flangley@flash.net

Ladies Day at Blakes at Boundary Oak
Total attendance: 264 people
118 members, Waiting List 12, Guests 4



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S

Day Luncheon December 14, 2000



The Stock Market ...by Will Rogers
Buy low. Wait until it goes up, then sell.
If it doesn't go up, don't buy.

Know Your SIR!



SIR Charlie Sheets

Charlie Sheets claims he has a slight identification problem. While his name, **James Charles Sheets** appeared not to be a problem for him, it has, from time to time, been just that.

In McKinney Texas where he was raised, he was known as J.C. So when family and Texas friends continue to contact him at his home in Walnut Creek, CA , by the name "J.C. he smiles and says, "Letters from the Good Ole Boys."

When **Charlie** was 18 years old, he attended McKinney high school. Shortly after the bombing of Pearl Harbor, J.C. joined the U.S. Marine Corps and was later assigned to the U.S.S. Idaho in 1942. He participated in the South Pacific war zone, bombarding islands prior to their occupation from 1942 - 1945. During his term of service he was known as SHEETS by officers and his buddies.

After he returned from the service, he and his wife Dottie moved to Richmond, California where he answered to the name JAY. While in Richmond, he worked at the old Builders Emporium Lumber Co. in El Cerrito. Later a new clerk was hired. Clerk's first name - JAY. Therefore in an effort to avoid future confusion, Jay again changed his name to CHARLIE.

Now, although retired, **Charlie** looks back in time to his other former work place -at Truitt and White Lumber Company where he worked as Assistant Manager for 35 years. At the click of a tape measure, he'll be happy to measure your windows, doors or closets for you.

Charlie and his wife **Dorothy** celebrated their 50th wedding anniversary on September 24th 1993 at their son Jay's home in Livermore.

Their daughter **Ellen** joined in the festivities. While **Charlie** enjoys fishing, trips with a group of senior citizens, gardening and especially bowling, he definitely does not enjoy cucumbers in his salad. Ask any waitress.

P.S. Recently when **James Charles Sheets** went to an appointment and met his new doctor, the doctor extended his hand and said, Good to meet you, JIM!

Soldier's Poem

As told by Santa

'T WAS THE NIGHT BEFORE CHRISTMAS
HE LIVED ALL ALONE
IN A ONE BEDROOM HOUSE
MADE OF PLASTER AND STONE

I CAME DOWN THE CHIMNEY
WITH PRESENTS TO GIVE
AND TO SEE JUST WHO
IN THIS HOME , DID LIVE

I LOOKED ALL ABOUT
A STRANGE SIGHT I DID SEE
NO TINSEL, NO PRESENTS
NOT EVEN A TREE

NO STOCKING BY MANTLE
JUST BOOTS FILLED WITH SAND
ON THE WALL HUNG PICTURES
OF FAR DISTANT LANDS

WITH MEDALS AND BADGES
AWARDS OF ALL KINDS
A SOBER THOUGHT
CAME THROUGH TO MY MIND

FOR THIS HOUSE WAS DIFFERENT
IT WAS DARK AND WAS DREARY
I FOUND THE HOME OF A SOLDIER
ONCE I COULD SEE CLEARLY

THE SOLDIER LAY SLEEPING
SILENT, ALONE
CURLD UP ON THE FLOOR
IN THIS ONE BEDROOM HOME

THE FACE WAS SO GENTLE
THE ROOM IN DISORDER
NOT HOW I PICTURED
A UNITED STATES SOLDIER

WAS THIS THE HERO
OF WHOM I'D JUST READ
CURLD UP ON A PONCHO
THE FLOOR FOR A BED

I REALIZED ALL THE FAMILIES
THAT I SAW ON THIS NIGHT
OWED THEIR LIVES TO SUCH SOLDIERS
WHO WERE WILLING TO FIGHT

SOON ROUND THE WORLD
THE CHILDREN WOULD PLAY
AND GROWNUPS WOULD CELEBRATE
A BRIGHT CHRISTMAS DAY

THEY ALL ENJOYED FREEDOM
EACH MONTH OF THE YEAR
BECAUSE OF THE SOLDIERS
LIKE THE ONE LYING HERE

I COULDN'T HELP WONDER
HOW MANY LAY ALONE
ON A COLD CHRISTMAS EVE
IN A LAND FAR FROM HOME

THE VERY THOUGHT BROUGHT
A TEAR TO MY EYE
I DROPPED TO MY KNEES
AND STARTED TO CRY

(Continued on page 7)

Bowling



Al Zeppa 685-8920

If you are interested in joining a team or forming your own team for this league, contact Sir **Al Zeppa**, league secretary.

We are passing on 2000 and going into 2001 and let's hope the good scores will keep coming. We did see some good scores bowled by one **SIR** from Branch 146 in the **SIR San Rafael Tournament**. It was not me, but I was glad it was my brother. In the singles, **Norie Zeppa** came in seventh with a 648 series. He also came in fourth in the all-events with a 1371 total. He bowled a 687 (H) in the doubles, with a 277 game. I thought it would be nice to have the Bowler of the Year 2000. It came out to be **Bob Butterfield**. He came in with a 184 average and now carries a 196. He had nine 200 games, seven 225 games, and six 600 series. Congratulations, Bob!

We have two **SIR** tournaments coming up:

- (1)...Sutter Creek at Gold Country Bowl, Monday, January 22, and Wednesday, January 24, 2001.
- (2)...San Jose at the Fiesta Bowl, Wednesday, January 31, Thursday, February 1, and Friday, February 2, 2001.

Computer Action

Chris Satterthwaite 939-7826

Chrissatt@AOL.Com

3rd Thursday at 1 pm at WC ELK'S Club
1475 Creekside Dr. (off S. Main)



Our next meeting Thursday, January 18th, 2001, will start off with an action packed session and will feature a guest speaker who owns a computer store in Moraga. She will be discussing computer hardware, how to improve it and how to fix same. She also plans to bring a mini-tower processor and will show us how to install a second hard drive together with additional memory.

January Birthdays

Richard Devoe
Eugene Diana
Ernest Dickson
Arthur Gagnon
Wesley Hauschildt
Elmer Kaprelian
William Knapp
Raymond Nordstrom



Willard Thorbrogger
Wesley Van Beveren
George James
Jerry Hoffman
Charles Eichten
Garth Cummings
Ronald Morrison
Dale Haukland
Kenneth Richter

Cooking etc..

Don Nunn 934-5214 donnunn@tpi.net
fax 934-5559

1st Monday 9:30 am at various members' homes or at restaurant or cooking school.



Merry Christmas and all that jazz.

- 1) Our Spring Fling Dinner Dance is scheduled for March 28, 2001. It will be at The Heather Farms Garden Center in Walnut Creek. Full details will appear in the February Bulletin with the price, etc and a cutout return form.
- 2) Since January 1, is the first Monday of the month, the cooking group won't have a meeting in January. (SIR schedule is too crowded to fit it in). We will meet on the first Monday of February (5th). It is tentatively scheduled at **Charlie Kiser's**, but it will be necessary to confirm your attendance with **Don Nunn** @ 934-5214. Charlie may be on another trip!

Cri bbage



Al Tufo 798-4129 Second Monday of the month at various members homes.

December Cribbage was cancelled and January's meeting will be at **Bryant Fischback's** home at 1324 El Curtola Blvd. in Lafayette.

Duplicate Bridge

Bob Donahue 376-4527

Rcdonahue@ATT.NET

Monday following the monthly SIRS luncheon at 10 am at various members' homes. Bring lunch.



SIR Bob Yolland hosted four tables of bridge in December with **Fred Bolton** coming in first with 49 points.

Chuck Thompson was second with 44 points.

Jim Stedman came in third with 43 1/2 points and

Fred Kovar was fourth with 39 1/2 points.

The next meeting is scheduled for Monday, January 15, 2001.

Contact **Jim Jackson** at 687-7052 for information.

Jim is filling in for **Bob Donahue** who is on vacation.

When you can't have what you want, it's time to start wanting what you have.

Anon E. Moose

Garden Club

Chuck Bobinecz 939-8740 bobinecz@flash.net
4th Wednesday at 2:00 pm at Alamo Safeway unless otherwise announced.



Our next meeting will be January 24th in the Alamo Safeway. Dan Finklea, the owner of Handy Dan Green Wise Landscapes, will talk to us about garden irrigation drip systems.

Remember to save your fruit tree cuttings for an exchange for those who wish to graft new varieties on their fruit trees.

Golf



Joe Jansen 935-6691
JJansen@Juno.com
Every Tuesday at 9 am at Boundary Oak for all, and once a month away for those who sign up.

Away Golf: Silverado Country Club on Friday Feb 9 scheduled to be a shotgun start at 9:00 am. Green fees are \$38 for SIRS \$36 for guests. Flyers on this will be out shortly. Any questions.. call **Jim Baldrige** 689-9232 or **Dick Richmond** 947-1167.

Tuesday Golf Results

November 21 First Flight:

Closest to the Pin was **Jack Calloway**.
Bill Hansen, Jack Calloway and **Frank Marcon**.

Second Flight:

Pablo Chavez, John Fontenrose and **Chris Satterthwaite**.

November 28 First Flight:

Closest to the Pin was **Tom Gorman**.
Jim Helmick, Bob Yolland and **Ray Nordstrom**.

Second Flight:

Harry Rieck, Ernie Dickson and **Tom Stack**.

December 5 First Flight:

Closest to the Pin was **Frank Marcon**.
John Lewis, Lewis Thompson and **Frank Marcon**.

Second Flight:

Tom Gorman, Warren Boero and **Bob Wheaton**.

December 12 First Flight:

Closest to the Pin was **Tom Gorman**.
Lewis Thompson, Rich Hanford and **Ray Edmonson**.

Second Flight:

Howard Harvey, Tom Stack and **Walt Barabash**.

Gone Fishing



Pablo Chavez 256-8516

If you've not been involved, you have many choices, including telling tall tales at Coco's restaurant 3200 Buskirk Ave. every 4th Thursday of the month at 8:30 AM, or you can call Sir **Al Brunner** (687-0594, **Sir Bob Walton** (930-0113), or **Pablo Chavez** and they'll provide you with the 2001 Fishing Calendar and answer questions on how to get involved!

Several fishing trips during November and early December met with mixed success. Two fishing trips in the bay saw very few fish in the boat, but one trip in northern California met with great steelhead fishing. No formal fishing trips are planned for the next few months but good size fish are being caught in some of the local reservoirs and they are easily planned with only a few phone calls. Several members have stated an interest in attending the San Mateo International Sportsman's Exposition in early February and the same show in Pleasanton in the middle of March. We should car pool, so if you are interested, call a few fellow fishermen. Reservations have already been made for two Kokanee salmon fishing trips to New Melones next summer. Two RV sites and one four-person cabin have been reserved at Angles Camp for both May 21-25 and July 16-20. Reservations are on a first come basis so if you are interested in going, reserve your place today. We have also reserved a guide for two days each trip. The guide will only take three fishermen per day, so reserve your place today. If more people are interested than covered by these reservations, we will try to reserve additional living spaces and days with the guide but the earlier we know the better our chances for additional reservations. Call Fishmaster **Al Brunner** at 687-0594 for the May trip reservations, and Fishmaster **Richard Fish** at 672-8468 for the July trip. Come join us. Many limits of Kokanee salmon were caught during the two New Melones trips last summer. For further information, contact **Al Brunner**, Area 2 Fishing Activity Coordinator at 687-0594, Richard Fish, Associate Coordinator at 672-8468, or **Pablo Chavez** at 256-8516. All SIR members and guests are welcome to partake in the fishing trips, as well as attend the monthly meetings.

Investments



Phil Leigh 685-8090
Pleigh@Hotcoco@Infi.Net
7:45 am at Coco's All Area 2 SIRS
Restaurant at 3202 Buskirk Ave. Pleasant Hill.

Gentlemen: here's the schedule of the January 2001 program for SIRs Area 2 Investment Group

Wednesday, January 24: Are income stocks and bonds a safe haven?

With the markets gyrating wildly and dot-com millionaires suddenly on the dole, will lower interest rates create opportunities for income investments? Our guest speaker, well known for his accurate forecasts (50% plus or minus) will divulge his latest prognostications.

Area 2 SIRs Investment Group meets the fourth Wednesday of each month at Coco's Restaurant in Pleasant Hill at 3202 Buskirk Ave at 7:45 AM. No reservation is required for breakfast or for the meeting. All Area 2 SIRs and SIR visitors are welcome.

As a courtesy to Coco's we are each requested to purchase a breakfast.

Please contact Phil Leigh at 685-8090 (e-mail pleigh@hotcoco.infi.net) with comments or for further information.

Fortunes are made by buying low and selling too soon.
Baron Rothschild

Party Bridge



Fred Bolton 932-1580
1st Monday at 10 am at various
Members' homes. Bring a lunch.

Sir Lynn Freeman hosted four tables of party bridge in December. **Bob Donahue** took first place with 6590 points; in second place was **Bob Coney** with 6470 points, third to **Bob Yolland** and fourth to **Lynn Freeman**. Due to New Years, our next game will be on Monday, January 8th at 10:00 am and will be hosted by **John Lewis**. Contact **Fred Bolton** if you would like to play.

Personal Events

The **Belluomini's** — 50 Years
SIR **Raphael**, a branch 146 member since June of '97, and **Janice (Burlaga) Belluomini** celebrated their 50th wedding anniversary this August. Congratulations!

SIR Dean Merritt suffered a mild heart attack and is recovering well after bypass surgery. Phone calls are welcome at 671-7380

SIR CALL Contributions



Jeff Baily 906-0521
SIRCALL@ATT.NET Get "all the news that's fit to print" in to SIR CALL by the 20th of the month. (Please...by e-mail, if you can, or else written)

At your next activity, why not take a picture of your group so it can be included in the next SIRCALL?

Song Sirs



Owen Sullivan 943-7998
Practices are held after the SIRS monthly luncheon plus once per month at Dave Obera's place at 4 pm. Singers welcome. Contact Owen.

Song Sirs welcomes new member **Richard Shelley** to the ranks.

No gigs in the near future and the next practice will be immediately following the January Luncheon

Table Pool

Bill Weinberg 682-0962
2nd Monday at 11:30 am
(mark the calendar now!) at
Masse's , 2721 N. Main in Walnut Creek.



Great turnout Monday Dec 11. A sizzling shot with left English by **Don Martin** sank the 8 ball to put him and **Jeff Baily** in first place. (There appears to be no stopping those guys!) **Stan Strange**, with his own cue, and **Howie King**, a first time SIRS player squeaked into 2nd place, and **Barney Meade**, another custom cue man and **Martin Lyle** took third.

Travel Opportunities



Charlie Kiser 274-1575
Charlieki@Webtv.net

Aug 16, 2001— All SIRS Day at Pac Bell Park. Watch the SF Giants Battle the Florida Marlins 12:35 pm. Space is extremely limited and is on a first come first served basis. Lower box \$26.00, View level \$16.00, L Field bleacher \$10.00, C Field bleacher \$9.00. No backs on bleacher bench seats. Write in 2nd choice also. Deadline is Jan. 19, 2001. Send Check payable to SIR 146, indicate number of tickets and alternate choice and mail to **Charlie Kiser** 1575 Ptarmigan Dr, #1A W/C CA 94595.

Or contact **Charlie Kiser**, Branch 146 @ 274-1575

December 30 – January 3, 2001 – Rose Parade! Enjoy two evening shows at the Anaheim Hilton, including a gala New Year's eve party. You'll get to visit the Getty Museum. See the Rose Parade from a prime reserved seat. Cost is \$851 pp.

Contact **Carl Raaka**, Branch 8 @ 254-0482.

January 9, 2001 – Amazon Cruise. Trip includes round trip air, Ft. Lauderdale, San Juan, Tortola, Barbados, Amazon River, Boca de Valeria, Manaus, Santerem Brazil, Devil's Island and St. Thomas. Cost is \$2585 pp for inside cabin. \$3157 pp deluxe ocean view.

Contact **Jack Russell**, Branch 116 @ 935-6707.

January 19-27, 2001 – Hong Kong Chinese New Year Celebration! Round trip air, six nights in Hong Kong, Chinese New Year parade and new year's dinner. Sightseeing, six breakfasts. Cost is \$1180 pp.

Contact **Fred Stammen**, Branch 171 @ 283-1956.

February 8-15, 2001 – Hawaiian Adventure. Visit Pearl Harbor, USS Arizona Memorial, Polynesian Cultural Center, Haleakala Crater, Maui Luau. SF transfers and round trip airfare. First class hotel, daily breakfasts, two dinners. Cost is \$1559 pp double; \$2159 single.

Contact **Vic Johnson**, Branch 116 @ 680-1501.

February 13-15, 2001 – Reno Snow Train. Round trip on the snow train from Martinez to Reno, two nights at the Silver Legacy, show at Harrah's, beverages on the train. Cost is \$190 pp double Only a few spots left.. Hurry!

This trip always sells out early.

Contact **Carl Raaka**, Branch 8, 254-0482.

March 1-8, 2001 – Land of Cajuns and Creoles!

The Atcna Falaya Basin and Lower Mississippi – an 8-day journey through the swamps and bayous of Louisiana with river barge excursions aboard the R/B River Explorer. Optional package in New Orleans February

26-28, 2001 for Mardi Gras. Includes r/t air, shore excursions, and all transfers. Cost is \$2295 per person, double occupancy.

Contact Sir **Bob Hagler**, Branch 8 at 934-7620.

May 3-7, 2001 — Pageantry of Southern California! Amtrak Starlite Oakland to Glendale, with dinner on board. Then Getty Museum, Universal Studios, Nixon Library, Crystal Cathedral, and Romana Pageant in the foothills of Mt. San Jacinto! Return by air. Trip includes 4 breakfasts and 4 dinners and all gratuities. Cost is \$826 p/p, double occupancy, single supplement is \$190. Contact **Charlie Kiser**, Branch 146 @ 274-1575.

May 11-25, 2001— An Elegant Journey through Ireland and Britain. Shannon Ireland, Galway, Killarney, Ring of Kerry, Dublin, Belfast, Edinburgh Scotland, York/London England. Includes R/T air from SFO, 13 nights in deluxe and superior first class hotels, 13 breakfasts, 1 lunch & 7 dinners, deluxe motor coach and professional Irish tour escort throughout.

Contact **Ron Weber**, Branch 19 @ 689-5602.

May 23-June 7, 2001 – Scandinavian Capitals & Russia. With a 2 night stay in London, daylight transit of Kiel Canal, Berlin, Estonia, St. Petersburg, Helsinki, Stockholm, Copenhagen, London. Includes r/t air, shipboard gratuities. Cost from \$3505 pp.

Contact **Bob Hagler**, Branch 8 @ 934-7620.

June 13-23, 2001— Canadian Northern Rail Spectacular including 2 days aboard the "Skeena" train. Includes Banff, Jasper, Victoria, Columbia Ice Fields Glacier and a 1 day cruise through the Inland Passage. Cost is \$2050.00 p/p dbl occupancy, \$2640.00 single occupancy. Contact **Carl Raaka**, Branch 8 @ 254-0482.

June 20-28, 2001 – British Columbia Golf Getaway! Round trip air from San Francisco to Vancouver. 4-nights on Vancouver Island, 4 nights Whistler, 4 rounds of golf, 5 dinners. Two hosted cocktail parties, round trip ferry to Victoria. Tournament awards, taxes and gratuities. Cost is \$1629 per golfer and \$1329 for non golfers. Contact **Charlie Kiser**, Branch 146, 274-1575

A woman and her husband interrupted shopping and went to the dentist. "I want a tooth pulled and I don't want Novocain because I'm in a big hurry," the woman said. "Just extract the tooth as quickly as possible and we'll be on our way."

The dentist was quite impressed. "you're certainly a courageous woman," he said. "Which tooth is it?"

The woman turned to her husband and said, "Show him your tooth dear."

Officers 2001

State President	Dwight Sale
Region Director	Robert Eden
Area Governor	Art Miller

Branch 146 Officers and Directors

Big SIR	Bill Hansen	939-4951
Little SIR	Fred Kovar	937-2951
Secretary	Bob Yolland	932-4758
Assistant Secretary	Jim Baldrige	689-9232
Treasurer	Jim Brown	689-2797
Assistant Treasurer	Jim Adams	685-4216
Director	Pablo Chavez	256-8516
Director	Dean Merritt	671-7380
Director	Al Milano	933-3492
Director	John Miller	934-9778
Director	Dick Richmond	947-1167
Director	Hal Ruby	686-2748

Committee Chairmen-2001

Attendance	Dale Haukland	820-0189
Audit	Roy Fredrickson	284-5623
Badges	Dick Richmond	947-1167
Badge maker	Lang Erickson	682-1337
Bocce Ball	Al Milano	933-3492
Bowling	Al Zeppa	685-8920
Bridge-dup	Bob Donahue	376-4527
Bridge-party	Fred Bolton	932-1580
Bulletin	Jeff Bailly	906-0521
Chaplain	Tom Stack	846-8430
Computer	Chris Satterthwaite	939-7826
Cooking	Don Nunn	934-5214
Cribbage	Al Tufo	798-4129
Fishing	Pablo Chavez	256-8516
Gardening	Chuck Bobinecz	939-8740
Golf	Joe Jansen	935-6691
Golf Sched	Tom Gorman	685-9721
Greeters	Ernie Dickson	376-4590
Hardware	Gene Diana	510 483-7004
Historian	Glen Furlow	631-0158
Honorees	Dick DeVoe	932-5546
Investment	Phil Leigh	685-8090
Luncheon	Stan Jackson	939-3314
Membership	Lang Erickson	682-1337
Nominating	Jack Calloway	933-7998
Pianist	Dave Obera	932-2584
Radio	William Moresi	837-4645
Social	Don Nunn	934-5214
SongSirs	Owen Sullivan	943-7998
Sunshine	Rollie Nordeen	284-1199
Table Pool	Bill Weinberg	682-0962
Travel	Charlie Kiser	274-1575
Veterans	Art Trost	934-2889
Walkers	John Lewis	825-3561
Wine Tasting	Dale Haukland	820-0189

Past Big SIR's



1989	Charles Unfried	1995	Bob Walton
1990	Gill Rhodes	1996	Dick DeVoe
1991	Gene Hackett	1997	Warren Boero
1992	Walt Entelman	1998	Don Nunn
1993	E (Kap) Kaprelian	1999	Dave Valladao
1994	Joe Jansen	2000	Jack Calloway

(Continued from page 2)

THE SOLDIER AWAKENED
AND I HEARD A ROUGH VOICE
"SANTA DON'T CRY
THIS LIFE IS MY CHOICE

I FIGHT FOR FREEDOM
I DON'T ASK FOR MORE
MY LIFE IS MY GOD
MY COUNTRY, MY CORPS."

THE SOLDIER ROLLED OVER
AND DRIFTED TO SLEEP
I COULDN'T CONTROL IT
I CONTINUED TO WEEP

I KEPT WATCH FOR HOURS
SO SILENT AND STILL
AND WE SHIVERED TOGETHER
FROM THE COLD EVENING'S CHILL

I DIDN'T WANT TO LEAVE
ON THAT COLD, DARK, NIGHT
THIS GUARDIAN OF HONOR
SO WILLING TO FIGHT

THEN THE SOLDIER ROLLED OVER
WITH A VOICE SOFT AND PURE,
WHISPERED, "CARRY ON SANTA
CHRISTMAS DAY IS SECURE."

ONE LOOK AT MY WATCH,
AND I KNEW HE WAS RIGHT....
"MERRY CHRISTMAS MY FRIEND
AND TO ALL A GOOD NIGHT"

Walkers



John Lewis 825-3561

Every Friday at 9:30 am at various locales.
Call John or just show up and get healthy.

Dec. 29: Heather Farms Canal Trail.
Meet in the parking lot near the trail.

All walkers and particularly new walkers,
please contact **Sir John Lewis** at 825-3561 for answers
to any questions you may have. Unless otherwise noted,
all walks start at 9:30 AM.

January '01 schedule:

January 5— Canal Trail North. Meet at Oak Park Blvd.
Shopping Center.

January 12— Lafayette Trail. Meet in parking lot near
Olympic-Pleasant Hill Rd. intersection.

January 19—Jelly Belly Tour Fairfield. Meet at Sun
Valley Bank America parking lot to form carpool.

January 26—Black Diamond Way. Meet at Clayton
Library.

Henny Youngman and his wife were out for a stroll in
Manhattan. They spotted an empty parking space so
Henny sent his wife to buy a car.

SIR CALL *Newsletter*

**Sons In Retirement, Inc.
590 Pine Creek Rd.
Walnut Creek CA 94598**

**Regular Standard Mail
US Postage Paid
Concord CA
Permit No 364**