



Big Sir's Notes

Dennis Hallett

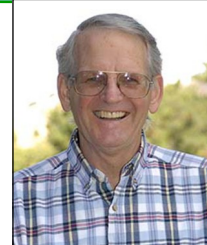
It is the time of the year we all enjoy a vacation with our loved ones. At last, the weather is being kind to us so I hope everyone has an enjoyable and memorable time. Also remember, our Branch activities are in full swing so please take advantage of the numerous activities our Branch offers.

If you have any questions regarding an activity, please call the specific Activity Chairman listed in the Directory or our Activities Coordinator **Steve Dawkins**.

We still need volunteers to join our Song Sirs. Please contact the Director **Don Tubb** as we need to keep this activity in tune and vocal.

All members are encouraged to attend the Branch Executive Committee (BEC) meeting held at 9.30 am before each monthly luncheon. It is held in the first room on your right when entering the building. On the agenda for the August meeting is a status report on the website enhancement program by **Terry Marchione**. This is a major undertaking for our Branch both in effort and expenditure. The minutes of all BEC meetings are posted on our website for your reference. Needless to say, we encourage all members to bring guests to our luncheons. This is the best way to create interest in our Branch and hopefully grow our membership numbers. Please note our August luncheon is "Random Seating" which provides the opportunity to enjoy a few laughs with members you may only occasionally meet.

Lastly, please remember our voluntary annual donation of \$25 is due. I am pleased to report 82% of our members have contributed to date. Your donations are essential to keeping our Branch healthy and viable. Our Treasurer will be publishing a chart to keep members aware of our fixed operating expenses. For those members who have yet to donate, please bring your check payable to "SIR 146" to the August luncheon and give it to **Joe Fuchs** or **Ron deGolia** or mail it to **Ron deGolia** at: 1012 Camino Verde Circle, Walnut Creek, CA 94597.



Little Sir's Corner

Pete Gates

Our speaker for the August luncheon will be **Tony Schilling**. Tony is a docent for the USS Hornet Museum in Alameda. He will talk about the military history of the USS Hornet in WWII and later conflicts. The vessel also made the news as the focus of the recovery of the Apollo 11 and Apollo 12 space capsules.

SIR BRANCH #146- BRANCH ADMINISTRATIVE EXPENSES

BEC Approved Budget for July 1, 2010 - June 30, 2011

	12 Month	% of
BRANCH ADMIN EXPENSE BUDGET	Budget	Budget
SIR CALL Printing & Postage	\$2,800	45.45%
State SIR Branch Assessment	\$1,020	16.56%
Website	\$1,000	16.23%
Printing, Supplies etc	\$965	15.67%
Postage	\$175	2.84%
Other	\$200	3.25%
Total Branch Expenses	\$6,160	100.00%

Contributions for the Administration of our Branch 146 are now due. As of July 13, 2010, we have been pleased to have received contributions from 82% of our members. We request that the remaining 18% make the annual contribution to help pay for the costs of operating our branch.



Duplicate Bridge Terry Marchione

Our match is held each month on the Monday after the SIR luncheon at various homes. Bring your lunch



Sir **Bill Snyder** hosted our July game with three tables of duplicate bridge. I want to give special thanks again to Sir **Jim Jackson** for filling in as Director.

We had an exceptionally close match with **Bob Yolland** taking 1st place with 31.5 points, **Fred Kovar** in 2nd with 31 points and **Jim Jackson** in 3rd with 29 points.

Our next game will be held at the home of **Rich Ahlf** on August 16th. Contact **Terry Marchione** (terrymarchione@yahoo.com) for information.

Couples Duplicate Bridge Too Dick De Voe

The July Couples Duplicate Bridge Too event was won by **Ken and Elaine Richter** once again, on their home turf. There's got to be something powerful about playing at home, further confirmed by their unprecedented scoring in 19 of 20 hands. Most impressive.

Lynn and Dasha Freeman were strong competitors, only 1/2 point out of 1st place. Subs **Syd and MJ Whalen** took 3rd, albeit a full 8 points behind. The rest of the players- **Adams, DeVoes, and Pierces** felt like they'd been ridden hard and put away wet, particularly after finding that the **Whalen's** hadn't played duplicate since President Reagan was first inaugurated. Fortunately, there's always next month!



Party Bridge Fred Bolton

*1st Monday at 10 am at various members' homes. Contact **Fred Bolton** for details. Bring a lunch*



We played three tables of bridge at the home of **Bill Snyder** on June 7.

First place went to **Jim Jackson** with 6050 points, second to **Carl Johnson** with 5630 and third to **Doug Isner** with 4790. Our next game will be at the home of **Bob Burley** on Aug 2.



Lunch and Wine Group

Paul Dubow



Last month, the members of the Lunch and Wine (LAW) Group gathered in **Joe Barry's** lovely garden to discuss the problems of the world and enjoy great wine and good food. We also welcomed **Steve Dawkins** to the group. After consuming a variety of appetizers, **Joe** presented us with a series of homemade pizzas. The highlight was the pizza with morel mushrooms. **Joe** is an aficionado of the morel, purportedly the finest mushroom of all. It is in season only for about one month but the mushroom hunters start in the southern part of its range and work their way north and so there are a couple of months of hunting. Right now, morels are only found in northern Washington and Canada.

And, as is their custom, our wives dined at a local restaurant in Walnut Creek. The food was good but not as good as **Joe's** pizza.

Our next venue will be at the home of **Dick Woodman**. We are looking forward to his pulled pork sandwiches

Couples Duplicate Bridge Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.



Eight couples had a great time playing duplicate bridge on July 21st at **Margot Somerville's** home. The group welcomed **Jill Reiner** again as **Jim Brown's** partner. **Bob and Janet Yolland** took first place with 38 points. **Jim Brown and Jill Reiner** took second (36 points), **Jim and Allison Todhunter** (33 points) placed third, and **Lo and Sue McCarley** finished in fourth place with 32 points. **Jim and Allison Todhunter** will host the next bridge party on August 18th.



Theater Gary Schaub



Last call for Tickets to the next SIR 146 Theatre Party

“The Hairy Ape”

An important drama from the 1920’s by a prize-winning playwright is the SIR 146 Theatre Party for September.

It will be presented at the Village Theatre in Danville on Thursday, September 23 at 8:00 p.m., produced by the Eugene O’Neill Foundation. Eugene O’Neill’s “The Hairy Ape” is an Expressionistic play about a steam-ship stoker who tries to make sense of the world around him. It is a powerful statement about the effects of industrialization and technology on the worker. While set in the 1920s’, “The Hairy Ape” is relevant in many ways to contemporary times.

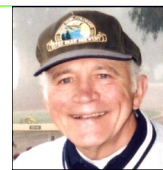
Playwright Eugene O’Neill lived at Tao House, his home in the Danville hills between 1937-1941. Here O’Neill wrote his most notable plays, including “The Iceman Cometh,” “A Long Days Journey Into Night,” and “A Moon for the Misbegotten.” Tao House is now part of the Eugene O’Neill National Historic Site, operated by the National Park Service.

Tickets for “The Hairy Ape,” in a special group rate for SIR members is \$25. Space is limited. Deadline to order is September 3. Send your check, payable to “SIR146” to Sir **Gary Schaub**, 1758 Candelero Court, Walnut Creek 94598.

If you have questions, call **Gary** at (925) 938-5454. Tickets will be distributed at the door of the Village Theatre, 233 Front Street, Danville (one block east of Hartz Avenue, near the Danville Library). Free and lot parking is available nearby.



Garden Club Chuck Bobinecz



1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church, 1801 Lacassie Ave., in the Room 203, unless otherwise announced.

Our August meeting will be a trip to the Ruth Bancroft Gardens at 1552 Bancroft Road.. We will meet at the garden at 8:50am on Thursday, August 5th and the tour starts at 9am. The cost for a docent one hour tour is \$7 pp or if you are a member of the garden there is no cost for the tour. Again, wives and guests are welcome.

Garden tip of the month: You don't have to tear when cutting onions. Chill them in the freezer for 15 minutes or the refrigerator for a half hour.

MEMBER RECRUITMENT AND RETENTION JACK CALLOWAY

A warm welcome to our newest members **George Felice** sponsored by **Ray Kan** and **Robert Storkan** sponsored by **Dick Richmond**. From time-to-time members may have a non-health related problem which prompts them to consider going inactive or resigning from the Branch. Before taking that action, please talk to your sponsor or give me a call. We may be able to find a solution that will allow you to continue membership. The only requirement for membership is that you are not working full-time. Once you become a member, the only requirement is that you attend five of the ten monthly luncheons (excludes the May and December Ladies Days). This gives the needed flexibility for members who cannot attend all the luncheons. The social interaction at the luncheons and our many activities are the cornerstones of our SIR Branch. Why not share your experience by bringing a guest to the next luncheon?



Chess Group

A chess group is now being formed. Players at all levels are welcome.

Please contact **Joe Fuchs** at JBF@astound.net if you are interested.



Poker Club #1

Frank McNamee



Poker Club #1 met on July 7th at the residence of **Bill Cammerer**. With all members in attendance.

Poker Club #2

Al Zamolo



June's session was a bonanza for **Jim Brown**. Others of us had to be satisfied with small gains and losses.



Poker Club #4

Chuck Bobinecz

Our next session is on July 26th. We will meet at the home of Sir **Pete Gates**.

If you wish to be a sub or are in another poker group and would like to be a sub, please let me know. We usually have one or two subs each month.

By California law, draw poker is predominately a game of skill and stud poker is not.

Yet another reason to stop smoking: Children who are frequently exposed to secondhand smoke show signs of early atherosclerosis, according to new research from Finland. Even modest exposure was associated with artery thickening, suggesting that there is no safe amount of secondhand smoke.

Vary your exercise program with "deep water running" in a pool. If done with enough intensity, this low-impact activity can maintain cardio respiratory fitness and maybe even improve it, according to studies.

Taking good care of your teeth may help protect your heart. People who have poor oral hygiene are at higher risk for heart disease than those who brush twice a day, according to a recent Scottish study.

UC Wellness Letter

Cribbage

John Pearl, Interim Chair

In August, we will change the date to a Wednesday afternoon as we try to find the "sweet spot" for this fun activity (you can actually win money!). If you are interested in joining our fun group, please let me know which Wednesday afternoon would work for you. Most would be surprised at the skill required to play at a high level, as demonstrated repeatedly to me by **Barney Meade** and **Al Tufo**.

John Pearl, Interim Chair
mcpearl@astound.net 934-6920



Bowling

Larry Mitchell



The SIR summer league is rolling right along and is about mid-season. We are still looking for more bowlers. As they say on TV "come on down" and join us at Diablo Lanes any Wed. morning at 10:00am and start bowling. If you prefer not to bowl during the summer due to travel or other reasons, the SIR winter league starts on September 8 and you can just show up at the initial meeting (9:30 am) and I will see that you are placed on a team.

There are two tournaments in August. The first is in Sonora at the Black Oak Casino on the 2nd and 5th and will be a singles, mixed doubles, all events affair. The second is in Reno at the National Bowling Stadium and is a mixed teams, doubles, singles and all events and will be on the 16th, 17th and 18th. Anyone wishing more information on these events please call me at 925-798-5440.

SIR Happenings

Newsletter

SIR Happenings is the statewide SIR Newsletter. Just go to www.sirinc.org and click on SIR Happenings to read the current issue. You may enjoy reading about the activities of other SIR branches.



Travel Opportunities

Bob Spellman



Aug 19, 2010 Guide Dogs for the Blind and Marine Mammal Center. This should be a fun trip. We will travel by Motorcoach to visit the Guide Dogs campus in the morning and see how they train the dogs for the blind. After a stop for lunch we will motor down to the Marine Mammal Center located in the Marine Headlands area. There we will take a tour of the facility and gain a deeper understanding of marine mammals and their ocean environment. Cost: \$38.00 pp. Make checks payable to SIR 146 and send to **Bob Spellman** 3524 Perada Dr. Walnut Creek, Ca. 94598

Sept 17-30, 2010 Mediterranean Enchantment. A 10 day cruise on board Holland America's ms Noordam sailing round trip from Civitavecchia (Rome) plus a 2-night post stay in Rome. The Itinerary includes visits to Livorno, Monte Carlo, Barcelona, Palma de Mallorca, Carthage, Trapani and Naples. The cost is \$4965 to \$5935 depending on Stateroom, includes transfers to/from SF, round trip airfare from SF to Rome and back. All meals while on board. Sky cap and Stevedore tips and Government fees also included. Contact **Jim Lunn** @925-551-3329 Branch #8 for more information.

Oct 27-27, 2010 Glen Campbell in the Grand Sierra Showroom. *Day One* depart at 8:00am from Heather Farms for the ride to Reno. 3 Hour Casino Stop at BOOMTOWN bonus \$5.00 cash. Check in to the Grand Sierra Resort. 8:00pm **Glen Campbell** show. *Day Two* Hosted breakfast buffet then check out. 3 hour Casino Stop at the SIVER LEGACY Bonus \$ 5.00 cash. Reboard Motorcoach for the ride home. Cost: \$140.00pp. Contact **Bob Hagler** @ 925-934-7620 Branch #8 for more information.

Nov 30-Dec 11, 2010 Silverseas Cruise from Dubai to Mumbai. This 9 day cruise aboard the Luxury Silversea's Silverwind include the ports of Dubai, Fujairah, Bandar Abbas, Khasab, Muscat, Porbandar, and Mumbai. Cost: \$4995 to \$6450 depending on Stateroom. Contact **Tom Sponsler**@ 925-708-6584 Branch #171 for more information.

Oct 1-11, 2011 Canada & New England Cruise. Experience the colors of Fall as you sail for 10 days aboard Silversea's Silver Whisper from Montreal to New York. You will also visit Quebec City, Charlottetown, Sydney, Halifax, Bar Harbor, Boston and Newport. While aboard the Silver Whisper you will find a most accommodating atmosphere providing impeccable service and world class cuisine. Everything is included in the price, tips, fine wines, all spirits, complimentary In Suit dining, meals airfare, bus to and from airport, port charge, government fees and taxes. You will be treated like royalty. Cost from \$4720 to \$6057 depending on Stateroom. Contact **Bob Spellman** @ 934-8428. This trip has been very popular with over 50 people signed up.



Sunshine



Walt Busenius
945-0715

Busenius@astound.net

We extend are heartfelt best wishes for healing to the following Sirs who are in our thoughts and prayers:

We offer our condolences and prayers to the family of Sir Arthur Frank Trost, retired Lt. Colonel, USAF, who passed away in May.

We extend are heartfelt best wishes for healing to the following Sirs who are in our thoughts and prayers:

- Sir **Pete Miller** is recovering from recent surgery.
- Sir **Lee Schultz** is recovering from pneumonia.
- Sir **Bill Hoban** is recovering from ankle replacement.
- Sir **Arthur Gagnon** is home from the hospital and recuperating.
- Sir **Mitch Mitchell** who will be receiving cancer treatments.
- Sir **Ron Pascoe** is recovering from pneumonia

As of this SIR Call, these Sirs continue recuperating or having health issues:

- Robert Skirvan**
- Barney Meade**
- Herb Freeman**
- Jesse Crews**

If you know a Sir who is sick, please let me know by phone or e-mail as shown above.



Luncheon Attendance Bob Lyman



SIR Luncheon is the 2nd Thursday of every month at The Clubhouse at Boundary Oak.

SIR Luncheon is the 2nd Thursday of every month at CourseCo Restaurant at Boundary Oak Golf Club. The price of our luncheons is \$24 with a no-host bar.

Please email me, rjlyman@aol.com, or call me at 925-825-6386 by Friday NOON (August 6, 2010) prior to the luncheon if, for any reason, you are unable to attend. If no one answers, leave your name, badge number and phone number. Please be sure you call!!!

Remember that our luncheon will be called to order at 11:45am, so please allow enough time to arrive on schedule. A check for **\$24.00** made payable to SIR146 is requested for payment of your lunch on Luncheon Day.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months will result in a letter notifying them of pending membership termination. Certification of another branch meeting will be considered as credit to the attendance record. Notification to the Branch 146 Attendance Chairman (**Bob Lyman**) is necessary to receive credit.

SIR bringing a Guest

Please call by Friday, noon prior to the luncheon and leave your name and badge number and the name of your guest. Please spell the last name of your guest.

Luncheon Menu for August 12, 2010

SALAD: Mixed Greens with Italian Vinaigrette
ENTRÉE: Pan Seared Salmon with Olive Tapenade,
 Roasted Potatoes
 or Meatloaf with Roasted Potatoes
VEGETABLE: Seasonal Vegetables
DESSERT: Banana Bread with Carmel Sauce

Special Luncheon Requirements

If you require a vegetarian meal or any special meal, please call and make a request. Your request will remain in effect until you cancel it through the Luncheon

Chairman. If for medical reasons, you cannot eat lunch, please notify me and your request will remain in effect until you cancel it through your Luncheon Chairman.

New Members and/or Sponsors

There will be a dedicated luncheon table set for any new members and their sponsors who would like to sit together to share their conversations as new members of SIR146. It is voluntary and please do not feel obligated, as a new member, to sit at this table.

Membership

Steve Sprague



Branch 146 Statistics:

Active Members: 252 including six Honorary Life Members.

Applicant List: Two.

Inactive Members: Nine

July Luncheon Attendance:

Members: 178

Guests: 4, Visitors: 0, Speaker: 1.

Total Attendance; 183.

Status Changes:

Inducted:

George Filice, Badge 142 **Robert (Bob) Storkan**, Badge 111

Moved to Inactive List:

George James, Badge 156 **Jim Wray**, Badge 170

Resigned:

None

Deceased:

Art Trost passed away May 18, 2010

Transferred: None

Changes to the Inactive Roster:

John Rubiales has transferred to the Clayton Branch. **Harry Alderson**, **Milt Swenson**, **Gerald Bellows**, and **Owen Sullivan** were removed after two years of inactive status.

Dick Holmberg is deceased.



Area 2 Computers and Technology Group

PHIL GOFF, Chairman, 831-3692,
philgoff@yahoo.com

DICK CURRY, Asst. Chairman, 376-5541,
racorinda@pacbell.net

*Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive (just off South Main.)
Check out our website at <http://sir-web.org/computer>*

Area 2 Computer and Technology Group offers the following topics at their next meeting on Thursday, August 19th

“Buying a New Computer and Moving Your Data to Windows 7” presented by **Phil Goff**

Phil promises to talk about a range of topics but he is particularly interested in recent advances in the cpu area. He plans to broaden the discussion to include hard drives, memory and other components. Then he will discuss laser vs inkjet printers and ink sources. Even if you already have a Windows 7 computer, the discussion of new hardware on the market should be interesting.

Time permitting, there may be also be a Show & Tell featuring any gadgets attendees bring, and possibly a Q&A session with The Gurus of A2CAT where the advice is always 'priceless'.

Whether you are a beginner or a seasoned user, we try to offer something for everyone. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies (but not every month!). All SIR members and their guests are welcome.

Thank you for supporting your Area 2 Computer and Technology Group.

Phil Goff and **Derek Southern**
Co-chairs



ROMEO

(Retired Old Men Eating Out)
Malcolm Hendry



The Romeo Group meets on the third Thursday of the month at 6:30PM at select restaurants in the East Bay. We experience delightful dining while getting to better know our fellow SIR and their guests in a relaxed and friendly atmosphere. It's the time to relax with friends and blow off some steam.

BARBEQUE IN ALAMO!!!

We are headed to MAGGIERAY'S for their mouth watering BBQ specialties including baby back ribs, sliced beef brisket, pulled pork, chicken and hot links served with country corn cake.

There also is a diverse selection of sea food for those who would prefer. This restaurant which just opened in March, features patio dining and a reputation for delicious food at reasonable prices.

Location: 3206 Danville Blvd., Alamo (across from ACE Hardware)

Phone: 925-838-1158

Web Site: maggieraysBBQ.com

Please let me know by Tuesday, August 17th, if you will join us.

Your suggestions for other restaurants are welcomed.

Mal



Table Pool

Bill Weinberg

*1st and 3rd Monday at 11:30 am.
(at Masse's 2721 N. Main, Walnut Creek)*



We usually have three or four pool games going when we meet on the 1st & 3rd Mondays at 11:30am at Masse's - 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs in our area are welcome.



Fishing Paul Dubow



4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy

A rough ocean and high winds inland substantially deterred ocean fishing in late June and early July. Nevertheless, eleven of us ignored the elements and set sail on a rockfish expedition aboard the Wavy Gravy. The good news is that we caught a lot of fish. The bad news is that eight of us got sick---really sick. The only fisherpersons who avoided the scourges of mal de mer were fishmaster **Joe Miscione**, **Howard Berkman**, and **Leah Moyer**. Leah's dad, **Carl**, as well as **Ekkhart Keller**, **Bob Olson**, **Jack Waddell**, **Karl Droese**, **Al Brunner** and his grandson **Mike**, and **Keith Miscione** all wished that they were somewhere else at times. But, stalwart as we are, we plan another trip this month. After all, how bad can it get? On fishing outings elsewhere, there were no impairments to our health and, by and large, we caught fish. One big surprise has been Shadow Cliffs Reservoir. Normally, the trout fishing comes to a halt by the end of May. But **Carl Moyer**, **Bill Landers**, **Terry Miller**, **Pete Gates**, **Harry Sherinian**, **Mike Corker**, and **Mario Mauritorio** all made successful forays to the reservoir during June. **Gordon Linebaugh** took his grandchildren to Bucks Lake and had a grand time helping them catch trout from the shore. **Harry Sherinian** and **Carl Moyer** had their hands full in Montezuma Slough with a seven foot sturgeon. For a time, it looked like the sturgeon would pull the two anglers from the boat rather than vice versa. But the good guys won in the end and the sturgeon was boated and released. **Bill Landers** took **Stan Matsumoto** of Branch 146, **Harry Sherinian**, **Joe Miscione** and **Carl Moyer** up the windy delta in his high speed bass boat and everybody caught some. Finally, three members of Branch 146, to wit, **John Wall**, **Paul Dubow**, and **Joe Barry**, along with **Joe's** son **Greg**, sallied forth in Lake Tahoe and returned with limits of mackinaw trout from three to five pounds.

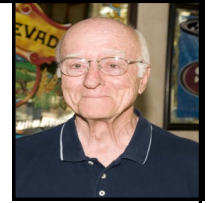
We will be very busy this summer with delta fishing for striped and black bass, crappie, bluegill, catfish, and sturgeon, plus trout fishing in various parts of the state, and party boat trips for salmon, sturgeon, halibut, and stripers. These outings will include those who rarely fish but would like to try. If you haven't been

fishing in a while or have never tried it, but might like to test drive an adventure, come join us.

Our next meeting will be Thursday, August 26, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course, 4050 Port Chicago Highway, Concord. The meeting starts at 8:30 am, but breakfast is available at 8. For further information, contact **Paul Dubow** at 415-495-6504.



Bocce Ball Martin Lyle



2nd and 4th Mondays at 9 am.,
May through November, at Concord Bocce Courts in Newhall Park, Concord, near the corner of Turtle Creek and Ayers Roads

We are having good turnouts, and need more players. It's an easy game to learn, with beginners often beating the 'experienced' players.



Greeter
Sir Bill Rash



Away Golf

Jim Baldrige



Br 146 had 6 teams competing in the Area 2 SIR Scramble Qualifier at Franklin Canyon Golf Course on Friday July 16. The teams are headed up by "A" players **Joe Fuchs, Joe Himsl, Dick DeVoe, Dale Hertweck** and **Ed Malboeuf**. Congratulations to the team of **Dick Devoe, Walt Busenius, Ken Richter** and **Jim Hanck** who came in fourth in a field of 24 teams.

Ken Richter reports that a great time was had by all who attended the Boulder Creek event June 23-25.

Bob Wheaton arranges the tee times for those who play with the Br 146 nine-hole group at Diablo Hills. The August 2010 events are scheduled for August 5 and August 19. Contact **Bob** at bobanwh@astound.net.

Our Couples Golf Group enjoyed a wonderful day of golf at Boundary Oak on June 23 followed by a great after golf get together hosted by **Jim** and **Anne Burk**. **Ron** and **Anne Plachy** won top honors in our golf competition. **Rich Hanford** and **Sandy Wagner**, **Jim** and **Anne Burk** and **Ray** and **Tippy Weisz** also finished in the money. Our next Couples Golf tournament will be at Mare Island Golf Course on Wednesday August 25 hosted by **Dick** and **Judy Richmond**. The cost for green fee, cart and range balls is \$36. We also have the option of using their Meeting Room and having a BBQ (Hamburgers/Chicken etc.); the cost would be \$14 per person. **Dick** will poll couples as they sign up to see if the BBQ option would be of interest.

The State Golf event in Reno was played the weeks of 6/13 and 6/27. Unfortunately, no Br 146 players showed up in the winners column. But, **Margaret Willey**, who plays with many of the wives of Br 146 members in the Boundary Oak Women's Nine Hole group, placed in the Closest to the Pin competition.

Entry forms for the State Golf events at Solvang Sept 12-16 and Mesquite NV Nov 7-11 are on the sirstategolf.com web site. If you need entry forms and do not have internet access contact **Jim Baldrige, Ron Plachy** or **Dick Richmond**.

SIR State Golf has published the tentative schedule for 2011. Planned events are as follows:
Solvang April 11 thru April 14; Area Team Qualifying Period May 1 thru June 30;
Reno Tournaments: June 13 -June 17; June 19-June 24; June 27-July 1.

Individual area Qualifying Period July 1- July 31. Division

Events Aug 16-Sept 15.

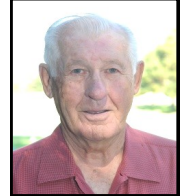
State Team Championship Tournament August 8.
Coeur d'Alene-September date TBD. Individual State Championship Poppy Hills Monterey Oct 10-11.
Puerta Vallarta/Nueva Vallarta Mexico - last quarter, date TBD.

Questions: **Jim Baldrige** 925-689-9232



Tuesday Golf

Ray Weisz



The Weekly Winners are:
June 15, 2010

First Flight: 1st **Larry Sheerin 68**, 2nd **Lew Thompson 69**, 3rd **Jack Calloway**. Second Flight: 1st **Bill Danzig 65**, 2nd **Bob Yolland 71**, 3rd **Dan O'Sullivan 72**. Third Flight: 1st **Chuck Sesata 64**, 2nd **John Demos 66**, 3rd **Ralph Fowler 68**. Closest to the pin Hole #2 **Bob Royster**, Hole #12 **Ed Malboeuf**.

June 22, 2010

First Flight: 1st **Gene Diana 67**, 2nd **Joe Barry 70**, 3rd **Walt Busenius 70**. Second Flight: 1st **Bill Weinberg 69**, 2nd **Joe Lamanna 69**, 3rd **Chuck Campbell 70**. Third Flight: 1st **Ray Weisz 68**, 2nd **Chuck Sesata 69**, 3rd **Ralph Fowler 71**. Closest to the pin Hole # 2 **Ray Kan**, Hole # 12 **Ray Spears**.

July 6, 2010

First Flight: 1st **Russ Bliese 71**, 2nd **Gene Diana 72**, 3rd **Frank Rockwell 72**. Second Flight: 1st **Jim Passaglia 68**, 2nd **Bill Cammerer 69**, 3rd **Dick Woodman 70**. Third Flight: 1st **Bill Boyd 64**, 2nd **Doug Cook 68**, 3rd **Jim Brown 68**. Closest to the pin Hole # 2 **Dick Woodman**, Hole # 12 **Frank Rookwell**.

July 13, 2010

The Golf Course Brentwood

First Flight: 1st **Dale Hertweck 64**, 2nd **Ron Binder 65**, 3rd **Gene Diana 67**. Second Flight: 1st **Ken Kratz 68**, 2nd **Ron Plachy 69**, 3rd **Bob Mehus 71**. Third Flight: 1st **Sal Costanza 67**, 2nd **Steph Sprague 67**, 3rd **Jim Brown 69**. Closest to the pin Hole # 2 **Ray Spears**, Hole # 6 **Dick McElroy**.

Our next Tuesday Travel will be at Mare Island Golf Club on August 10th. The starting time will be 9:00 am. Cost \$36.00 riding and \$26.00 walking. The price includes range Balls. The weather should be nice. Please mark your calendar and be sure to attend.

New Cooking Group

Gourmets, Hamburger helper makers and all those in between:

The Cooking group, having survived ten years of lunches, dinners and picnics has decided to move on and disband so that you new, younger and brave SIRS can perform and join in the fun.

We hope that you can get a group of fellas to experiment with new and exciting recipes and gourmet getogethers. Come on and sign up.

Some of the things that we have done over the years:

Cook and prepare a lunch or outings or whatever once a month.

Share the work and responsibilities with at least 6 or 8 members. Dinners out with our spouses at pre-decided intervals but at least twice yearly

We bottle and label wines yearly.

Invite guest chefs to educate our palates with new and interesting dishes.

Planned a Picnic during the summer.

Come on and sign up. You will need a group of 6 or 8.

Call a buddy and start cooking.

Email at donnunn@astound.net.

Explore and Dine

John Pearl



Explore and Dine took a hiatus in June, but resumed on Thursday, July 22, with a trip to San Ramon to see the newly-refurbished and just-opened Glass House. We also toured the adjacent Forest Hill Farms Historic Park, which was a long-time agricultural site, now dedicated to **Ruth and Travis Boone**, the people who donated the site to the City of San Ramon with the stipulation it was not to be developed, but was to be kept intact to provide educational and recreational opportunities to the community. We concluded with a lunch at the Brass Door, another long-time San Ramon institution.

In August, we move our usual date up to Thursday, August 19, joining with the Travel Group headed by **Bob Spellman** and other groups in a joint program to bus to San Rafael to visit the Guide Dogs for the Blind training campus with a stop at the Marine Mammal Center.

John Pearl mcpearl@astound.net 934-6920



DON'T FORGET OUR DINNER PARTY FOR SIRS 146 AND FRIENDS



Wednesday, October 6th 2010

6pm to 10pm at Zio Fredo's Restaurant

The price is \$95.00 per couple and includes hors d'oeuvres and Dinner

Live music for listening and dancing

Your choice of beef, fish or pasta

Send your check, made out to Sir Dinner 146 to:

Vince Rettew

290 Dover Drive

Walnut Creek, CA. 94508

Phone: 925-943-7962



Tables of eight are encouraged

Your name and partner

Couple 1 _____ Meal _____

Couple 2 _____ Meal _____

Couple 3 _____ Meal _____

Couple 4 _____ Meal _____

Area 2 \$ums In Retirement Allen Espenmiller

The Area 2 \$ums Investment Group will meet on Wednesday August 25, 8:00am at the Diablo Creek golf club on Port Chicago highway in Concord. Our speaker will be **David Munson** who will present the following: **“Every week the federal government and private economists release statistics on various facets of the U.S. economy. These releases are examined and discussed by investors resulting in positive or negative movements in stocks, fixed income, currency and commodity markets depending on how they are interpreted.”** As an investor we should all be interested in these reports and come to our own conclusions.” Questions? Which reports are more important than others? Where to find the reports? What data is more important and should be focused on in the report? And finally what do the reports tell us? Many of us remember **David’s** pre-meeting up-dates of the financial and investment markets and his ability to make sense of all the statistics. He will give us the roadmap so each of us can obtain this data in a timely manner. The restaurant at the course opens at 7:00am for those who would like to enjoy breakfast with your colleagues.

Allen Espenmiller (Br-174) -**George Schulze - Leary Wong** Co-Chairmen Area 2 \$ums Investment Group. 925-376-3977

Ken Nakashima 925-376-0421 (Br 171)



Walkers
John Lewis



*Every Friday at 9:30 am at various locales.
Call **John** or just show up.
Rain cancels any walk.*

August Walks by **Bob Madge**

- Aug 6 Danville Railroad Museum So. Danville**
Meet: At Railroad Museum Parking
Walk: So. On Iron Horse Trail
Paved Level Some Shade
Coffee: Pascal French Oven 155B Railroad Ave
- Aug 13 Lafayette Moraga Trail So. Moraga**
Meet: At Moraga Safeway
Walk: So. on School St West on Country Club Rd So. on trail toward San Leandro Reservoir
Paved Not Level No Shade
- Aug 20 Alamo New Life Church So. Danville**
Meet: So. On 680 right on Livorna Rd right on Danville Blvd left at church across from Sunnybrook Rd Park in back of church
Walk: So. on Iron Horse Trail
Paved Level Some Shade
Coffee: Yellowwood Alamo Plaza
- Aug 27 Newhall Park Concord**
Meet: East on Ygnacio Valley Rd
Left on Ayers Rd left on Turtle Creek Rd turn at parking
Walk: So. On Park Trail
Mostly Paved Near level Some Shade
Coffee & Donuts at Park

Non-Responsibility Declaration

Rule 345: All activities arranged for or by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

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SIR CALL

Newsletter

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CHANGE SERVICE REQUESTED

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soon as possible.

WELCOME NEW MEMBERS TO SIRS 146



Robert Storkan
introduced by
Sir Dick Richmond



Sir Ray Kan
Introduces
Gorge Filice